

HARBOR LIGHT

December 2010

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

New Year's Eve Gala Friday, December 31

Complimentary Cocktails
5:30 pm -- 6:30 pm

One seating dinner 6:30 pm

Music by The Wright Sounds

Reservation slips will be distributed in early December. The cost for this evening includes complimentary cocktail hour, dinner, entertainment and dance floor.

COST: \$65.00 per resident ~ \$80.00 per guest



Mayflower Dining Room

Christmas Day Buffet

11:30 am -- 2:00 pm

CLOSED for DINNER



The Season of Traditions from Chaplain Jerry O'Connor ...

The season began with Thanksgiving; 24 million people were said to use air travel to return to family and friends for the *traditional* Thanksgiving holiday; favorite recipes resulted in traditional foods and annual Christmas/Holiday parades and football games were part of our day. In December we celebrate Hanukkah and Christmas, each with its distinct traditions. Hanukkah remembers the restoration of the Temple in Jerusalem in 165 B.C.E. and the lamp that burned eight days on one day's supply of oil -- A MIRACLE! Christmas calls forth the MIRACLE of a child's birth; according to Isaiah he was to be named *Immanuel* (meaning, God is with us); we know him as the Christ Child, born in Bethlehem to Joseph and Mary -- *Prince of Peace, Hope of the world, gift of joy and love.*

In this season I am reminded of the traditions I grew up with and tried to pass on to our children: Thanksgiving required turkey, dressing, cranberries, pumpkin pie and a time for family to gather. Christmas meant the traditional tree dripping with tinsel and colored lights standing tall above a snow village and an electric train beneath. When Barbara and I married, we merged some and started new traditions: a hand carved crèche bought in Oberammergau was prominently displayed each season -- when our daughter was a toddler, she delighted in rearranging the shepherds and wise men each day -- and a train purchased in Cologne, Germany, became our son's fascination beneath the tree. Grandparents came for the holidays, gifts were given and received -- WHAT JOY!

But life changes, the children are grown and gone, grandchildren have arrived and they, too, will flee the nests that have sheltered them. Our holiday season is different, we can't be with family as often as we might like, but memories of traditions we held dear have pointed us in new directions. They are modified and even forgotten as life's pathways twist and turn -- BUT LIFE IS GOOD! Strangers have become friends (even family), new recipes have become favorites or restaurants take the place of family tables. It has been said, "Tradition can serve as an anchor or a rudder." The former definition ties us down, but the latter becomes more important as a *rudder* guiding us into new safe harbors, as time passes.

As the holiday season unfolds, may the promise of new life revealed in each newborn child point us in the direction of hope, love, joy and peace. May the lamp that burned in the Temple remind us of how light pushes back the darkness in our lives -- each new day is a GIFT, RECEIVE IT WITH GRATITUDE, USE IT WITH PURPOSE AND CELEBRATE WITH ENTHUSIASM.

*Happy Holidays, Hanukkah, and Merry Christmas
to You and Yours*



HOW TO DISPOSE OF Fluorescent Light Bulbs & Batteries

CFLs (compact fluorescent light bulbs) and other fluorescent light bulbs are great energy savers and last a long time. Eventually they do burn out, however, and require special care for disposal. Why? Because these otherwise wonderful bulbs contain mercury.



Some batteries also contain substances that require special care for disposal. These include hearing aid batteries, rechargeable batteries, nickel-cadmium batteries, lithium batteries, small sealed lead-acid batteries, and any non-alkaline batteries.



Batteries that can be discarded with the trash are those labeled A, AA, AAA, C and D (easy to remember as the alphabet batteries).

Happily, our Maintenance Department will properly dispose of dead CFLs and other fluorescent light bulbs as well as non-alphabet batteries that harbor harmful substances. You may give these to your housekeeper or take them to the Maintenance Department office on the Ground floor.

~ Compliments of the Conservation Committee ~

Employee of the Month -- December 2010

Maureen Valenti of Accounting

“Maureen has really turned payroll around in the short time she has been here. She is always positive and has a smile on her face no matter how tough things get. She is a team player and a really fine example of Plymouth Harbor’s “Employee of the Month.”



New 2010-2011 Officers Elected to Plymouth Harbor's Board of Trustees

Tom Hopkins Named as New Chairman



F. Thomas Hopkins

During Plymouth Harbor's 2010 annual meeting of the Board of Trustees in November, **F. Thomas Hopkins**, a current shareholder and former president of the Icard-Merrill law firm, was named as Plymouth Harbor's new chairman of the Board. Tom was most recently the treasurer of the Board. He has served two years as a trustee and is a member of the Executive and Finance Committees. **Jody Hudgins**, executive vice president of First National Bank of PA in Sarasota, was re-elected as the vice chairman. Jody serves as the current chair of the Finance Committee and is a member of the Executive Committee.

Two trustees were newly elected as officers of the Board. The new treasurer is **John M. Strickland**, a partner of the Livingston, Patterson, Strickland and Siegel, P.A. law firm. John is a member of the Finance and Strategic Planning Committees and has served as a trustee for two years. The new secretary is **William R. Johnston**, past president and chief operating officer for the New York Stock Exchange. Bill is the chair of the Philanthropic Advisory Committee, a member of the Strategic Planning Committee and has completed his third year as a trustee. In addition, Bill has a long legacy with Plymouth Harbor as both his mother and father, uncle and two aunts lived at Plymouth Harbor previously, not to mention that he and his wife are also on the Reservation List.

Carla Plush Smith, a Florida CPA, has completed her second three-year term as a trustee and will serve one more year as the immediate past chairman and ex-officio member of the Board. At the annual meeting, Plymouth Harbor recognized her dedication and service to the Board as chairman with the presentation of an engraved, crystal gavel. In 2010 Carla served as the chair of the Executive Committee and as a member of the Audit Committee.

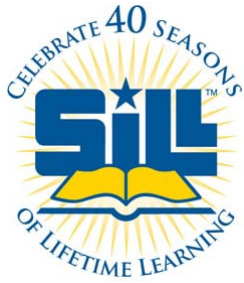
Two trustees will serve a second three-year term. **Lee Byron**, a real estate agent with Michael Saunders, is the current chair of the Strategic Planning Committee and a member of the Philanthropic Advisory Committee. **Robert Mitchell**, owner of Rowe-Mitchell Construction Company, is the current chair of the Building Committee and a member of the Executive Committee.

Harry Hobson Appointed to Second Term on Governor's Council

Governor Charlie Crist's office recently announced that Harry E. Hobson, President and CEO, has been appointed to a second term on the Governor's Continuing Care Advisory Council.

"This is an important appointment and while I recognize that I represent CCRCs as a whole, I most definitely represent Plymouth Harbor in Tallahassee." Among other things, Governor Crist relies on this Council for input related to changes in CCRC policies and it also assists him to determine what impact Health Care Reform and other federal programs will have on our retirees.

Mr. Hobson has held similar appointments in Ohio and Virginia.



SILL Celebrates 40 Years in 2011

Join us as we help to "Sill-a-brate" Sarasota Institute for Lifetime Learning's 40th anniversary in 2011. Plymouth Harbor will offer its third year of simulcasting SILL's ever popular Global Issues lecture series starting on Thursday, January 6, 2011.

"By recognizing 40 years of quality programming to the Sarasota area by SILL, it's an honor to help this organization celebrate this milestone by also acknowledging its original home at Plymouth Harbor, where Dr. Evelyn Duvall, an early resident, first founded and presented its first lectures back in 1972," commented Gordon Okawa, vice president of marketing and community affairs.

As a way to recognize SILL's 40th anniversary, Plymouth Harbor will be offering SILL's bonus "SILL-a-bration" lecture on Thursday, January 6, 2011, with popular SILL speaker Jerry Pubantz, acclaimed U.S. policy expert, discussing "The Diplomacy of Barack Obama." This special lecture is being offered by SILL in addition to the normal 12 weekly lectures that officially start on January 13, 2011. On Friday, January 7, 2011, we will be offering another bonus simulcast, a free preview of SILL's Music Mondays with featured guest Dick Hyman, world-renowned jazz musician and composer.

"Ticket sales have been strong again this year. We expect to see more of our Reservation List members attend these lectures," reported Gordon.

"Dr. Duvall would be proud to see how her "fledgling organization" has grown from its modest beginnings and how many people it has touched throughout its 40 year journey," stated Harry Hobson, CEO/president. "I know Plymouth Harbor is proud to be a part of this "SILL-a-bration!"

FIRESIDE CHAT

SILL's 40th Anniversary Celebration

Come Meet SILL's Leadership

Wednesday ~ December 1 ~ 2:00 pm ~ Pilgrim Hall

INTRODUCING

Nancy L. Lyon

Move-In Date: July 21, 2010

Apt. T-1703 Ext. 478

While other Plymouth Harbor residents may enjoy spending their afternoons at the bridge table, newcomer Nancy Lyon would rather be horseback riding or rowing.

A lifelong New Yorker (Long Island), Nancy now has become a committed Floridian. In the midst of a 40-year marriage to Bob Lyon, a Grumman aerospace engineer, they found themselves in Camarillo, California. Four years there convinced them to move to Florida, which they did in 1997.



A 1964 graduate of Vermont College, Nancy has had a varied career as a pre-school teacher, caregiver, stay-at-home mom and companion/

social secretary to an older single lady. Except for being a mom, being a social secretary was her favorite job.

She is the mother of two children: son, Andrew, in Long Island who, though he has a degree in mathematics, loves his work as a golf caddie, and daughter, Amy, who lives here in Sarasota and has recently presented Nancy with her first grandchild, a boy they call Trey.

Nancy enjoys painting watercolors, reading and boating. Most of all, she likes travelling, and has been to India, Egypt, Thailand and Australia. If she were to return to any of her travel destinations, it would be to Italy and England.

A widow, she is busy in Sarasota as a volunteer at Selby Gardens, Mote Marine Laboratory and Sarasota Memorial Hospital.

Welcome to this charming new resident of the 17th floor.

- Betty Blair

Mezzanine Art Gallery

TIMELESS BEAUTY AND PLACES

Watercolor & Collage

The Work of Arless Day

Opening Reception

Tuesday ~ December 7

4:30 pm to 6:00 pm

Arless Day will discuss his work at 5:30 pm in the Chapel during the Opening Reception



INTRODUCING

Mary L. Hodgson

Move-In Date: November 1, 2010

Apt. T-1807 Ext. 550

When Mary Hodgson says her hobby is “keeping up with friends” all over the country, it is clear that she likes people. She likes tennis. She likes golf. She loves her church where she sings in the choir, but her hobby is people.



So it is not surprising that Dr. Mary’s career was helping people. From junior high and elementary school counseling to teaching future school counselors at the State University of New York at Brockport and the University of Rochester, it was all about people. And when, after moonlighting as a private therapist, she became a full-time therapist, that was not a surprise either. Since relationship counseling often uncovers sexual problems, sex therapy became a subspecialty for her.

Education, for Mary, was interspersed with ups and downs in her personal life. On graduating from Mount Holyoke College and marrying John Hodgson, she lived in New York while he finished his doctorate. Their first son was born in a naval hospital in California while Jack was away on duty. When Mary was 31, she lost Jack to cancer, leaving her with two young sons in a small town in upstate New York where Jack had been supervising principal. She soon moved to

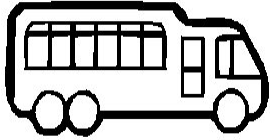
Syracuse while working on a master’s degree in counseling. Next came a job in Pittsford, and later a second husband. Tom brought two children into the family. For four years, Mary concentrated on the children before returning to work. Though the marriage ended after nine years, those two children are still a part of her life.

Doing therapy in groups was a method Mary preferred. In a group working on “Change,” she met Ed Morin. On marrying him sometime later she acquired four more stepchildren. She also acquired a husband who would help her with some of the scut work on her dissertation. To finish her doctorate at the University of Buffalo, she researched Career Development of College-Educated Women as Affected by Their Intimacy Needs and Their Achievement Needs. Her sample was a large enough group of Mount Holyoke graduates that, in the days of punch cards for computers, there was plenty of dumb work. Thank you, Ed. But, sadly, Ed, too, was lost to cancer a few years ago.

Mary’s summers in Hanford Bay near her childhood home in Buffalo (and near her cousin Dory Evans) are one constant. Another is her fondness for Dartmouth College where her husband and both sons graduated and where her doctor son went to medical school. He is now in Pennsylvania while her other son is an investment banker in New York.

Many of us here will be happy to be added to Mary’s voluminous list of friends.

- Ish Pederson



Places to Go ... Call Ext. 252 to sign up

**THEATER OUTING to Rodgers and Hammerstein's *Cinderella*
at Booker's Visual & Performing Arts Center**

Wednesday, December 8 departing at 6:30 pm

Nobody does it like Rodgers and Hammerstein!

Cost: \$17.00 includes bus & ticket



MUSEUM OUTING to Chihuly Exhibit in St. Petersburg

Friday, December 17 departing at 9:00 am

What a day! Visit the Hot Shop to see glass blowers in action, have lunch at 400 Beach Seafood & Tap House, and enjoy a docent led tour of the Chihuly Collection at the Morean Arts Center, and then, of course, time to visit the gift shop.

Cost: \$70.00 includes bus, tickets to Hot Shop and Chihuly Exhibit, lunch entree, beverage (wine OK), dessert, tax and tip



HOLIDAY TOUR OF LIGHTS

Monday, December 20 or Tuesday, December 21

Bus departs 7:30 pm

No Charge for this Holiday Outing



Circus Sarasota

Tuesday, February 8, 2011
Great VIP Reserved Box Seats
Bus departs 6:15 pm
Cost: \$51.00 includes bus and ticket
Reserve early for best seating





New in the Library (* indicates a gift)

FICTION - Regular Print

Bitter in the Mouth by Monique Truong
Blow Out* by Catherine Coulter
Dark of the Moon* by John Sanford
Greece* by Alan Furst
The Pleasure of My Company* by Steve Martin
Primary Colors* by Anonymous
Spies of the Balkans* by Alan Furst
Treasure Hunt* by John Lescroart

FICTION - Large Print

The Confession by John Grisham
Cross Roads* by Fern Michaels
Don't Blink* by James Patterson
 & Howard Roughan
Legacy* by Danielle Steel
Painted Ladies by Robert B. Parker
Playing the Game* by Barbara Taylor Bradford
The Queen's Jewels* by Jessica Fletcher
The Reversal by Michael Connelly
Safe Haven by Nicholas Sparks
Santa Fe Edge* by Stuart Woods

NONFICTION - Regular Print

Bloody Crimes* by James L. Swanson
The Diary of Anne Frank by Anne Frank
Even Silence Has An End by Ingrid Betancourt
The Liberators by Michael Hirsh
Making Our Democracy Work
 by Stephen Breyer
Our Kind of Traitor by John Le Carre
The Second Four Books of Poems*
 by W. S. Merwin
Somewhere Towards the End by Diana Athill
Washington: A Life by Ron Chernow
Widow to Widow by Genevieve Davis Ginsburg

DVDs New in the Media Library

The Agony and the Ecstasy
The City of Your Final Destination
Don Quixote
The English Patient
The Girl Who Played with Fire
Gone with the Wind*
Great Museums: George Eastman House
Great Museums: Morris Museum of Art
How to Succeed in Business ...
I Am Love
Me and Orson Welles
Mid-August Lunch
The Pianist
Robin Hood
The Secret in their Eyes
Solitary Man
To Have and Have Not*
The Verdict
Winter's Bone



Book Discussion

The Fall

by Albert Camus

Friday ~ December 10
 3:00 pm in the Card Room

Discussion led by Neal Oxenhandler

Call Ext. 252 to sign up & for a copy
 of the book (\$13.00).

Health Matters

**Nutritional Supplements:
The Hype, the Hope,
the Facts**

presented by
Samuel Kalush, MD

**Wednesday
December 15
3:00 pm
Pilgrim Hall**



Holiday Tea

**Plymouth Rock Cafe
3:00 pm
Wednesday, December 22**



**Christmas Service
4:00 pm ~ Pilgrim Hall**

Music by the Chancel Choir of First
Congregational United Church of Christ

What's with this market?

- ◆ Exchange ideas with fellow residents about the market - past and future
- ◆ Test your skill as a prognosticator --
- ◆ Where will the market be in six months?



Thursday ~ December 16 ~ 9:30 am ~ Pilgrim Hall

- Sponsored by the Investment Group -



**Songs of the Season
Sing Along**



Led by Chaplain Jerry and Don Wallace
with the Plymouth Harbor Singers



Thursday ~ December 23 ~ 3:00 pm ~ Pilgrim Hall

The Program Committee presents ...

The Tasteful Century Selected 19th Century Architectural Styles by William Murtagh



Thursday ~ December 2 ~ 7:45 pm ~ Pilgrim Hall
The Program Committee, in cooperation with the Mezzanine Gallery Committee, brings us a “magic lantern” presentation -- an illustrated discussion of the rapidly evolving multiple tastes of the period.



Riverview High School Chorus

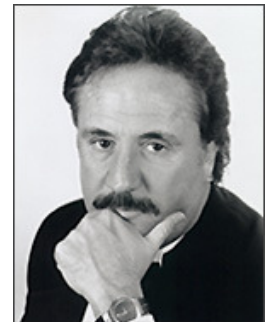
Thursday ~ December 16 ~ 7:45 pm ~ Pilgrim Hall
Just in time for the holidays! Every time they perform for us, we marvel at the talent and professionalism of the high school students who make up one of Florida’s best choral groups, and this time will be no exception!



Peter Salomon

American Popular Music

Tuesday ~ December 28 ~ 7:45 pm ~ Pilgrim Hall
Get ready for an evening of music and song from your past. Last time Peter Salomon graced our stage he wowed the audience with his dynamic personality and voice. You won’t want to miss this one!



- Presented by the Civic Affairs Committee -

Mote Marine Policy Institute by Barbara Lausche, Deputy Director

Thursday ~ December 9 ~ 7:45 pm ~ Pilgrim Hall

The Institute’s mission is to connect science to society, to improve the connection by providing timely, credible policy assessments, and advise decision-makers and stakeholders. With recent events in the Gulf, the program will undoubtedly be of great interest!



Tom Hopkins

Chairman, Board of Trustees

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Maryanne Shorin

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Harbor Light

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Maizie Abuza, *chair*

Betty Blair Perry Monroe

Isabel Pedersen

Peggy Schwarz Jim Stern

Sallie Van Arsdale Don Wallace



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in December

Sundays at 2:00 pm & 7:00 pm

December 5	<i>The Kids Are All Right</i>
2010	Color 106 minutes Rated R
December 12	<i>Waking Ned Devine</i>
1998	Color 91 minutes Rated PG
December 19	<i>Helen</i>
2008	Color 119 minutes Rated R
December 26	<i>Singin' in the Rain</i>
1952	Color 103 minutes Rated G

Have a movie request? Call Ext. 252.

Tuesdays at 7:45 pm

December 7	<i>A Man for All Seasons</i>
1966	Color 120 minutes Rated G
December 14	<i>Gilda</i>
1946	B&W 110 minutes Not Rated
December 21	<i>A Christmas Carol</i>
1951	Color 86 minutes Not Rated
December 28	No Movie -- Peter Salomon Program