

HARBOR LIGHT

February 2011

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

The Plymouth Harbor Players

present

THE GHOST ON THE SEVENTEENTH FLOOR

A romantic comedy written & directed by Don Wallace



... is a story of love lost and then recaptured, set in the now familiar precincts of Puritan Cove, a high-end retirement community on the west coast of Florida. It is a tale complicated by the vagaries of human nature, misunderstandings, failures of communication -- and the presence of a seemingly supernatural phenomenon, the ghost of title.

Three Performances

WEDNESDAY February 23 8:00 pm
THURSDAY February 24 2:00 pm & 8:00 pm

Reservations Requested!!

Call Resident Services at Ext. 252 to make your reservation early.

Mayflower Dining Room Dinner Buffets

Both Wednesday and Thursday Play Nights

Call Ext. 258 to make your reservation

for a special buffet dinner before attending the play

Reflections from Chaplain Jerry O'Connor ...

Have you ever lost something? It's frustrating; you look everywhere to find it. There are those who haven't lost anything, but just know something is missing in their life — and they, too, are frustrated, searching everywhere to find it. Faith presents itself in much the same way: sometimes we feel like we've lost it. Well, I have coined a saying, "You will find it in the last place you look." Never fails!

I dislike taking things out of context, but in Paul's First Letter to Timothy, addressing the qualifications of church deacons, Paul says, "... hold fast to the mystery of the faith" Faith is a mystery in so many ways and it can only be solved when we find it in the last place we look. In the Christian tradition, we are baptized into the *faith*, but for those baptized as infants, it is an unknown for the child. In the Jewish tradition, the Bar Mitzvah becomes the symbol of passage into the faith, but regardless of the tradition, life and its travails can cause us to lose it along the way or, for those who were not exposed to *faith traditions*, by the Grace of God, they find it along the way.

Faith is important in everything we do in life, but it is a mystery. I learned the meaning of faith in my catechism class; simply put, it is believing in that which is unseen, but hoped for. Even non-believers can understand this explanation. We go to bed each night believing we will wake up in the morning. We drive our cars believing no harm will come to us and we will cause no harm to others. We believe our relationships in life should be life-long, but we know it doesn't always work out that way. We are diagnosed with a terminal disease, yet we believe we can *beat the demon* with faith and prayer feeding the fires of faith along the way.

I find that when I can't find something, after hours or days of searching, what was lost is found in the last place I look, the discovery laughs in the face of my frustration, anger and fear. What I thought was gone for good, is, safe and sound, waiting to be found. Thus I say to you, when fear and doubt make you feel like you have lost what you need most, take a deep breath, relax your mind and spirit, and surrender yourself to the *mystery* that can be solved with prayer, patience and perseverance, it never fails!

New Chapel Talk DVD Series Begins Friday, February 11

Exploring the Roots of Religion

with Professor John R. Hale, University of Louisville



Lydia P. Hecht
January 9, 2011

In Memoriam

Janet C. Odell
January 11, 2011

Sarah W. Lawson
January 18, 2011





Plymouth Harbor's Energy Conservation Efforts

Conservation is a focus of our Plymouth Harbor Administration. In December the Conservation Committee met with Harry Hobson, Alan Strudas, and other members of Administration to hear about conservation measures that have been and continue to be implemented on our campus. It is a significant list that saves energy, water and money.

Currently, lighting common areas and remodeled apartments with CFL and LED bulbs is conserving electricity and approximately \$44,000 in costs per year.

Vertical fan coil units, two tube gas boilers installed in 2008 to replace old boilers, water pipe insulation, and energy efficient appliances have cut down on general energy consumption.

Water use is declining (not to worry, we are still very clean) due to Nu Flow's lined water pipes and new valves. 1.6 gallon water closets and water saver shower heads placed in apartment remodels save water and cash (\$45,000 per year in the case of the water closets).

Front-loading washing machines, now standard in remodeled apartments, are a double threat to waste. They consume less water and less electric energy than top-loading washers.

The above examples show that our Administration is serious about conservation and the benefits to be gained from it.

~ Compliments of the Conservation Committee ~

Employee of the Month -- February 2011 *Skip VerHulst of Transportation*

"I am nominating Skip VerHulst as Employee of the Month because he takes pride in his work. He is dependable, goes the extra mile, and is willing to help when needed. Skip has a wonderful work ethic. He is always willing to do whatever is asked of him."



INTRODUCING

Jack E. Pregont

Carol M. Pregont

Move-In Date: May 28, 2010

Apt. T-1005 Ext. 316

Carol and Jack Pregont, both raised in Wisconsin, met when they were students at their state's university. Carol grew up on her family's dairy farm learning the many things farm children

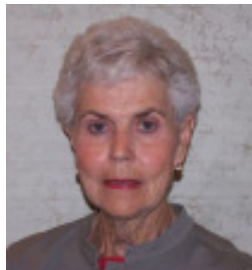


know and experience that city children do not. She especially liked to cook. When it came time to choose a college major, she remembers her father suggested, "You like to cook

and bake. Why not major in home economics?" She did and, after graduation, landed a job with the Wisconsin Power & Light Company at a time when positions for home ec majors were scarce.

Developing recipes, kitchen planning, and answering questions from the public on a Wisconsin Power & Light radio program were among

her assignments. She left the job to raise her family but when the children went off to school, WP&L lured her back part time.



Jack grew up in Janesville. "I was raised in a retail bakery," he says. "My family owned it." He worked for the business and, simultaneously, began a product development career. Tools for decorating wedding cakes were an early success. After college came a job with the Parker Pen Company. In 1967 he took a deep breath and started his own business, medical packaging.

"At that time the medical industry needed us as much as we needed them," he comments. He was right. The business now operates seven plants and employs 1700 employees. Two plants are in the U.S., five are overseas. Currently, Carol and Jack's son runs the business.

The Pregonts lived on Longboat Key for 25 years and were familiar with Plymouth Harbor well before moving here. (Jack's father was once a patient in our care center). Their 10th floor apartment looks southwest toward a pretty bayfront house just purchased by their daughter. Two sons live in Janesville, WI, and Bonita Springs, FL, respectively. For 30 years Carol and Jack have summered in Michigan's Upper Peninsula. They love it there and plan to keep going.

- Sallie Van Arsdale

Postscript: Pregont pronunciation; Pre, as in prefix, and gont like the French pronunciation of Jean.

Welcome New Residents

Rainer Josenhanss
Harriet V. Josenhanss
Apt. T-708 ... Ext. 459
January 13, 2011

Pauline Nichols
Apt. T-408 ... Ext. 419
January 19, 2011

INTRODUCING

Carroll F. Johnson

Susan K. "Sue" Johnson

Move-In Date: December 8, 2010

Apt. N-308 Ext. 191

"Educators extraordinaire" Carroll and Sue Johnson are a friendly and lively couple with many interests. Both of them had long and distinguished careers as school administrators.

He is a native Georgian who grew up in a small rural community, went 10 miles north to the University of Chattanooga for his bachelor's degree in 1935 and then to Athens for a master's degree from the University of Georgia. He was principal of a high school in South Georgia for



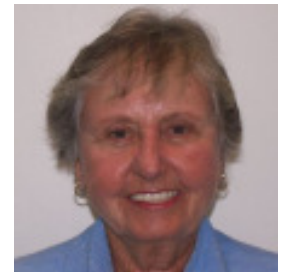
two years until Pearl Harbor, when he joined the US Navy. After the war he entered Columbia University in New York City where he received his Ed.D. in educational

administration. Carroll then became a school superintendent in school districts in Connecticut, Massachusetts, and for 15 years in White Plains, New York. He joined the faculty at Teachers College of Columbia University for nine years before retiring.

Sue, who was born and grew up in New York City, received her bachelor's and master's degrees from Brooklyn College in 1953 and 1958. She taught school in Texas in 1954-55 and was back in Brooklyn from '55-'59. She

received her master's and doctor's degrees in education from Teachers College of Columbia University in 1976 and 1978. From 1966-79 she held various posts coordinating and evaluating career programs of the Great Neck, New York, School District. From '79-'91 she served as the administrator, assistant superintendent or superintendent in school districts in the New York/New Jersey metropolitan area.

Their "blended" family dates from 1990 and includes her daughter, his son and daughter, four grandchildren, and two great grandchildren. The Johnsons have lived on



Longboat Key for 17 years. Sue is a docent at the Ringling Museum and an active school docent who mentors principals for the Sarasota School District. And she is an active, able tennis player. When asked to describe herself she says "I am a lifelong learner. I enjoy taking a number of courses at local institutions and allowing my curiosity about people, history and life to flourish and enrich me."

Carroll has received many citations for his performance as a superintendent and his leadership role in various school administrator organizations. One that has been re-titled in his name that he regards highly is the Scholastic Achievement Dinner for outstanding high school seniors that he started in 1965 to balance the recognition given to athleticism. He enjoys bridge and is an excellent player. - Jim Stern

Happy Valentine's Day



Pierian Spring Academy

Spring Courses at Plymouth Harbor

Is there a class of interest to you?

How Economists See the World

Ever wonder about the how and why of Washington's economic strategies? Analyze the positions set forth by well-known economists, paying particular attention to their school of economic thought, as well as the effect they have had on shaping political positions.

Mondays: Feb. 21 -- March 28
9:30 -- 11:30 am Pilgrim Hall
INSTRUCTOR: Lauren Rudd

From Dawn to Dusk:

Painters of the Hudson River

Between 1825-75 a group of American painters were inspired by the landscape of the Catskill Mountains and the Hudson River. Combining the romantic tradition with the compositional devices of Classicism, they invented a new Eden, a new icon-nature for a new nation.

Tuesdays: March 1 -- April 5
12:00 -- 2:00 pm Chapel
INSTRUCTOR: Kevin Costello

Yiddish Revival:

History..Literature..Music..Movies..Humor

These multi-media lectures presented in Yiddish and English look at European Jewish Life as it adapts from Shtetl to the Modern Era. Yiddish theater, movies, The Jewish Radio Project, humor, and even Esperanto, will be explored.

Wednesdays: Feb. 23 -- March 30
12:00 -- 2:00 pm Card Room
INSTRUCTOR: Baila Miller

Gertrude Stein and Her Circle

Investigate the amazing world of Gertrude Stein and meet the creative personalities who surrounded her. Artists such as Picasso, Man Ray, Matisse, and writers such as Hemingway, Fitzgerald, Ezra Pound, literally sat at her feet as they partook of Alice B. Toklas' culinary wonders.

Thursdays: Feb. 24 -- March 31
2:30 -- 4:30 pm Chapel
INSTRUCTOR: Phyllis Jaffe

Conception, Creation, Form and Content:

Looking at the Art of Our Time

Introduction to 20th century art through museum exhibition lectures. Planned visits to Ringling, St. Petersburg, Tampa and Naples museums. The first class session will introduce the exhibitions; the final meeting will review our experiences. Museum admission, lunch and transportation are not included in class fee.

Fridays: Feb. 25 -- April 1
9:30 -- 11:30 am Pilgrim Hall
INSTRUCTOR: Peter Koenig

Film Masterpieces of the Thirties & Forties

Study, watch and discuss *The Thirty-Nine Steps*, *Grand Illusion*, *The Rules of the Game*, *Citizen Kane*, *Beauty and the Beast*, and *The Third Man* -- original directorial visions of high artistic value.

Fridays: Feb. 25 -- April 1
2:00 -- 4:45 pm Pilgrim Hall
INSTRUCTOR: Joyce Stith

Call Resident Services at Ext. 252 for information on registering for Pierian Spring Academy (PSA) courses. All courses are 6 weeks in length. The cost is \$65.00 per course. Class sizes are limited, sign up soon. Not sure if you want to sign up? You may preview the first class before registering.



SILL Lectures

The Thursday Global Issues Series (Simulcast in Pilgrim Hall at 10:30 am)

LECTURE 4 GLOBAL ECONOMY: AFTER THE STORM
FEBRUARY 3 SPEAKER: MARTIN WALKER

LECTURE 5 BROKEN GOVERNMENT
FEBRUARY 10 SPEAKER: DR. NORMAN ORNSTEIN

LECTURE 6 IRAN IN TRANSITION
FEBRUARY 17 SPEAKER: DR. RAY TAKEYH

LECTURE 7 ENERGY: BEYOND THE POLITICS OF PETROLEUM
FEBRUARY 24 SPEAKER: MOLLY WILLIAMSON



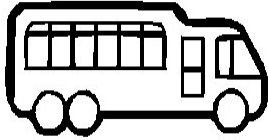
Equity Markets and Portfolio Management

presented by Scott Atkins

Managing Director & Regional Investment Executive for U.S. Trust

Tuesday ~ February 22 ~ 9:30 am ~ Card Room

- Sponsored by the Investment Group -



Places to Go ... Call Ext. 252 to sign up



National Watercolor Society and Florida Suncoast Watercolor Society Exhibits at ArtCenter Manatee

Friday ~ February 18 ~ Bus departs 11:15 am

Cost: \$27.00 includes bus, docent tour & contribution;
Dutch treat lunch at Mattison's Riverside, Bradenton

2011 La Musica International Chamber Music Festival

Plymouth Harbor Bus Transportation Available
Call Resident Services at Ext. 252 to sign up
Cost is \$7.00 per concert



Concerts at the Sarasota Opera House
April 4, 7, 10, 13, 15



Mezzanine Art Gallery PRESENTS Award-winning Photography by Professor William Vilensky February 8 -- March 7

Professor Vilensky uses a digital/single lens reflex camera combined with the new art form of giclee archival ink and paper printing. His photographs focus on his world wide travels and underwater diving experiences. He has won prizes in juried art exhibits in Florida and New Jersey.

MEET THE ARTIST RECEPTION

TUESDAY ~ FEBRUARY 8 ~ 4:30 TO 6:00 PM
ON THE MEZZANINE





New in the Library (* indicates a gift)

FICTION - Regular Print

And Then There Was One* by Patricia Gussin
Bitter Legacy* by H. Terrell Griffin
Book of Nathan* by Curt Weeden
Conspiracy of Silence* by Martha Powers
Crescent Dawn* by Clive Cussler
Dead Air* by Deborah Shlian
Don't Sweat the Small Stuff* by Don Brunz
A Fatal Vineyard Season* by Philip A. Craig
Fly by Wire* by Ward Larsen
In Their Blood* by Sharon Potts
Little Lamb Lost* by Margaret Fenton
Rescue* by Anita Shreve
Shadow of Death* by Patricia Gussin
The Siege of the Villa Lipp* by Eric Ambler
Someone's Watching* by Sharon Potts
The Test* by Patricia Gussin
Trash Talk* by Robert Gussin
Twisted Justice* by Patricia Gussin

FICTION - Large Print

The Athena Project* by Brad Thor
The Emperor's Tomb* by Steve Berry
The Midnight Show Murders* by Al Roker

NONFICTION - Regular Print

13 Bankers* by Simon Johnson
The Clean Revolution* by Ron Pernick
Daniel Patrick Moynihan*
 edited by Steven R. Weisman
Justice* by Michael J. Sandel
The Power of Rest* by Matthew Edlund
Thrillers: 100 Must Reads* by David Morrell
What's Next ... for You?*
 by Robert & Patricia Gussin
The World Without Us* by Alan Weisman

DVDs New in the Media Library

The American	Cairo Time
The Cazalets*	Helen
Flawless*	Lolita*
La Femme Nikita*	
Mademoiselle Chambon	
Sleuth*	
Theodora*	
The Town	
Tuesdays with Morrie	
Vertigo	
Wall Street: Money Never Sleeps	



Book Discussion

The Wide Sargasso Sea by Jean Rhys

Discussion led by Charleen Sessions

Call Ext. 252 to sign up & for a copy of the book (\$13.00).

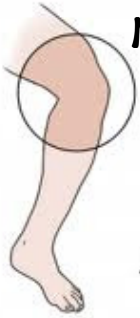
Wednesday ~ March 2
3:00 pm in the Card Room

The Wide Sargasso Sea is a Caribbean gothic story of a young heiress sold into marriage and later imprisoned in an attic in England.

Health and Wellness ...

Health Matters

Maintaining an Active Lifestyle with Hip or Knee Arthritis Non Surgical and Surgical Treatments



PRESENTED BY **RONALD P. WHITE, MD**
KENNEDY-WHITE ORTHOPAEDIC CENTER

Wednesday ~ February 16 ~ 3:00 pm ~ Pilgrim Hall

Complimentary Ear Check & Hearing Aid Clinic

(Low Vision Resource Center)

Tuesday, February 1

Dr. Susan Schnack with Sarasota Hearing Center

Tuesday, February 15

Jennifer Slanker with Andrew Marlow, MD

Please call Home Care at Ext. 210 for an appointment



Welcome to Dining Services

There's a vibrant momentum evident in the Dining Services Department. Hosted by your Dining Committee, this presentation gives a behind-the-scenes look into Dining Services as well as some exciting new initiatives on the horizon.



Tuesday ~ February 8 ~ 3:00 pm ~ Pilgrim Hall

Upcoming Dining Services Events

Beginning Thursday, February 3rd, "Cocktails on the Terrace" weekly at 4:00 pm

Seafood Dinner Buffets on February 4th & 18th **

February 6th "Super Bowl Party" beginning at 5:00 pm in the Card Room **

February 9th "Afternoon Tea" at 2:00 pm **

** These events require reservations -- call Ext. 258

The Program Committee presents ...

The Algonquin Round Table

by Bob Griffiths

Thursday ~ February 3 ~ 7:45 pm ~ Pilgrim Hall

It was the epicenter of Roaring Twenties creativity, wit and wisdom, and home to the antics and intellect of legendary literary and theatrical figures of New York -- Tallulah Bankhead, Robert Benchley, Edna Ferber, George S. Kaufman, Dorothy Parker, James Thurber, Peggy Wood -- plus Noel Coward, Harpo Marx, Irving Berlin and others who "dropped in."



Presidents and Their First Ladies: Theodore and Edith Roosevelt

Thursday ~ February 10 ~ 7:45 pm ~ Pilgrim Hall



People know about Teddy Roosevelt and his daughter, Alice, but few know much about the two women who he married. His second wife, Edith, and he played together as children, and she succeeded in doing something prior first ladies had tried and failed to do -- a true renovation of the White House. William and Sue Wills return again for this live dramatic performance.



Linda Rosenthal, violin & Mary Au, piano

Thursday ~ February 17 ~ 3:00 pm ~ Pilgrim Hall

From the Piatigorsky Foundation in New York come two superb artists combining their skills for a concert of classical masterpieces by Beethoven, Handel and Vivaldi. Pianist



Mary Au is a graduate of the Royal Academy of Music and the University of Southern California. She has been heralded as one of the "Outstanding Young Women of America." Courted by Chinese officials, Ms. Au performed in the IFEA award winning Nanning International Arts Festival in China. Violinist Linda Rosenthal performs throughout North America, Europe and Asia as a soloist with orchestra and as a chamber musician.

She has commissioned and premiered more than a dozen works, including pieces for solo violin, electric violin and violin & narrator. Ms. Rosenthal plays on a violin made in Turin, Italy, in 1772 by J. B. Guadagnini.



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700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in February

Tuesdays at 7:45 pm

- February 1** *Thunderball*
1965 Color 125 minutes Rated PG
- February 8** *Agatha Christie's
The Case of the Middle-Aged Wife*
1982 Color 55 minutes Not Rated
- February 15** *Morning Glory*
2007 Color 93 minutes Not Rated
- February 22** *The Real George Washington*
2008 Color 50 minutes Not Rated

Have a movie request? Call Ext. 252.

Sundays at 2:00 pm & 7:00 pm

- February 6** *The Social Network*
2010 Color 120 minutes Rated PG-13
- February 13** *The Picture of Dorian Gray*
1945 B&W 110 minutes Not Rated
- February 20** *Secretariat*
2010 Color 123 minutes Rated PG
- February 27** *The Tillman Story*
2010 Color 94 minutes Rated R