

# HARBOR LIGHT

September 2011

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PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

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## *Remembering September 11, 2001*

As we age, short-term memory seems to fade, we can't remember what we did yesterday, maybe in the past hour; long-term memory comes back like a tidal surge. Vivid memories of events and places come forth. By today's longevity standards, ten years is not a long time, but I remember what took place ten years ago on 9/11. I have vivid memories of the event that changed the lives of all human beings who share planet earth.



It was a beautiful Florida morning; I was home, at my desk with *Good Morning America* and the voice of Charlie Gibson in the background. I went to the kitchen for a glass of water and as I glanced at the TV, Charlie Gibson did a sudden jerk of his head to the left to see out the studio window; I remember him saying with alarm in his voice, "What's going on?" There had been a loud noise, a cloud of smoke appeared in the sky in the area of the World Trade Center towers. We know what happened: a plane hit one of the towers, another followed, the sky became dark and foreboding, thousands died, some jumping to their death from high places to escape the fire and smoke. The impact was devastating for the nation, even more for the families who lost loved ones. I, like most people throughout the world, became *glued* to the TV for the rest of the day.

September 1, 2001, was the beginning of my chaplaincy with Plymouth Harbor and, as it turned out, my first service for residents and staff was conducted in Pilgrim Hall at 10:00 a.m. on Wednesday, September 12. Stan Clouse was our executive director at that time and at about 7:30 p.m. on 9/11 he called me to ask if I would do a service for residents and staff the next morning. I remember the crowd in Pilgrim Hall, solemnity, shock, dismay and grief were on the faces of those gathered. We read from the Bible, offered prayers, shared our feelings and found strength for the days ahead. [As an aside, two days later, Hurricane Gabriel left its mark on Plymouth Harbor with minor, but significant damage.]

We will remember 9/11 this year, the tenth anniversary of that horrific event, on Sunday, September 11, 2011, at 3:00 p.m. in Pilgrim Hall. Our memories and our faith in our Creator's goodness in the face of evil will be renewed; I will ask residents who *were there* to share their memories. Audrey Brown (Maintenance) and Carl Denney (Resident) will sing and I pray we will be inspired and encouraged for a future in which the world will live in peace. All residents and staff are invited to attend. The Psalmist has said, "Your name, O Lord, endures forever, your renown, O Lord, throughout all ages. For the Lord will vindicate his people and have compassion on his servants." [Ps. 135:13-14 NRSV]

- Chaplain Jerry O'Connor

## **THE SPIRIT OF PHILANTHROPY**

**By Harry E. Hobson, President/CEO**

In last month's edition of *The Spirit of Philanthropy*, I shared with you the definition of Philanthropy as *an act or gift done or made for humanitarian purposes*. These acts of philanthropy come in many sizes and shapes and are oftentimes present when you least expect to witness them. Recently I had several experiences that I would like to share with you.

### **A GIFT OF EDUCATION**

An anonymous donor stopped by my office the other day with a gift of several thousand dollars to be used to send staff members to an upcoming national conference titled "Celebrate Age" which is sponsored by our national trade association, LeadingAge. It was this person's desire to expose staff who normally would not be attending this quality of programming. It was his hope that it might help them grow professionally.

### **THOUGHTFUL REFLECTIONS**

I continue to be impressed when I walk around our campus to see how it comes to life and how our mission is on display in so many ways. For example, a walk on the south side of the Tower triggers many memories. These times of reflection appear as you pass the benches that are there for your comfort. Two of these celebrate the wedding anniversaries of former residents Dr. Louis and Marion Kreshtool and current residents Dr. Elton and Penny Yasuna. You will also be reminded of former residents Joan Rice and Buzz Gross. Mr. Gross was an avid seaman and his wife, Nancy, donated a bench that overlooks our boat slips in his memory. This bench bears the inscription, "Sail On." And, if you wish to step out of the sun for a few minutes, please have a seat in the Heron Pavilion located in the middle of the Peninsula. This Pavilion was given in memory of former resident, Dr. Russell Chamberlain by his son, Dwight Chamberlain.

There are many more contributions throughout Plymouth Harbor that truly give a quality of life meaning to the words, *Plymouth Harbor A Tradition of Inspired Living*.

### **KEEPING PLYMOUTH HARBOR IN YOUR PLANS**

It is also noteworthy to share with you that since January 2011, we have received monetary gifts to both our restricted

and unrestricted funds of over \$100,000. These gifts are sincerely appreciated and come from a combination of sources including, but not limited to, charitable remainder trusts (of former residents), and bequests and contributions generated by former residents and their families.

If you, or someone you know, would like more information as to how to contribute to these funds, please contact me or Garry Jackson, Senior Vice President of Finance, at any time.

### **PROGRESS IS BEING MADE**

I am pleased to share with you that work is progressing "behind the scenes" regarding the establishment of a formal philanthropic program for Plymouth Harbor. Since the August issue of the Harbor Light, our Philanthropic Advisory Committee (see below for committee member names) has been deliberating over the formal governance structure of our program. The Committee consensus is that it will likely be known as *The Plymouth Harbor Foundation*. It will consist of an array of funds intended to further the mission and vision of Plymouth Harbor. Of course all contributions will be tax deductible since we are a 501(c)(3) not-for-profit organization.

A Committee recommendation to form this Foundation will be presented, discussed and acted upon during our upcoming September 7, 2011, Board of Trustees meeting. We are pleased with the Committee's progress and plan to have an official rollout of this initiative late this year.

I will continue to share our past, present and future plans regarding philanthropy with you in the next Harbor Light.

Thank you for taking time to read this edition of *The Spirit of Philanthropy*.

#### **Philanthropic Advisory Committee:**

Bill Johnston, Trustee and Committee Chair

Lee Byron, Trustee

Larry Coffey, Trustee and Resident

Nancy Cook, Trustee and Resident

Jack Denison, Resident

Harry Hobson, President/CEO

Tom Hopkins, Trustee and Board Chair

Garry Jackson, Senior VP/CFO

Bill Seiberling, Resident

Bill Young, Trustee

## **INTRODUCING**

### **Elizabeth Ann "Betty Ann" Waldheim**

Move-In Date: June 24, 2011

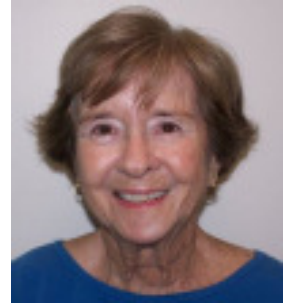
Apt. T-1412 Ext. 263

The many friends of "Betty Ann" at Plymouth Harbor were very happy to see her move in this summer, just a year after the sad loss of her husband, Stan Waldheim, to whom she had been married for 60 years.

Betty Ann was a Milwaukee girl, one of the large contingent from that fair city. She attended Milwaukee Downer Seminary, went to Marymount College in Tarrytown, NY, and was graduated from the University of Wisconsin where she met Stanley. She was elected to Kappa Kappa Gamma sorority.

She worked for the First Wisconsin National Bank. More important, she married Stan and they had four children (two boys and two girls)

while living in Milwaukee. They moved to Longboat Key in 1979, were there for 27 years, then moved to Palm Avenue in Sarasota for five years.



The Waldheims belonged to Longboat Key and Bird Key Yacht Clubs. Betty Ann had always been an avid tennis player who reached her peak in a memorable upset victory with Muff Johnson (a former Plymouth Harbor resident) to win the Longboat Key Club women's doubles championship in the late 80s. She continued playing tennis until just a few years ago.

Betty Ann has been active in the Junior League both in Milwaukee and Sarasota. She is still an enthusiastic bridge player. Most of all she is a delightful and lively person with whom to socialize.

- Perry Monroe

## **Writers Workshop**

If you have ever written ...

If you have never written ...

If you are a published author ...

*Join us!*



**Wednesday, September 14  
2:00 pm in the Card Room**

Questions? Call Maureen Aldrich at Ext. 229

### **Book Discussion**

## **The Help**

**by Kathryn Stockett**

**Discussion  
led by  
Don Wallace**



**Friday ~ September 30  
3:00 pm in the Card Room**

Call Ext. 252 to sign up and for  
a copy of the book (\$13.00).

## **INTRODUCING**

**Myer "Mike" Kolker**

**Sylvia J. Kolker**

Move-In Date: June 30, 2011

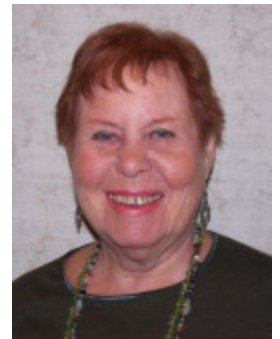
Apt. N-203 Ext. 170

You may not think of Cape Canaveral as a particularly romantic spot, but that's where Myer (Mike) and Sylvia first met — as Mike says, "before it became Cape Kennedy and then Canaveral again."



Mike, armed with his masters in electrical engineering from Rensselaer Polytechnic Institute, was serving as a field service engineer with G.E. on the ICBM tests. One of his Raytheon projects led to an award from NASA for satellite measuring of the earth's shape from space, with radar and lasers. There were other endeavors, too many and complex to list; if you're interested, ask Mike about them. We found him to be a fascinating raconteur — kind of like the most interesting college professor you ever had.

Sylvia's careers have included accomplishments as an equestrian, training hunters for riding dressage and fox hunting. She returned to school for a masters in psychology, specializing in family therapy. She still volunteers regularly at the Women's Resource Center in Sarasota as a case consultant. Her background also includes both professional and community theatre, and she is currently performing with the Asolo Readers, as part of Asolo Theatre.



Add to all this the outdoor activities she and Mike share, such as swimming and sailing, and you have two really, *really* energetic and interesting people.

They come to us after four years on Longboat Key, where they retired after many years in Gloucester, MA. They have a son, Barry, a psychotherapist, and a daughter, Bettina, a pediatric intensive care nurse, both of whom live in New England.

- Don Wallace

### **September 2011 Employee of the Month**

***Mary Lyons of Home Care Services***

**A co-worker wrote about Mary ...**

"The first word that comes to mind when describing Mary is *conscientious*. She is an excellent nurse, leaving no stone unturned. Our residents can really feel her caring ways and Mary is very pleasant to be around as a co-worker as well. She is always on time for work and is definitely a team player even when at times the tasks are overwhelming. She sets an example for all of us. Mary is definitely an asset to the Home Care staff and Plymouth Harbor."



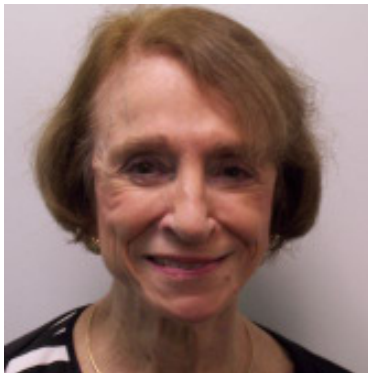
## **INTRODUCING**

### **Ligia T. "Lee" Yousri**

Move-In Date: July 20, 2011

Apt. T-1007 Ext. 318

If you were playing a game of charades and you had to describe Lee Yousri in one word, you'd say "multi-national." To wit: Born in Trinidad of Venezuelan parents, Lee came to the U.S. at a young age, got her early education at a convent school run by French nuns, worked for Pan American World Airways for 30 years, met her Egyptian husband in Morocco ...



Here are the details: Lee, the youngest of three children, was born, as mentioned, in Trinidad. The family moved to America when she was seven years old and settled in New

York City where she was enrolled in the Notre Dame Convent School, run by French nuns. Her dream was to go on the stage, and she studied acting at the Actor's Apprentice Theatre and the American Theatre Wing. She performed for several years, both on and off-Broadway. Career highlights include appearances in both young female roles in "Harvey" with Bert Lahr, on Broadway as well as on tour, and a role in "Young and Fair" with Julie Harris and Mercedes McCambridge. She is a member of Actors' Equity, the Screen Actors Guild and AFTRA.

The uncertainties of employment in the theatre led Lee to look for a more stable and steady work situation, and she became a stewardess with Pan American World Airways. In that

position, she had the opportunity to travel to Europe, South America and Asia -- in other words, all over the world. After six years, she was offered a management position in charge of hiring and training stewardesses, which led to assignments in Teheran, Hong Kong, Berlin and Washington, D.C. She stayed with Pan Am for 30 years.

Lee was married for a relatively short period. She met her husband, an Egyptian by birth, at the airport in Agadir, Morocco. He was a professor and also consultant in the insurance field, and they lived in Washington, D.C., Cincinnati, OH, and New York City. Sadly, he passed away after only 12 years of marriage.

Since 1981 Lee has been a resident of New York, leading the good life: doing volunteer work at St. Bartholomew's Church, going to classes at Hunter College, taking French conversation lessons from a private tutor, working out at a gym, playing bridge, shopping and seeing friends.

It was one of her friends who discovered Plymouth Harbor's extended guest stay program, and the two ladies leased an apartment in the North Garden. Lee had been thinking of leaving New York because so many friends were departing. She had already been to Plymouth Harbor on a visit but living here convinced her to make a permanent move here. "Gordon Okawa really had a terrific idea," she says.

Lee still loves to travel and revealed at the conclusion of the interview that she was planning to go to London at the end of the week -- Queen Mary one way, airplane the other.

- Vera Kohn



### Art and Artists **The Power of Miro's Art**

Wednesday ~ September 28

3:00 pm in the Card Room



Join a group of residents interested in Art and Artists on the last Wednesday of each month at 3:00 pm in the Card Room for an art/artist related video and discussion.

## BINGO!



Thursdays

September 8 & September 22

2:00 pm in the Card Room

Bring quarters -- 25¢ a game;  
winner takes all!

Florida Safety Council

## Mature Driving Course

Complete this 6-hour course to qualify for a reduction in your auto insurance

**Tuesday, September 20**

9:00 am to 3:00 pm in the Card Room, with a break for lunch

Cost: \$15.00      Call Ext. 252 to sign up



## In Memoriam

**Jeanne H. Metzner**

August 9, 2011

**Virginia E. Gress**

August 12, 2011

**Andrew J. Wright**

August 27, 2011

**Donald J. Price**

August 28, 2011

**Marie Barr**

August 28, 2011

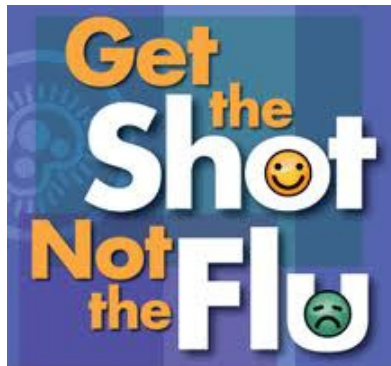
## Health and Wellness ...

Low Vision Group presents

### Sally Meyers of the Manasota Lighthouse Tips for Dealing with Low Vision



Friday ~ September 2  
3:00 pm in the MacNeil Chapel



**Flu Shots**

**Wednesday**

**September 7**

**8:00 am -- 4:00 pm**

**Card Room**

### Hearing Clinic

Tuesday  
September 6

Tuesday  
September 20

alz.org | alzheimer's association®

## Walk to End Alzheimer's

Residents and Staff are invited to join the Plymouth Harbor Team on October 1 at 8:00am for the Annual Walk to End Alzheimer's.

For more information contact Brandi at Ext. 320 or visit our website <http://2011Walktoendalz.kintera.org/sarasota/plymouthharbor>.

Donations are not required to participate.

Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer care, support and research. Since 1989, this all age, all-ability walk has mobilized millions to join the fight against Alzheimer's disease, raising more than \$347 million for the cause. Events are held annually in the fall in nearly 600 communities nationwide.

## Welcome New Resident

*Jeanne Gerry*

Move-in: August 9, 2011 T-1808 Ext. 553



## New in the Library (\* indicates a gift)

### FICTION - Regular Print

**As the Crow Flies\*** by Jeffrey Archer  
**Betrayal\*** by Fern Michaels  
**Brothers No More\*** by William F. Buckley, Jr.  
**A Creed in Stone Creek\*** by Linda Lael Miller  
**The First Eagle\*** by Tony Hillerman  
**First Offense\*** by Nancy Taylor Rosenberg  
**The Forgotten Garden\*** by Kate Morton  
**Kilo Class\*** by Patrick Robinson  
**The Laws of Our Fathers\*** by Scott Turow  
**Memnoch the Devil\*** by Anne Rice  
**Merciless\*** by Diana Palmer  
**Neptune's Account\*** by Michael Maffett  
**Now You See Her\*** by James Patterson  
**The Overseer\*** by Jonathan Rabb  
**The Parsifal Mosaic\*** by Robert Ludlum  
**Rough Justice\*** by Jack Higgins  
**The Secret Pilgrim\*** by John Le Carre  
**To Be Sung Underwater\*** by Tom McNeal  
**The Woods\*** by Harlan Coben

### FICTION - Large Print

**Burnt Mountain\*** by Anne Rivers Siddons  
**The Creed Legacy\*** by Linda Lael Miller  
**Drawing Conclusions** by Donna Leon  
**Happy Birthday\*** by Danielle Steel  
**Justice\*** by Karen Robards  
**Quinn\*** by Iris Johansen

### DVDs New in the Media Library

Camelot	Four Weddings and a Funeral*
Frida*	The Lincoln Lawyer
Mystic River*	Network*
Of Gods and Men	Sunday in the Park with George

### NONFICTION - Regular Print

**American Scoundrel\*** by Thomas Keneally  
**The Assault on Reason\*** by Al Gore  
**The Audacity of Hope\*** by Barak Obama  
**Call Me Ted\*** by Ted Turner  
**Charlie Wilson's War\*** by George Crile  
**Everyone Is Entitled to My Opinion\***  
     by David Brinkley  
**Five Germanys I Have Known\*** by Fritz Stern  
**Gentleman Spy\*** by Peter Grose  
**Leap of Faith\*** by Queen Noor  
**Leonard Bernstein\*** by Barry Seldes  
**The Long Affair\*** by Conor Cruise O'Brien  
**Lose Your Mother\*** by Saidiya Hartman  
**The Millionaire Next Door\*** by Thomas J. Stanley  
**Mindhunter\*** by John Douglas  
**Muddy Boots and Red Socks\***  
     by Malcolm W. Browne  
**The Nightingale's Song\*** by Robert Timberg  
**The Perfect Storm\*** by Sebastian Junger  
**Rewrites\*** by Neil Simon  
**Ronald Reagan: The Notes\***  
     edited by Douglas Brinkley  
**The Storm of War** by Andrew Roberts  
**Tete a Tete\*** by Hazel Rowley  
**This Noble Land\*** by James A. Michener  
**Tough Without a Gun\*** by Stefan Kanfer  
**Unlimited Access\*** by Gary Aldrich  
**William McKinley\*** by Kevin Phillips  
**Women's Letters\*** by Lisa Grunwald



## Dining Services Events

Reservations Required ~ Please Call Ext. 258

### *Labor Day Picnic Buffet*

Monday, September 5th  
in the  
Mayflower Dining Room

### *Chef's Table at 5:30 pm*

Tuesday, September 20th

### *Wine Tasting Dinner*

Wednesday, September 14th  
in the  
Private Dining Room  
\$45.00 per person  
(maximum 30)

### *Private Kitchen Tour*

Thursday, September 29th

### *Seafood Buffet Dinner*

Friday, September 30th



## Jim Myers at the keyboard

Plymouth Rock Cafe

5:15 pm - 6:15 pm

September: 8<sup>th</sup> 12<sup>th</sup> 22<sup>nd</sup> 26<sup>th</sup>

## Plymouth Harbor Hosting Sarasota's Got Talent Auditions



Saturday ~ September 17 ~ 9:00 am -- 5:00 pm

The Center for Musical Theater at Julie Rohr Academy was formed to encourage students to excel in the arts. This is the third year that the Center is sponsoring a community-wide Sarasota's Got Talent competition, and the second year that Plymouth Harbor is hosting the auditions for this competition. Competitors will be judged in three categories -- juvenile, teen and adult -- by a team of judges from The Players, the Golden Apple Dinner Theater and the Julie Rohr Academy. Drop by Pilgrim Hall any time throughout the day to watch the auditions.



## Places to Go ... Call Ext. 252 to sign up

### Mote Marine's Sea Life Encounter Cruise

Enjoy a tranquil cruise aboard a covered pontoon boat along Sarasota and Roberts Bay narrated by a marine biologist. You may see dolphins and manatees, discover mangrove islands, fascinating creatures living in the local grass flats, pelicans, ibis, herons, egrets and more!



**Friday ~ September 16 ~ Bus departs 12:45 pm**

Cost: \$33.00 includes transportation & cruise

### Dinner at Owens Fish Camp Burns Court



**Wednesday, September 21**

**Bus departs 5:00 pm**

**Cost: \$7.00 plus Dutch treat dinner**  
Menu available at Resident Services Office



## Equity & Bond Markets



presented by G. Glenn Shipley  
Senior Vice President, Trust Investments  
Northern Trust Bank

**Tuesday ~ September 27 ~ 9:30 am ~ Card Room**

*- Sponsored by the Investment Group -*

**The Program Committee presents ...**

***Tosca***



**Thursday ~ September 1 ~ 7:45 pm ~ Pilgrim Hall**

This gripping and visually stunning film about love, deception and murder stars Raina Kabaivanska, Placido Domingo and Sherrill Milnes.

DVD:115 minutes



***Bye Bye Birdie***

**Thursday ~ September 8 ~ 7:45 pm ~ Pilgrim Hall**

Our Summer Broadway Series continues with lots of laughs and great songs in this all-time favorite with Dick Van Dyke, Janet Leigh, Ann-Margret, Paul Lynde and Bobby Rydell.

DVD:112 minutes



***In the Beginning ...***

**Thursday ~ September 15 ~ 7:45 pm ~ Pilgrim Hall**

Plymouth Harbor resident Lou Schneider was one of the architects who launched Plymouth Harbor on its path to being the premier retirement community in Sarasota. Hear the story, have a chance to ask questions of someone who was there at the beginning.



***The Pirates of Penzance***

**Thursday ~ September 22 ~ 7:45 pm ~ Pilgrim Hall**

Gilbert and Sullivan's raucous operatic tale is captured in all its fun and glory in this production starring Kevin Kline and Linda Ronstadt.

DVD:120 minutes



***The Life of Birds : Signals and Songs***



**Thursday ~ September 29 ~ 7:45 pm ~ Pilgrim Hall**

Birds communicate with one another using signs, signals and occasionally a bit of mimicry. With sound and visual display, they warn one another of danger, defend territory and offspring, maintain social hierarchies, attract mates and even settle their conflicts peacefully.

DVD:60 minutes



**Tom Hopkins**

Chairman, Board of Trustees

**Harry E. Hobson**

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**Harbor Light Staff**

**Dinah Stamp**

Administrator of Resident Relations

**Maryanne Shorin**

Resident Services Coordinator

**Biography Committee**

Peggy Schwarz, *chair*

David Beliles

Betty Blair

Vera Kohn

Gena Magoon

Perry Monroe

Isabel Pedersen

Sallie Van Arsdale

Don Wallace



700 John Ringling Blvd.  
Sarasota, FL 34236-1551  
941-365-2600  
www.PlymouthHarbor.org



# MOVIES

Showing in September

Sundays at 2:00 pm & 7:00 pm

**September 4**    *Gaslight*  
1944    B/W    114 minutes    Not Rated

**September 11**    NO MOVIE

**September 18**    *The Remains of the Day*  
1993    Color    134 minutes    Rated PG

**September 25**    *Lust for Life*  
1956    Color    122 minutes    Not Rated

Have a movie request? Call Ext. 252.

Tuesdays at 7:45 pm

**September 6**    *The Truman Show*  
1998    Color    103 minutes    Rated PG

**September 13**    *Copying Beethoven*  
2006    Color    104 minutes    Rated PG-13

**September 20**    *Heist*  
2001    Color    109 minutes    Rated R

**September 27**    *One Flew Over the Cuckoo's Nest*  
1975    Color    133 minutes    Rated R