

HARBOR LIGHT

November 2010

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551



*Fellowship Reception and
Thanksgiving Service*

Wednesday ~ November 24
Reception at 3:00 pm in Plymouth Rock Cafe
Service at 4:00 pm in Pilgrim Hall

Reflections from Chaplain Jerry O'Connor ...

Job 28:12-13 But where shall wisdom be found? And where is the place of understanding? Mortals do not know the way to it and it is not found in the land of the living.

A recent item on the editorial page of the *Herald Tribune* addressed our systemic ignorance of religion. Nicholas Kristof was the writer and he presented a pop quiz in the shadow of a Pew Research Center poll in which religious people turned out to be remarkably uninformed about religion. I was startled over my own ignorance as an ordained minister in the United Church of Christ for 48 years. Ask me a question and I'll admit my ignorance, but I'll find the answer. As to what I should know in order to help others discover wisdom and truth — well, I'm still learning.

Religion is a hot topic these days — especially in regard to all the issues many of us have about Islam. Other religions don't seem to bother us all that much, like Hinduism, Buddhism, etc., but when we feel our Christian foundations, as individuals and as a nation, are threatened, we react — and not always with a sense of knowledge. We tend to react emotionally and pretend to “know” while not knowing much, if anything, about other religions, much less our own.

We are in the midst of a new Chapel Talk series, *The History of the Bible: The Making of the New Testament Canon*, using DVD lectures presented by Bart Ehrman, professor and chair of the Department of Religion at the University of North Carolina, Chapel Hill. There are 12 sessions in this course and I was intrigued by a comment he made regarding our ignorance; he says, “The New Testament is appreciated and respected far more than it's known, and that's not just true among religious people who consider themselves Christian, ...” We think we know, but lack historical evidence for much that calls forth emotional response in life, be it religion(s), politics, societal changes and technology; we live in a fascinating time and there is so much more for us to learn. Come join us and let us learn together, filling in the gaps in our knowledge, pushing ignorance aside for the joy of understanding ourselves and others more clearly.

Advent begins on Sunday, November 28. The Chapel will be decorated for the Advent/Christmas Season and the Hanukkah Lamp will be lighted on December 1 for the following 8 days.

In Memoriam

Jacqueline Foley

October 12, 2010

Barbara W. Hughes

October 13, 2010

Elizabeth G. Johns

October 19, 2010

Frances T. Meade

October 21, 2010





Electricity Off -- Then What?

Many of us were treated to several hours without electricity last month. The question is "What did we learn in those few hours?"

The first lesson is one we hardly needed. We relearned how frighteningly dependent we are on electric power. This is not a new lesson. Going through a hurricane, a windstorm or ice storm taught us that long since.

But, if we put our minds to it, can we learn additional ways to save that always valuable electricity? Well, maybe there are a few ways. For instance, reading by outside light works well, if you drag a chair near a window. There are some activities that do not require bright lights, think brushing teeth or hair. And how often do you turn on a light to go into a room which has light enough already?

The biggest inconvenience, and the place where the biggest savings might occur, is the loss of our air conditioning. Were any of you comfortable for a degree or two when the temperature was rising because the air conditioning was off? If we could set our thermostats a degree higher, the savings in both energy used and lower bills would be measurable.



Now that it is November, we are in a month when huge savings are possible. The season has arrived when some of us need neither cooling nor heating. Whether you can stay comfortable, just by opening and closing windows, depends on where your apartment is located. If you are on the north or east sides of Plymouth Harbor this may work for you. But even on the south or west, you should be able to use less power if you use windows to help cool your apartment.

It is not often that we can save so much expensive electricity with so little inconvenience. It is a pretty small thing to do, considering that we are just trying to save our planet.

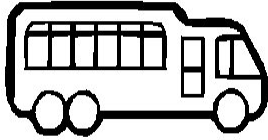
~ Compliments of the Conservation Committee ~

Employee of the Month -- November 2010

Jason Redmon from SCC Activities

"Jason is always full of positive energy to motivate the residents to do any kind of activity that helps them improve their mental and physical health. Jason is very polite and he has excellent relations with the residents and with his co-workers."





Places to Go ... Call Ext. 252 to sign up

Dinner Outing to Empress Garden -- Chinese & Thai

Monday, November 8 departing at 5:30 pm

If you've got a yen for Chinese, here's the place to go.

Cost: \$7.00 bus & Dutch treat dinner



Shopping Trip to Ellenton Premium Outlets

Friday, November 19 departing at 9:30 am

Get ready, Get set, Shop! Something for everyone ... Chico's, Polo Ralph Lauren, Saks' Off 5th, Gap Outlet, Easy Spirit, Coach, Kate Spade, Le Gourmet Chef, Rack Room Shoes, Stuart Weitzman, Liz Clairborne, and more.

Cost: \$10.00 bus & Dutch treat lunch at Food Court



Theater Outing: Rodgers and Hammerstein's *Cinderella* at Booker's Visual & Performing Arts Center

Wednesday, December 8 departing at 6:30 pm

Nobody does it like Rodgers and Hammerstein!

Cost: \$17.00 includes bus & ticket



Museum Outing to Chihuly Exhibit in St. Petersburg

Friday, December 17 departing at 9:00 am

What a day! Visit the Morean Arts Center's Hot Shop to see glass blowers in action, have lunch at 400 Beach Seafood & Tap House, and enjoy a docent led tour of the Chihuly Collection, and then, of course, time to visit the gift shop.

Cost: \$70.00 includes bus, tickets to Hot Shop and Chihuly Exhibit, lunch entree, beverage (wine OK), dessert, tax and tip



**Mayflower Dining Room
Thanksgiving Hours
11:30 am -- 2:00 pm
CLOSED for DINNER**





New in the Library (* indicates a gift)

FICTION - Regular Print

The Death of an Adversary* by Hans Keilson
The Invisible Bridge* by Julie Orringer
Let the Great World Spin by Colum McCann
A Question of Belief by Donna Leon
The Scarecrow* by Michael Connelly
Some Sing, Some Cry by Ntozake Shange

FICTION - Large Print

Cure* by Robin Cook
Safe Haven* by Nicholas Sparks
Spider Bones* by Kathy Reichs

NONFICTION - Regular Print

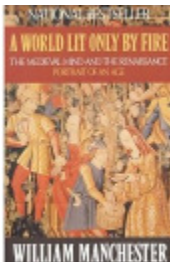
The Grand Design by Stephen Hawking
Justice Brennan by Seth Stern
Obama's Wars by Bob Woodward
Revolutionaries* by Jack Rakove
The Warmth of Other Suns by Isabel Wilkerson

DVDs New in the Media Library

Alfred Hitchcock's Psycho
Babies **Harry Brown**
Letters to God **Letters to Juliet**
Little Big Man **That Evening Sun**
Somebody Up There Likes Me
A Streetcar Named Desire

Upcoming Book Discussions -- All Are Welcome

*A World Lit Only by Fire:
 The Medieval Mind
 and the Renaissance*
 by William Manchester



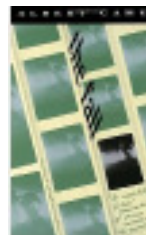
Friday
 November 12
 3:00 pm
 Card Room

Discussion led by Jim Griffith

Call Ext. 252 to sign up & for a copy of the book (\$14.00).

The Fall
 by Albert Camus

"The judge is sentenced to remember laughter and terror that pursue him from the bridges of Paris to Amsterdam."



Friday
 December 10
 3:00 pm
 Card Room

Discussion led by Neal Oxenhandler

Call Ext. 252 to sign up & for a copy of the book (\$13.00).

Health and Wellness ...

The Low Vision Group presents ...

Adaptive Techniques

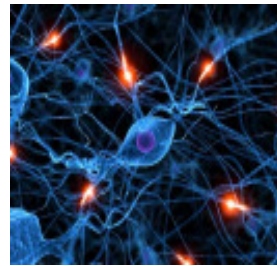
presented by
Sally Meyers, Rehab Therapist
The Lighthouse of Manasota



Friday
November 5
3:00 pm
MacNeil Chapel

Health Matters Alzheimer's Update 2010

presented by
Alan B. Grindal, MD



Monday
November 29
3:00 pm
Pilgrim Hall



What's Hot and What's Not

Guest Speaker

Robert H. Stovall

Wall Street guru Robert Stovall, a three-decade panelist on *Wall Street Week* and regular columnist for *Forbes* and *Financial World* magazines, as well as a frequent guest on CNN, CNBS-TV, Bloomberg, Fox and PBS, will share his thoughts on What's Hot ... and What's Not.

Thursday ~ November 18 ~ 9:30 am ~ Pilgrim Hall

- Sponsored by the Investment Group -

General Election Day - November 2

Plymouth Harbor's Civic Affairs
Comittee urges you to exercise your
voting privilege on Election Day.



Card Room
7:00 am to 7:00 pm

The Program Committee presents ...

Sarasota Bay Estuary Program

Thursday ~ November 4 ~ 7:45 pm ~ Pilgrim Hall



Since 1989 the Sarasota Bay Estuary Program has had a vision of a bay with clear water and an abundant habitat supporting a wide variety of aquatic life. Sara Kane, outreach program coordinator, will give us some insight into one of our most valuable assets, Sarasota Bay, and what we can do to reduce water pollution.



Midway Atoll - Discovery to War to Wildlife Refuge

Thursday ~ November 11 ~ 7:45 pm ~ Pilgrim Hall

Plymouth Harbor resident Lou Newman recently visited the Midway Atoll (as its name suggests, it's located mid-way between North America and Asia) and with his camera lens he's delved into its history as a WWII battleground later turned wildlife refuge. Lou will share photographs with commentary from this trip.



Two of A Kind

Friday ~ November 26 ~ 3:00 pm ~ Pilgrim Hall



Two of A Kind is David and Jenny Heitler-Klevans, an award-winning husband and wife musical duo performing songs ranging from the personal to the worldly, from the sublime to the ridiculous. Their adult repertoire includes a rich mix of original songs along with traditional. David is the grandson of Plymouth Harbor residents Florence and George Heitler.

Cocktails **New Residents Cocktail Reception** *Hots d'oeuvres*

Wednesday *November 17* *5:00 pm - 6:00 pm* *Poolside*

Come Meet Our Many New Residents



Carla Smith

Chairman, Board of Trustees

Harry E. Hobson

President/CEO

Garry Jackson

Senior Vice President/CFO

Dorothy Barichak

Administrator of Health Services

Gordon Okawa

Vice President

Marketing & Community Affairs

Harbor Light Staff

Dinah Stamp

Administrator of Resident Relations

Maryanne Shorin

Resident Services Coordinator

Harbor Light

Biography Committee

Maizie Abuza, *chair*

Betty Blair Martha Buenneke

Perry Monroe Isabel Pedersen

Peggy Schwarz Jim Stern

Sallie Van Arsdale Don Wallace



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in November

Tuesdays at 7:45 pm

(There will be no 2:00 showing of movies)

November 2	<i>How to Succeed in Business ...</i>		
1967	Color	121 minutes	Not Rated
November 9	<i>Solitary Man</i>		
2009	Color	90 minutes	Rated R
November 16	<i>The Pianist</i>		
2002	Color	150 minutes	Rated R
November 23	<i>Please Give</i>		
2010	Color	90 minutes	Rated R
November 30	<i>Midnight in the Garden of Good and Evil</i>		
1997	Color	155 minutes	Rated R

Have a movie request?
Call Ext. 252 and let us know

Sundays at 2:00 pm & 7:00 pm

November 7	<i>The English Patient</i>		
1996	Color	162 minutes	Rated R
November 14	<i>The Agony and the Ecstasy</i>		
1965	Color	138 minutes	Not Rated
November 21	<i>Death at a Funeral</i>		
2010	Color	92 minutes	Rated R
November 28	<i>Salt</i>		
2010	Color	100 minutes	Rated PG-13