

# HARBOR LIGHT

September 2010

---

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

---

## A Salute to Honor the Memory of 9/11

Several firefighters from the Sarasota County Fire Department will honor the memory of their fellow firefighters who lost their lives on September 11 nine years ago by climbing the 26 flights of stairs in Plymouth Harbor's Tower building on Saturday, September 11, 2010.

Last year Sarasota's firefighters commemorated 9/11 by climbing a collective 343 flights of stairs at Plymouth Harbor and a total of 344 by including an additional flight of stairs for one of their own local firefighters who lost his life on that same day one year before the World Trade Center event.

Erich Leipold, one of several firefighters who routinely utilize Plymouth Harbor's stairwells for training and fitness purposes, emphasized, "This event is not about which one of us climbs the most flights of stairs or who climbed the fastest, it's about remembering our fellow firefighters and the many citizens that lost their lives on that date. We also want to thank the community of Plymouth Harbor for allowing our firefighters to use its facilities to train and exercise, which helps us to stay fit throughout the year."



Plymouth Harbor will hold a brief observance in remembering our fallen heroes of 9/11 in the Lobby starting at 10:30 a.m., Saturday, September 11. Residents and guests are all welcome to show their support by coming and meeting the local Sarasota County firefighters who are participating in the event.

## Reflections from Chaplain Jerry O'Connor ...

In Genesis 5:27 we read: "Thus all the days of Methuselah were nine hundred sixty-nine years; and he died." It sounds so *final* and it is just that, but fortunately we don't live 969 years, even if it feels that way, at times. Much has been written about growing older and the older I get the more grateful I am that my youth is a memory and dealing with the aging process is a never ending challenge to my mind and body.

Hallmark has increased its profits with the wit and wisdom of *Maxine*; some would just write her off as an aging old broad who has learned to look life square in the eye and enjoy it in her own way. Well, truth be known, all of us who have survived the teen years, young adult and middle age could use a good dose of her philosophy. Think about it in the midst of aching joints and pills that cost more than a good dinner out. Find a good reason to laugh it off and move on, but pray you don't have to live as long as Methuselah.

The wit and wisdom of Will Rogers brought chuckles and new perspectives on life for the rich and famous and the common man or woman of his day. Here is what he had to say *About Growing Older*:

1. Eventually you will reach a point when you stop lying about your age and start bragging about it.
2. The older we get, the fewer things seem worth waiting in line for.
3. Some people try to turn back their odometers. Not me, I want people to know 'why' I look this way. I've traveled a long way and some of the roads weren't paved.
4. When you are dissatisfied and would like to go back to youth, think of Algebra.
5. You know you are getting old when everything either dries up or leaks.
6. I don't know how I got over the hill without getting to the top.
7. One of the many things no one tells you about aging is that it is such a nice change from being young.
8. One must wait until evening to see how splendid the day has been.
9. Being young is beautiful, but being old is comfortable.
10. Long ago, when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

Carpe Diem! Enjoy the day, whatever your age.

### In Memoriam



**John B. Morrill**  
August 9, 2010

**Harriet B. Osterweis**  
August 10, 2010

**Patricia S. Legg**  
August 14, 2010





## The Great Pacific Garbage Patch

Did you know that there is a floating mass of plastic in the Pacific Ocean? The mass is at least the size of the state of Texas and its technical name is the "North Pacific Subtropical Gyre."

It is bounded on all sides by a clockwise flow of currents around the Pacific Basin and tends to have a high-pressure system sitting over it for much of the year. The result of these conditions is that materials that drift onto this area tend to stay there.

Until recent years, much of this material has been biodegradable but now plastics such as thin grocery bags, trash and monofilament fishing line have entered the picture. The patch is in an area extending northwest from the Hawaiian Islands.

A study done in 1999 of the Great Pacific Garbage Patch indicated that plastic was present at five kilograms per square kilometer. That is nearly six times the amount of plankton density in the same area.

Congress passed a law that directed NOAA and the U.S. Coast Guard to begin tracking debris. Unfortunately the money needed was not in the National Budget so we have an ever-growing plastic island.

How does this affect those of us who live at Plymouth Harbor? Not directly, but we must be careful not to throw plastic items (or anything) into the water. Recycling is the answer for now.

- Compliments of the Conservation Committee -

## Rosh Hashanah/Yom Kippur Service with Rabbi Katz



Friday  
September 10  
4:00 pm  
MacNeil Chapel



## **INTRODUCING**

**Norbert I. Berta**

**Maria F. Berta**

Move-In Date: June 30, 2010

Apt. T-1201      Ext. 340

It has been a long and exciting journey for Norbert and Maria Berta from Szombathely, Hungary, to Plymouth Harbor on Sarasota Bay. It actually started when Norbert was 17 and spotted his future wife (13!) across the fence between their boys' and girls' schools. After completing their university degrees they were married on November 23, 1956, and that same day they escaped the occupying Russians under fire of guards at the Austrian border.



After a few months in Austria, their journey continued to Philadelphia where engineer Norbert was hired by Minneapolis Honeywell and they both started the adventure of learning English from scratch. Business success took Norbert to Merck in West Point, PA, and then to Johnson & Johnson. He continued living in West Point, and then moved to Austin, TX, where his children entered the University of Texas. He retired from the McNeil subsidiary of Johnson & Johnson as VP of New Technology Development. Today he is still engaged in consulting with pharmaceutical companies.

Norbert has many patented innovations in the pharmaceutical industry, the most notable ones being the Tylenol Gelcap and the Tylenol Geltab. His Norbert Engineering organization also built state of the art pharmaceutical plants in China, Puerto Rico, Texas and Pennsylvania.

Maria worked as a medical lab tech in hospitals in Philadelphia and Austin, TX, then taught special education classes from grades 1 to 12. She has also done some fashion modeling. She has used her interior decorating skills in award winning ways in their homes and condos from Pennsylvania to Longboat Key. The culmination of her interior decoration and Norbert's structural design is their fabulous apartment here at Plymouth Harbor.

Both of the Bertas have been active in sports: tennis, golf and boating. They retired to Longboat Key, built a house, and then moved to the Moorings. The Bertas have raised two children, a son and a daughter, both in Texas. They now have three grandchildren, one at UCLA, another at Texas A&M. This vibrant couple is a great addition to Plymouth Harbor.

- Perry Monroe

*Welcome  
New Residents*

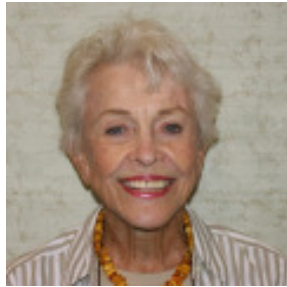
**John C. Davis**  
**Alice G. Davis**  
Apt. T-912 ... Ext. 308  
August 30, 2010

## **INTRODUCING**

### **Jeanne M. Nunn**

Move-In Date: June 30, 2010

Apt. E-208            Ext. 222



Let me introduce you to a lovely new resident, Jeanne Nunn, who has moved into E-208. It is a happy coincidence that her next door neighbor is LuVerne Conway. Jeanne and LuVerne have been good friends for more than 50 years.

Jeanne graduated from the University of Michigan in 1941 and moved to Washington, D.C., where she found a job at the Federal Reserve System. She married her boss, Guy Nunn, a few months later. We were already at war with Japan and Germany when Guy enlisted in the U.S. Army and entered the service of the OSS. When Jeanne was six months pregnant, he was sent on a secret mission and was captured by the Germans. He was held in various jails and finally imprisoned in a special POW camp in Colditz. He did not get home until the war was over, and he first met his daughter, Chris, when she was 16 months old. Later they had two sons, Jeffrey and Michael.

After the war Guy, Jeanne, Chris and Jeff went to France (Michael was born while they lived in France) where they lived for one year on the Riviera and one year in Paris. They were there in 1948 when Walter Reuther was elected president of the United Automobile Workers. He asked Guy to come back to Detroit and head the UAW public relations department.

While they were living in Detroit, Jeanne got a J.D. from the Detroit College of Law and practiced law for 35 years with a highly respected labor law firm. She moved to Sarasota after retiring in 1989.

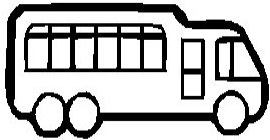
Jeanne has had more than her share of sorrow in her life. She suffered the loss of her daughter in 2006, and her son, Jeffrey, who died in 2009. She and Guy were divorced in 1965. She had a long and happy relationship with Bernard Freid until he died in 2009.

She is thrilled to be the grandmother of three and the great grandmother of five.

Jeanne has a long list of service to Sarasota. She is a charter member of the Sarasota Book Fair and served on the New College Library Association Board. She raised funds for Alzheimer's and was a precinct captain for the Democratic Executive Committee of Sarasota for many years. She is also one of the founders of Forum Truth for a Change started in 2004. The Forum presently has more than 800 members, and it still brings knowledgeable people to Sarasota to speak on issues of political importance.

Jeanne's hands and head are always busy now. She plays bridge at the In-Between Club, which is the second largest contract bridge club in the United States. She is also a golfer. Please look for her and welcome her to Plymouth Harbor.

- Marty Buenneke



# Places to Go ... Call Ext. 252 to sign up

## WWSB-TV and lunch

A look into the inner workings of a local TV station  
Friday, September 10 ~ Departs at 10:15 am  
Cost: \$7.00 plus Dutch treat lunch



### DINNER OUTING

Wednesday, September 29  
Departs at 5:00 pm  
Cost: \$7.00 &  
Dutch Treat Dinner

### Employee of the Month -- August 2010

#### *Sonia Williams of the Smith Care Center*

“Sonia exemplifies the qualities an Employee of the Month should possess. She always has a great attitude and is flexible in assisting where needed without complaint. Sonia is caring and compassionate with the residents and staff as well. She sets an example for all of us to follow. Sonia is honest, trustworthy, and hard working. She is a valuable employee and a joy to work with!”



### Employee of the Month -- September 2010

#### *Jackie Barbieri of Home Care*

“Jackie takes great pride in her work. She consistently goes the extra mile to keep her residents happy and comfortable. Jackie always has a smile on her face and is willing to do what is needed. She is a wonderful nurse. We can all take a lesson from her. Jackie is a great asset to Plymouth Harbor.”





## New in the Library (\* indicates a gift)

### FICTION - Regular Print

**Corduroy Mansions** by Alexander McCall Smith

**Drawing in the Dust\*** by Zoe Klein

**Foreign Influence** by Brad Thor

**The Girl Who Kicked the Hornet's Nest\***

by Stieg Larsson

**Heresy\*** by S. J. Parris

**A Short History of Women\*** by Kate Walbert

**The Thousand Autumns of Jacob de Zoet**

by David Mitchell

### FICTION - Large Print

**Austin\*** by Linda Lael Miller

**Game Over\*** by Fern Michaels

**Lowcountry Summer\***

by Dorothea Benton Frank

**Private\*** by James Patterson

**Rules of Betrayal** by Christopher Reich

**The Search\*** by Nora Roberts

**The Shack\*** by Wm. Paul Young

**Sizzling Sixteen\*** by Janet Evanovich

**Star Island** by Carl Hiaasen

### NONFICTION - Regular Print

**For All the Tea in China\*** by Sarah Rose

**Hitch-22\*** by Christopher Hitchens

**Pandora's Seed\*** by Spencer Wells

**Somewhere Towards the End\*** by Diana Athill



### DVDs New in the Media Library

**The Bachelor and the Bobby-Soxer**

**Billy Elliot**

**Chaplin**

**Die Meistersinger Von Nurnberg\***

**From Here to Eternity\***

**The Ghost Writer**

**The Greatest**

**Greenberg**

**The Hustler\***

**La Cage aux Folles\***

**La Clemenza Di Tito\***

**The Louvre**

**A Prophet**

**The Trouble with Harry**

## Plymouth Harbor Hosting Sarasota's Got Talent Auditions

**Saturday ~ September 11 ~ 9:00 am -- 5:00 pm**

The Center for Musical Theater at Julie Rohr Academy was formed to encourage students to excel in the arts. This is the second year that the Center is sponsoring a community-wide Sarasota's Got Talent competition, and the second year that Plymouth Harbor is hosting the auditions for this competition. Competitors will be judged in three categories -- juvenile, teen and adult -- by a team of judges from The Players, the Golden Apple Dinner Theater and the Julie Rohr Academy. Drop by Pilgrim Hall any time throughout the day to watch the auditions.



## Health and Wellness ...

The Low Vision Group presents ...



**Keye Wong, MD**

**New Developments in the Treatment of Eye Disease**

**Friday ~ September 17 ~ 3:00 pm ~ MacNeil Chapel**



**Yoga Classes are ON HOLD until October**

Many residents have been away for the summer and are still away in September, so Yoga classes are on hold until October. We'll get more information to you when we are ready to start up again.

### **Complimentary Ear Check & Hearing Aid Clinic**

**(Low Vision Resource Center)**

**Tuesday, September 7**

Dr. Susan Schnack with Sarasota Hearing Center

**Tuesday, September 21**

Marjorie Sancic, BC-HIS, with Andrew Marlow, MD

**Please call Home Care at Ext. 210 for an appointment**



### **Operation Yellow Ribbon**

**Thursday ~ September 9 ~ 7:45 pm ~ Pilgrim Hall**

As the anniversary of September 11, 2001, approaches let's take time to thank our Canadian neighbors for their outpouring of love and generosity during that tragic time. Originally broadcast during NBC's coverage of the Vancouver Winter Games, Tom Brokaw's documentary "Operation Yellow Ribbon" is the story of the town of Gander, Newfoundland, where on September 11, 2001, 7400 airline passengers were diverted from U.S. airspace and then welcomed by a caring community. While watching this, Americans should wonder whether Canada is not America's right arm in a crisis. DVD: approx. 60 minutes



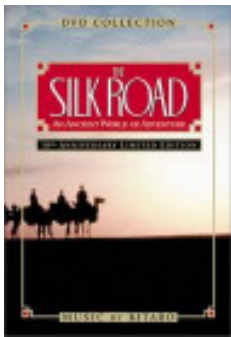
~ Presented by the Civic Affairs Committee ~

# The Program Committee presents ...

## Disney's OCEANS: The Arctic Ocean

Thursday ~ September 2 ~ 7:45 pm ~ Pilgrim Hall

A team of intrepid adventurers -- including a maritime archaeologist, a marine biologist, and conservationist Philippe Cousteau -- undertake a journey to discover the world beneath the waves. In this episode they dive beneath frozen Arctic ice-sheets to reveal new discoveries and new mysteries about our oceans. DVD: approx. 60 minutes



## THE SILK ROAD

### Khotan: Oasis of Silk and Jade

Thursday ~ September 16 ~ 7:45 pm ~ Pilgrim Hall

Search the Kun-Lun mountains for one of the most prized substances in the world: jade. Witness many rug weavers working with techniques mastered thousands of years ago. DVD: approx. 60 minutes



## Fogt's Junior All Stars

Thursday ~ September 23 ~ 7:45 pm  
Pilgrim Hall



The kids are all right! A dozen or so talented teens from ages 13 to 17 will treat us to an evening of blues and jazz -- the music of your youth! Come, sit back and enjoy!



## Jay Handelman

*Sarasota Herald-Tribune Arts Critic*

### *Looking Back and Forward in the Arts*

Thursday ~ September 30 ~ 7:45 pm ~ Pilgrim Hall

Long-time *Herald-Tribune* arts writer Jay Handelman will give us an overview of the upcoming season, as well as some insight into how the internet has impacted reviewing and critiquing of the arts.





**Carla Smith**

Chairman, Board of Trustees

**Harry E. Hobson**

President/CEO

**Garry Jackson**

Senior Vice President/CFO

**Dorothy Barichak**

Administrator of Health Services

**Gordon Okawa**

Vice President  
Marketing & Community Affairs

**Harbor Light Staff**

**Dinah Stamp**

Administrator of Resident Relations

**Maryanne Shorin**

Resident Services Coordinator

**Harbor Light**

**Biography Committee**

Maizie Abuza, *chair*

Betty Blair Martha Buenneke

Perry Monroe Isabel Pedersen

Peggy Schwarz Jim Stern

Sallie Van Arsdale Don Wallace



700 John Ringling Blvd.  
Sarasota, FL 34236-1551  
941-365-2600  
<http://plymouthharbor.org>



# MOVIES

## Showing in September

Sundays at 2:00 pm & 7:00 pm

- September 5 *Nothing But the Truth*  
2008 Color 107 minutes Rated R
- September 12 *The Greatest Game Ever Played*  
2005 Color 121 minutes Rated PG
- September 19 *The Singing Revolution*  
2006 Color 97 minutes Not Rated
- September 26 *That Evening Sun*  
2009 Color 110 minutes Rated PG-13

Have a movie request?  
Call Ext. 252 and let us know

Tuesdays at 2:00 pm & 7:45 pm

- September 7 *A Funny Thing Happened ... Forum*  
1966 Color 97 minutes Not Rated
- September 14 *City Island*  
2009 Color 104 minutes Rated PG-13
- September 21 *A Streetcar Named Desire*  
1951 B&W 122 minutes Rated PG
- September 28 *Letters to Juliet*  
2010 Color 105 minutes Rated PG