

# HARBOR LIGHT

May 2011

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PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

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## Gold Seal Award Celebration

*The pleasure of your company is requested  
for a reception to celebrate the  
Governor's Gold Seal Award for Excellence in Long Term Care*

**Smith Care Center  
Plymouth Harbor on Sarasota Bay**

**Wednesday ~ May 11, 2011**

**4:00 PM to 7:00 PM**

**Wine and Hors d'oeuvres**

**Please RSVP: Ext. 256**

# The Spirit of Philanthropy at Plymouth Harbor

## by Harry Hobson, President/CEO

As we begin to focus some of our attention on philanthropy awareness at Plymouth Harbor, I will share some stories with you regarding the spirit of philanthropy and how it has made, and continues to make, a difference in people's lives.

The first story relates to The Doyle Scholarship that has been awarded each year since 1999. It is a perspective of Plymouth Harbor of which you may not be aware, but I think will make you proud.

### **MILDRED AND BERNARD DOYLE LEGACY**

Bernard Doyle, in his last will and testament, arranged for the establishment of the Mildred and Bernard Doyle Charitable Trust. This trust was designated to fund special projects or improvements in the Sarasota community as deemed appropriate by committee members of the Doyle Charitable Trust. It is from this Trust that the Doyle Scholarship was created.

It was the wish of Mr. and Mrs. Doyle that a scholarship would be one of the special projects supported by the Trust. The scholarship would provide educational assistance to "a worthy and needy high school senior student of an employee of Plymouth Harbor" or "a worthy and needy employee seeking to increase their skills or to obtain a higher education." The

Scholarship Selection Committee at Northern Trust Bank includes Jack A. Smith, former Plymouth Harbor executive director.

Since the inception of this Charitable Trust, seventeen scholarships have been awarded to date, ten to children of Plymouth Harbor employees and seven to Plymouth Harbor employees. Recipients have the option of requesting renewal of the scholarship each year until they have completed their educational goal, a benefit which several have taken advantage.

### **A FEW STORIES**

Latora Gilliam, daughter of long-time housekeeper Vonnette Cheaves (1980-2010), was the first recipient of the Doyle Scholarship in 1999. She received assistance from the scholarship fund for four years. In a 2003 thank you letter Latora stated, "When I received a letter from Northern Trust Bank stating that I had been awarded a scholarship ..., I was so happy to be chosen as a recipient. I made a promise to myself to finish college with honors to show my appreciation to those individuals who really believed in me." On August 1, 2003, Latora graduated with honors from Florida A&M University.

Crystal Chapman, daughter of Home Care's Bridget Chapman, was first awarded the Doyle Scholarship in 2002. She

received assistance from the scholarship fund for five years, the first four while she was pursuing a bachelor's degree in nursing from the University of South Florida. In 2007 when the scholarship committee became aware that Crystal was pursuing a master's degree in nursing, they decided to continue their support. Crystal's goal is to become a family nurse practitioner.

Last year, two of our Dining Services team members, Megan Rocha and Sandra Esparza, were awarded Doyle Scholarships. Both continue to work full time at Plymouth Harbor while attending college at State College of Florida. Megan has changed her career path from criminal justice to health administration. Sandra is pursuing a degree in physical therapy. Both have reapplied for another year and are hopeful they will receive an extension.

### **THIS YEAR**

We are in the process of reviewing applications for the 2011 Doyle Scholarship. This year we have 11 applications from various staff members. The goals of these applicants include five wanting to pursue nursing, one each in industrial engineering, professional dance, environmental sciences, healthcare administration, homeland security and medical school. Our recommendation to the Doyle Scholarship Committee will be based on job performance appraisals, personal circumstances and the passion they exemplify to further their education.

The recipient will be announced within the next two weeks.

### **OTHER ACTS OF PHILANTHROPY BY THE DOYLES**

Long-time residents of Sarasota, the Doyles moved to Plymouth Harbor in 1978. In fact, their family roots in Sarasota date back to the early 1900s and include Owen Burns, a major builder and developer in Sarasota's early years. Mildred passed away in 1996 and Bernard in 1997.

During their years at Plymouth Harbor, the Doyles contributed generously in many ways. Their first contribution was new silverware for Mayflower Dining Room. Soon after, they spearheaded the renovation of Pilgrim Hall which included the wood stage, carpeting, curtains and theater style seats. Then came their gift of sidewalks under the ficus trees on either side of our front entrance drive. One of their most significant contributions was a donation of \$100,000 to kick off the building fund for what is now known as the Smith Care Center.

The Mildred and Bernard Doyle Charitable Trust will continue to provide scholarships from the Trust's annual earnings for years to come. What a wonderful gift to the Plymouth Harbor family!

Over the next several months, we will share with you other acts of philanthropy that you may find of interest.

## *Reflections from Chaplain Jerry O'Connor ...*

Most of you know that I am an amateur artist and the most fascinating aspect of art, for me, is working with color. The primary colors are red, yellow and blue; we learn we can mix every color seen in nature by combining two or more colors with each other, i.e., R and Y make orange, R and B make purple, all three, together, will create brown. If we vary the proportions, we can create intermediary colors. A good artist knows how to use colors in varying degrees of value (light and dark), what complementary colors make others stand out or recede in a painting, and how accenting colors with contrasts can make the picture come alive.

I think we can apply the principles of color to humankind. We are all made of primary characteristics; we have the same basic components; we come in primary colors: white, brown, yellow and red (at least that's what I was taught about racial differences, way back when. 😊), but we know that a blending of racial hues results in a variety of color hues that enriches the human race, as a whole. But there is more.

An artist learns to mix and match, apply contrasting colors to a painting, and allows the light to be focused on the primary subject to make it stand out. In human life it is the nurturing of family, friends and teachers blended with our life experiences that makes us what we become in life. Some of us are pleasing, like a fine landscape; some are difficult to understand without some careful analysis, i.e., abstract/modern art; some of us are dark and moody while others are more pastel in nature — or bold as can be with strong primary coloration in our being. We are God's museum exhibit, each one unique, each longing to be displayed to our best advantage — we are created in God's image.

As spring brings forth new life in the world of nature, may we remember how we fit in the picture of Creation: *Then God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth." So God created humankind in his image ....* Genesis 1:26f.

The Plymouth Harbor family portrait is a splendid display of God's skill as an artist! But a good artist also knows a painting is never finished, it can always be tweaked — so it is with us as God, the master artist never stops tweaking us.





## **PLEASE: Fix that dripping faucet!**

We all know fresh water should not be wasted. In Florida it is a short supply resource. But it is easy to forget this sometimes, so reminders of simple ways to conserve can be useful.

1. Do you have a non-stop dripping faucet? Call Maintenance at Ext. 567 for repair.
2. Full loads for washing machines and dishwashers mean fewer runs and less frequent usage.
3. Try turning off your washbowl faucet while you brush your teeth and wash your face. It requires only a very small hand motion.
4. Equating your shower with a free flow waterfall may be pleasant but it does not save water. Try to resist that hedonistic, long shower impulse.



Our Administration helps to conserve water. Front-loading washing machines use less water than top loaders, so they are standard in current apartment remodels. Also standard are 1.6 gallon water closets (toilets) replacing 5 gallon per flush units. And, 1.5 aerators have been installed on washbowl faucets.

Several Conservation Committee members have agreed to try restrictive shower heads in another effort to curb water use. Results will be reported.

- Compliments of the Conservation Committee -

### **Employee of the Month May 2011**

#### *Frank Heddings of Maintenance*

“Frank has demonstrated a constant high level of performance. He effectively solves problems and works well with others. Frank takes pride in his job, is highly devoted to achieving his objectives, and has shown the ability to perform a wide range of assignments. He is an asset to Plymouth Harbor and the Maintenance Team.”



## **INTRODUCING**

### **Pauline Nichols**

Move-In Date: January 19, 2011  
Apt. T-408            Ext. 419

After almost 50 years in sunny Arizona, why would new resident Pauline Nichols uproot herself and move to sunny Sarasota? The reason: to be in the same time zone as her children.

Pauline's son, Nicholas, lives in Larchmont, NY, with his wife, Mary Ann, and sons, Andrew, 18 and Nicolas III, 21. Her daughter, Angela, lives on Longboat Key with her husband, David Stowe.

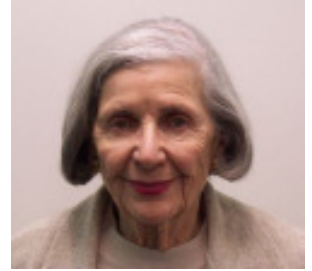
Pauline grew up in Rock Island, IL, the daughter of a warehousing and trucking company owner. She attended Marycrest College in Davenport, IA, and later, the University of Arizona. She left college at 19 to get married.

Always a golfer and always a volunteer — in Illinois and after she moved to Tucson — Pauline volunteered on the Symphony board, the Visiting Nurses board, and was active in her church, the Red Cross, the Community Chest (now called the United Way), and the local hospital.

In addition to her volunteer work and raising two children, Pauline found time to become an artist, painting in oil and watercolor. Her paintings are beautiful, and some of them adorn the walls of her fourth floor apartment. She also became a member of the Southwestern Arizona Watercolor Guild.

After working as a volunteer, she was hired as director of development for the Tucson

Symphony. That led to her being hired as director of major gifts for the Children's Hospital of Denver, so she moved to Denver to accept that position.



After several years, Pauline moved back to Tucson where friends introduced her to Bobby Nichols, a retired Caterpillar executive who also was a golfer. Pauline and Bobby were married in 1986. After 19 years of marriage and two children, she became a widow.

Pauline sees the family often and is looking forward to going to New York in June for grandson Andrew's graduation from high school. In the meantime, we all will enjoy getting to know Pauline.

- Peggy Schwarz

## **WELCOME New Residents**

**Frederick L. "Fred" Moffat**  
**Molly P. Moffat**

Apt. N-306 ... Ext. 189  
March 31, 2011

**Terry C. Aldrich**  
**Maureen N. Aldrich**

Apt. N-214 ... Ext. 229  
April 20, 2011

**Olive M. "Rusty" Blackwell**

Apt. T-910 ... Ext. 309  
April 21, 2011

## **INTRODUCING**

### **Harriet V. Josenhanss**

Move-In Date: January 13, 2011

Apt. T-708                      Ext. 459

Harriet Josenhanss came into this world as Hariklia, the name she was given by her Greek parents. Her mother had come to this country just before World War I, her father a few years earlier. Harriet, born in New York, grew up speaking Greek at home. She still can.



It is hard to know where to start with her story. Whether it is the luscious alabaster sculptures she has created for her living room, the fact that she went through her entire four years of high school in New York without ever missing a day, or that she ran the Park Avenue office of Charles of the Ritz while going to Hunter College at night, it is an interesting tale.

She transferred from Hunter to New York University so she could earn the credits for teaching. That became her career as she took on high school students in commercial and vocational subjects. The difficult challenge of teaching dropouts was another part of the package. A teacher for 16 years, she commuted for many of them across the Tappan Zee Bridge from Ramapo, NY, to New Rochelle or Valhalla. The teaching life coexisted with increasing demands on her time as her husband's work increased. Eventually she quit so as to have time to travel with him. Harriet was married for 48 years to Rainer who sadly left her (and us) two months ago soon after they moved to

Plymouth Harbor. A German, raised and educated in England, he came to this country already at work in the automotive industry. He retired as CEO of the World-Wide VW/Audi/Porsche Company.

Harriet managed not only to keep up with his busy life and her own teaching but also to serve as president of the SPCA in Rockland County, NY, where they lived. After moving to Longboat Key in 1980, she served as president of a small group, "Filling Area Needs" to help needy families, and on the Board of Gloria Musicae. She still serves on the Foundation Board of the Boys & Girls Clubs of Sarasota County.

Among her passions has been sailing, tennis, jewelry making and sculpting. An uncooperative rotator cuff has curtailed most of these but going back to wood carving is still a possibility.

She and Rainer traveled almost everywhere both on business and for pleasure. One trip she has never done is a small bus trip to our national parks and presidential homes. Are any of our Plymouth Harbor travelers interested in that one? You will enjoy getting to know Harriet whether here or on a trip somewhere.     **- Ish Pedersen**

## *Mother's Day Brunch*

Sunday ~ May 8

\$24.00/per person

## **INTRODUCING**

**Gilbert "Gil" Bosse**

**Katheryne "Kay" Bosse**

Move-In Date: February 28, 2011

Apt. T-1601      Ext. 521

Glancing at their move-in bio information, one notes that both Kay and Gil were born in Evansville, IN, leading to the conclusion that they were childhood sweethearts who have been together all these many years.

Wrong. They never met until, one night at a dance at Indiana University, a friend of Kay's introduced her to this tall, genial guy. "And the rest is history," their interviewer remarked.

Wrong again, they said. But there must have been some vibes in the air because down the road a piece, as we Midwesterners say, they did get together and were married shortly after Gil began his stint as an Army Air Corps meteorologist in World War II.

After the war they headed for the University of Michigan, where Gil finished his college studies with a degree in wood technology from the School of Forestry, with distinction.

Kay had been majoring in Spanish at Northwestern, but her education was interrupted by the war and their marriage; however, she was persistent — went back to school and got her degree 33 years later, the same year their youngest daughter graduated from Mount Holyoke.

During those intervening years they had a busy life as Gil rose in the commercial wood products industry, culminating as president of Griggs

International. During this time they lived in such varied places as Evansville, Pepper Pike, OH — a suburb of Cleveland — and Temple, TX. They raised four children — two boys and two girls — before retiring to Longboat Key. Kay was active as a board member of the Evansville Museum of Arts, lecturing on astronomy to children — and for a time conducted a weekly public service television program on art history for the museum. Later this interest and additional study resulted in Kay's developing an art history program for the 6<sup>th</sup> graders in the Temple schools.



Kay and Gil are now the proud grandparents of eight, and great-grandparents of five. Since moving to Longboat Key 25 years ago, they have remained active in retirement, serving on various community groups, driving for Meals on Wheels, and traveling world wide, having touched down on every continent except Antarctica, which they do not expect to visit at this point.

Welcome to Plymouth Harbor, Kay and Gil — and may your time here be as fulfilling as your eventful life thus far.

**- Don Wallace**

### *Kentucky Derby Reception*

Saturday ~ May 7

Card Room

\$10.00/per person





## New in the Library (\* indicates a gift)

### FICTION - Regular Print

**44 Charles Street** by Danielle Steel  
**Bad Blood\*** by John Sandford  
**Fall of Giants\*** by Ken Follett  
**Hot Mahogany\*** by Stuart Woods  
**Live Wire** by Harlan Coben  
**Matched\*** by Ally Condie  
**New York Stories\*** edited by Diana Secker Tesdell  
**The Next Queen of Heaven\*** by Gregory Maguire  
**Night Vision\*** by Randy Wayne White  
**The Oracle of Stamboul\***  
     by Michael David Lukas  
**Private\*** by James Patterson  
**The Saturday Big Tent Wedding**  
     by Alexander McCall Smith  
**Silencer\*** by James W. Hall  
**Swamplandia!\*** by Karen Russell  
**The Tiger's Wife** by Tea Obreht  
**To Fetch a Thief\*** by Spencer Quinn  
**Treachery in Death\*** by J. D. Robb

### FICTION - Large Print

**44 Charles Street\*** by Danielle Steel  
**A Creed in Stone Creek\*** by Linda Lael Miller  
**The Empty Family\*** by Colm Tobin  
**The Fifth Witness** by Michael Connelly  
**The Girl with the Dragon Tattoo\***  
     by Stieg Larsson  
**A Heartbeat Away\*** by Michael Palmer  
**Keys to the Castle\*** by Donna Ball  
**The Killer Angels** by Michael Shaara  
**Mystery\*** by Jonathan Kellerman  
**Started Early, Took My Dog** by Kate Atkinson  
**Tick Tock\*** by James Patterson

### NONFICTION - Regular Print

**Losing Mum and Pup\*** by Christopher Buckley  
**Mayo Clinic Family Health Book\***  
     edited by Scott Litin, M.D.  
**Nancy Cunard\*** by Lois Gordon  
**The Social Animal** by David Brooks

### DVDs New in the Media Library

**127 Hours**  
**The Da Vinci Code\***  
**Disappearance of Flight 412\***  
**The Fighter**  
**The Full Monty**  
**Get Low**  
**Hereafter**  
**The Switch**  
**You Will Meet A Tall Dark Stranger\***



## Book Discussion

### Howards End

by E. M. Forster

**Friday ~ May 20**  
**3:00 pm in the Card Room**

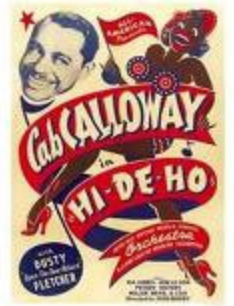
**Led by Neal Oxenhandler**

This classic novel tracks British society's class warfare, as seen through the eyes of three different castes.

Call Ext. 252 to sign up & for a copy of the book (\$5.00).

# Theater Galore Throughout the Summer!!!

**Sunday, May 15** (matinee) -- **Hi De, Hi De Ho! Cab Calloway** at West Coast Black Theatre Troupe. \$32.00 includes ticket and bus departing at 1:15 pm.



**Friday, June 24** (matinee) -- **Grandma and Friends** at the Historic Asolo. Circus Sarasota and the Ringling Museum partner to bring family fun and circus entertainment. Acrobatics, juggling, aerial acts, balance and buffoonery will have you rolling in the aisles. \$22.00 includes ticket and bus departing at 1:15 pm.

## Players Theatre Summer Sizzlers

**June 23** **Undaunted:** Explores the scandalous life of politician Alexander Hamilton

**July 14** **The Foreigner:** An award winning romp in which a man in need of a vacation pretends to be a foreigner with hysterical consequences.

**July 28** **Over the Tavern:** A warm, hilarious look at a young man, his family, God, and growing up Catholic.

Tickets for all 3 shows \$45.00 (plus bus)  
 Bonus: receive three \$10.00 gift certificates from Caraguilo's!

## Banyan Theater

**July 13** **Becky's New Car:** An old-fashioned romantic comedy with new twists.

**Aug. 3** **Animals Out of Paper:** A world famous origami artist has "folder's block." Life gets messy as it unfolds.

**Aug. 24** **Kiss the Moon:** A warm humorous story about having the will to persevere against the odds.

Tickets for all 3 shows \$70.00 (plus bus)

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## BUS TRANSPORTATION TO SARASOTA MUSIC FESTIVAL

Sarasota Music Festival Tickets available by calling 953-3434

Fridays:	June 3	June 10	June 17	departing at 7:15 pm
Saturdays:	June 4	June 11	June 18	



**Call Ext. 252 to sign up or for information about any of the above events**

Showing in the Mezzanine Gallery

# LYRICAL LANDSCAPES

## Joseph Melançon

May 3 to June 5, 2011

Artist Joseph Melancon presents a passion for process, composition and the painterly surface. He received a BA in Fine Arts at Louisiana State University, and an MFA in painting from Texas Woman's University which included travel to Rome, England, Scotland and Greece to study art history, painting and sculpture. He's won 25 awards in national juried exhibitions, including the American Watercolor Society and the Western Federation of Watercolor Societies.



**MEET THE ARTIST WINE RECEPTION**

**TUESDAY ~ MAY 3**

**4:30 PM -- 6:00 PM**



**ALSO ...Join the artist on Tuesday, May 17, at 5:00 pm on the Mezzanine for a gallery talk.**

## Economic & Market Perspective

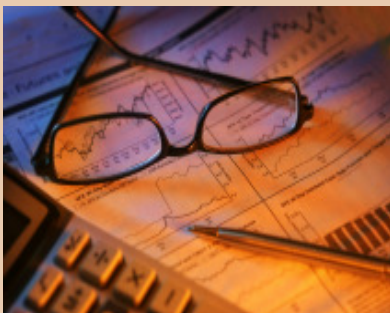
presented by

Richard Stern, Senior VP Baird & Company

Tuesday ~ May 10 ~ 9:30 am

Card Room

*- Sponsored by the Investment Group -*



## Health and Wellness ...



### Low Vision Group “Caring and Sharing”

Friday ~ May 13  
3:00 pm  
MacNeil Chapel

For our last Low Vision Group meeting before the summer hiatus, come share your personal experience as it relates to challenges you have faced with vision loss. What worked, what didn't, how you coped, tips and tricks, or just a time to get something off your chest.



### Health Matters Eye Care in the Elderly

PRESENTED BY ROBERT S. FRIEDMAN, MD

Wednesday ~ May 18 ~ 3:00 pm  
Pilgrim Hall



### Complimentary Ear Check & Hearing Aid Clinic (Low Vision Resource Center)

Tuesday, May 3      Dr. Susan Schnack, Sarasota Hearing Center  
Tuesday, May 17     Jennifer Slanker, Andrew Marlow, MD

Please call Home Care at Ext. 210 for an appointment

### Jim Myers at the keyboard



Thursday, May 5  
Thursday, May 12  
Monday, May 16  
Thursday, May 26  
  
Plymouth Rock Cafe  
5:15 pm - 6:15 pm

### Dining Services Events

*An Evening  
in Northern Italy*  
Friday, May 13th

*Seafood Buffet Dinner*  
Friday, May 27th

*Memorial Day Barbecue*  
Monday, May 30th  
11:30 am -- 1:00 pm

## The Program Committee presents ...



### WE'VE ALL GOT A STORY!

**Wednesday ~ May 4 ~ 3:00 pm ~ Card Room**

Writer, educator and motivator Ronni Miller, and director of *Write It Out*, brings us a one-hour introductory taste of writing about your life experiences to share with your family, or just for your own pleasure and satisfaction. Practical techniques are interspersed with entertaining anecdotes and revelations from scientific literature of the AMA which attest to the value of expressive writing. We'll have paper and pencils available for you to try your hand at a writing exercise.

### OCEANS: THE ATLANTIC

**Thursday ~ May 12 ~ 7:45 pm ~ Pilgrim Hall**



The Atlantic is the second largest ocean on the planet. It is the resting place of the Titanic, home to the mysterious Bermuda Triangle and the youngest of the Earth's great oceans. It reaches depths of 8,500 metres. A maritime archaeologist, a marine biologist and conservationist Philippe Cousteau investigate this influential body of water from a group of islands in its western reaches -- the Bahamas. DVD:60 minutes

### Gettysburg

**Part 1: Thursday ~ May 19 ~ 7:45 pm ~ Pilgrim Hall**

**Part 2: Thursday ~ May 26 ~ 7:45 pm ~ Pilgrim Hall**



In 1863, the Northern and Southern forces fought at Gettysburg in a bloody, decisive battle. Tom Berenger, Jeff Daniels and Martin Sheen star in this historical drama about the stuff of life, death, and unexpected heroism that turned the tide of the war.

Part 1: 142 minutes ~ Part 2: 112 minutes



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Sallie Van Arsdale

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700 John Ringling Blvd.  
Sarasota, FL 34236-1551  
941-365-2600  
<http://plymouthharbor.org>



**MOVIES**

Showing in May

Sundays at 2:00 pm & 7:00 pm

May 1 *The King's Speech*  
2010 Color 118 minutes Rated R

May 8 *Country Strong*  
2010 Color 117 minutes Rated PG-13

May 15 *Vision from the Life of Hildegard von Bingen*  
2009 Color 110 minutes Not Rated

May 22 *Clear and Present Danger*  
1994 Color 141 minutes Rated PG-13

May 29 *Blue Valentine*  
2010 Color 112 minutes Rated R

Have a movie request? Call Ext. 252.

Tuesdays at 7:45 pm

May 3 *The Tourist*  
2010 Color 103 minutes Rated PG-13

May 10 *Rabbit Hole*  
2010 Color 91 minutes Rated PG-13

May 17 *Agatha Christie's In a Glass Darkly*  
1987 Color 55 minutes Not Rated

May 24 *Tea with Mussolini*  
1999 Color 117 minutes Rated PG

May 31 *The Way Back*  
2010 Color 133 minutes Rated PG-13