

HARBOR LIGHT

February 2010

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

The Plymouth Harbor Players

present

THE DOG ON THE 17TH FLOOR

A new comedy written and directed by Don Wallace



Well, there may be a dog on the 17th floor and there may not ... that, in a nutshell, is what consumed the residents of a certain upscale retirement community recently ... a place called Puritan Cove in Sarasota, Florida. A quick disclaimer, dear friends: any resemblance to an existing community is strictly intentional.

Three Play Performance Dates

TUESDAY February 23 8:00 pm
WEDNESDAY February 24 2:00 pm & 8:00 pm

Reservations Requested!!

Call Resident Services at Ext. 252 to make your reservation early.

Mayflower Dining Room Dinner Buffets

Both Tuesday and Wednesday Play Nights

Call Ext. 258 to make your reservation for a special buffet dinner before attending the play.

Reflections from Chaplain Jerry O'Connor ...

Mitch Albom's latest book, Have A Little Faith (a true story), finds Mitch renewing his relationship with the Rabbi of his childhood (Al Lewis) who has asked him to give the eulogy at the time of his death. The Rabbi's life journey is filled with joys and sorrows; he lost a child and knew the depths of great sorrow, he built a community in which good news and bad news abounded as his congregation lived out their lives. His story is our story – few among us have not known the pain of sorrow and wondered, “Where is God in the midst of our personal tragedies and why do bad things, like earthquakes, tsunamis, fire storms, floods and mudslides, cause so much death and destruction?” When Mitch asks why bad things happen, the answer is recalled in a sermon the Rabbi once preached about good and evil; he said,

“... the same things in life can be good or evil, depending on what, with free will, we do with them. Speech can bless or curse. Money can save or destroy. Science can heal or kill. Even nature can work for you or against you: fire can warm or burn; water can sustain life or flood it away.

“But nowhere in the story of Creation ... do we read the word ‘bad.’ God did not create bad things.” (p. 198)

An earthquake is not a good thing, but the response of the human family, from near and far, transforms what is perceived as “bad” and calls forth the “good” that is within each of us as we respond by sending millions of dollars, food and material goods to help those who have lost everything. At times we cry out in anger at God for our pain and loss, but faith in the possibility of recovery diminishes the hurt in the present moment. When someone is rescued from the rubble after 11 days, is it not a resurrection? Is it not a testimony to the undying hope of those who believe to dig through the ruins is worth the effort? We cannot give up hope no matter what our loss.

Within our Plymouth Harbor family we have shared the pain of those who call Haiti their “home country”: Sherline Jean's mother was thought to be lost, but has been found alive. Sherline works as a private duty aide to one of our Smith Care Center residents; Marci Francois of Dining Services feared the loss of her family, but rejoiced at the news they are O.K. Good News! Raymonde Orlean, a CNA in our Smith Care Center, has lost an uncle (who raised her) and several cousins — the uncle was a U.S. citizen and on vacation in Haiti when the earthquake occurred. Bad news. Good news and bad news, intermingled and held in balance by the goodness of the human family that suffers together and seeks to rebuild and restore life in the midst of human suffering, death and destruction.

The Rabbi in Mitch Albom's book reminds us that God has placed this world into our hands, to use the divinity that is within each of us to do good in the midst of all that is bad in our human experience. It emphasizes the need for, and the value of, a supporting community. Plymouth Harbor is that kind of community for those who dwell herein and for those we help who live beyond us.

In Memoriam

Richard H. Kessler

January 11, 2010

W. George Gress

January 17, 2010

Elena B. Ekeblad

January 21, 2010





An Enlightenment on Water Issues

The SCOPESEE Water Conservation Committee representatives gave the audience not food, but water, for thought on Tuesday afternoon, January 26th in Pilgrim Hall. There were four speakers and each spoke on a different aspect of water conservation.

A few examples of the information shared:

- ◆ Plymouth Harbor is in the Sarasota Bay Watershed.
- ◆ Water run-off from our campus goes directly into the bay bringing contaminants with it.
- ◆ Possible solutions, such as cisterns to catch run-off and native buffer plants behind our sea walls that would remove contaminants from water before it reached the bay, were mentioned.
- ◆ Low volume aerators (0.5) were recommended for bathroom washbowls. They save more water than most of us realize. Low volume 1.5 aerators on kitchen faucets also save water and still permit an ample flow.



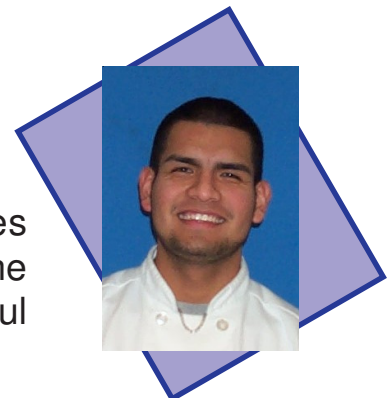
Questions after the presentation probed the subjects discussed and then even sought information about desalinization and agricultural use. It was an enlightening hour.

~ Compliments of the Energy Conservation Group ~

Employee of the Month -- January 2010

Jose Rocha of Dining Services

“Jose has been a super addition to the Dining Services culinary team. He is bright, ambitious, and willing to go the extra mile. His friendly, outgoing personality and beautiful smile make him a pleasure to be around.”





Pierian Spring Academy Spring Courses Offered at Plymouth Harbor



S10A03-P Historical Visions, Local Decisions: Looking at the Art of Our Times

Meaning and aesthetics in 20th century art – an overview of select styles and creativity in modern history, featuring related work in progress by prominent Sarasota artists. The course will be presented through slides, lectures, films, and discussion.

Thursdays, February 25 – April 1 (6 weeks)

2:30 -- 4:30 pm MacNeil Chapel \$65.00 Peter Koenig

S10TH04-P Great Films: The 60's

Trace the evolution of cinema as an art form — watch, analyze, and discuss some of the best films from the 60's: The Virgin Spring, Breathless, Yojimbo, Il Posto, Dr. Strangelove, and Le Samourai. Many foreign, these original directorial visions place artistic values above commercial ones in sharp contrast to the formulaic approach of the big studios.

Fridays, February 26 – April 2 (6 weeks)

2:15 -- 5:00 pm Pilgrim Hall \$65.00 Joyce Stith

Would you like to sign up for one of the Pierian Spring Academy (PSA) courses being offered during the spring semester? If so, you may register:

- Online at PSA website www.pierianspringacademy.org/registration.aspx
- By mail send in registration form included in PSA brochure

You may also drop by the Resident Services Office for assistance with registration and/or questions. Sign up soon. Class sizes are limited.

Fire Drill Policy Enhancement

The Security Department is pleased to announce that Administration has approved a new Fire Drill policy. Strongly endorsed by the Resident Safety Committee, this new policy provides an added level of safety and support by including employees in the monthly fire drill exercises. Designated employees will be trained as Employee Fire Captains and assigned to specific areas throughout the community. When the fire alarm sounds, the Employee Fire Captains will immediately report to their designated areas to assist the Resident Fire Monitor and/or Assistant Resident Fire Monitor. In addition, Employee Fire Captains will be trained to respond and assist in the event of any real emergencies.

SILL Lectures

The Thursday Global Issues Series (Simulcast in Pilgrim Hall)



Lectures begin at 10:30 am, please arrive by 10:15 am

LECTURE 5



CAN THE EUROPEAN UNION AND THE EURO SURVIVE?

FEBRUARY 4

SPEAKER: MARTIN WALKER

Martin Walker examines the EU where its coherence is being sorely tested by a recession even deeper than America's, by deep divisions over management of the euro currency, by Russia's selective use of its energy weapon and by a longer-term demographic fear that its ethnic and social structures are unsustainable.

LECTURE 6



SAUDI ARABIA: THE END OF PROGRESS WITHOUT CHANGE

FEBRUARY 11

SPEAKER: AMBASSADOR CHARLES FREEMAN

Saudi Arabia is famous for its social conservatism but under King Abdullah it is undergoing a quiet revolution both internally and in its relations with the outside world. Ambassador Charles Freeman reports on how the king seems to have come up with the only effective answer to the arguments of the religious extremists who dominate the politics of Afghanistan, Pakistan and Palestine.

LECTURE 7



WHAT CHINESE POWER MEANS FOR AMERICA

FEBRUARY 18

SPEAKER: DR. DAVID LAMPTON

Dr. David Lampton will examine how Chinese have thought about power over the ages, most particularly how they are acquiring, thinking about and using their many new capabilities today. He will examine Beijing's growing military capabilities, and even more importantly China's growing economic and intellectual strengths, the most probable challenge for our children and grandchildren.

LECTURE 8



YEMEN: LEARNING THE RIGHT LESSONS AND AVOIDING THE MISTAKES OF IRAQ AND AFGHANISTAN

FEBRUARY 25

SPEAKER: AMBASSADOR BARBARA BODINE

Is Yemen the Third Front on the War on Terrorism or a failed state beyond redemption? Should our focus be on crushing al Qaeda or building Yemen? What does that mean in terms of how we structure our assistance, our presence and our role? One lesson from Iraq and Afghanistan is that if security trumps governance. How do we learn that lesson and avoid those mistakes?

INTRODUCING

Thomas “Tom” H. Towler

Move-In Date: October 1, 2009

Apt. T-1703 Ext. 478



Tom moved into Plymouth Harbor with his wife in October 2009. She passed away December 21st before many of us had time to meet a lovely, warm and gracious woman. Tom

says that Sue was the heavy lifter in their 57-year marriage, raising the four children, getting them through school and college, married, and helping 10 grandchildren with their education — loving all of them while encouraging all to do their very best.

The Towler NJ/CT nomadic life style started with prep school and Dartmouth College in NH, then to Omaha and the Mobil Oil Company, marriage, interrupted during the Korean conflict, Infantry Rifle Company (CA and WA State), and back to Mobil. Many more moves followed.

After leaving Mobil, Tom spent 10 years in Louisville developing and chairing the largest grocery non-food company in existence today for the Kroger Company. He then chaired the Top Value Trading Stamp Company in Dayton, concurrently chairing TV Travel, and serving as an officer of the Baldwin United Financial Services Company in Cincinnati. During this time he arranged the purchase of the S & H Green Stamp Company, taking them private from the New York Stock Exchange public listing.

Though Tom “retired” in 1984, moving to Siesta Key, he spent 10 years working as a property assessor here with Goodnow Associates. The Towlers moved to Bay Plaza in 2003 followed by a move into Plymouth Harbor bringing to five the number of moves in Florida. Tom is now temporarily residing in the North Garden awaiting the completion of his Tower apartment.

For Tom, what really counts is his life as a volunteer. Difficult as it is to follow his peregrinations, keeping track of his volunteer activities is nearly impossible. In addition to many nonprofit boards around the country, Tom has been busy in Sarasota. He has served 16 years in Surgery Transport at Sarasota Memorial Hospital. For 12 of those years he has been on the SMH Healthcare Foundation Board, some of the time as chair. He is now an elected trustee of SMH. In addition, he has found time to serve on the New College Foundation Board, as chair of Siesta Key Utility Authority, and on the Field Club and Bay Plaza boards. We know that Tom will continue to be the shaker-and-mover he has always been. Since he is the brother of our Jane Smiley, we would expect nothing less.

Tom thinks that encouraging others -- particularly his children -- to volunteer is one of the best things he has done. With four children -- Ned in Louisville, Jill in Lexington, Jon in Atlanta, and Bill in Tulsa, plus 10 grandchildren -- the Towlers have singlehandedly added to the nation’s pool of potential volunteers.

“Average citizens who have enjoyed life” is the way Tom describes Sue’s and his lives. Plymouth Harbor is delighted to have Tom Towler among us, average or not!

INTRODUCING

William “Bill” S. Brackett Ann A. Brackett

Move-In Date: December 18, 2009

Apt. T-1008 Ext. 319

Ann and Bill Brackett are much more than worldwide travelers — they are do-gooders in the best sense of those words. They have worked for nonprofit and church backed agencies in many underdeveloped areas of the world. Have you heard of “Heifer International” or “World Neighbors” (for which they worked)? Among their tasks was to supply heifers to poor farmers in Africa and to teach Spanish to natives on the Amazon in Peru who spoke only a native tongue and needed Spanish to connect with the agricultural world.

The Bracketts graduated from Middlebury College in 1953. Married in ‘54, they have two sons (one who lives in Sarasota) and three grandchildren. They lived in the northern suburbs of Chicago from 1955 to 1985 (Evanston,

Deerfield and Wilmette) where the children were born and educated (New Trier).

Bill spent 30 years in various marketing positions before becoming the CEO of World Neighbors in 1987. After 10 years he retired from that position but continued as a consultant to nonprofit groups providing leadership training, coaching and facilitation.



Ann worked at Northwestern University and was a Presbyterian Church regional executive. She was active in the community in a wide variety of organizations and activities including the League of Women Voters, Citizens Information Service and the Presbyterian Church. She was also licensed as a temporary foster parent for teenage runaways, read tapes for the blind, volunteered for Heifer International, and taught all ages at the church school.

The Bracketts are temporarily housed in N-201 but are looking forward to moving into their permanent Apt. T-1008 in March.

- Jim Stern





New in the Library (* indicates a gift)

FICTION - Regular Print

Last Night in Twisted River* by John Irving
Remarkable Creatures by Tracy Chevalier
Sleepless by Charlie Huston
Stradivarius* by Donald P. Ladew
The Swan Thieves by Elizabeth Kostova
The Sweetness at the Bottom of the Pie
 by Alan Bradley

NONFICTION - Regular Print

Abridged Dewey Decimal Classification*
 by Melvil Dewey
Color and Light* by John Nash Ott
Counselor* by Ted Sorensen
Fee Tale and Fine Print* by John B. Schwemm
The Horse Boy* by Rupert Isaacson
In Defense of Food* by Michael Pollan
The Last Best Hope* by Joe Scarborough
The Omnivore's Dilemma* by Michael Pollan
One Drop* by Bliss Broyard
One Hundred and One Famous Poems*
 by Roy J. Cook
Open by Andre Agassi
Remembering Jack* by Jacques Lowe
Ringling* by David C. Weeks
Ringling Museum of the Circus* by Mel Miller
Sarasota: 1940-2005* by Amy A. Elder
Small Library Cataloging* by Herbert H. Hoffman

FICTION - Large Print

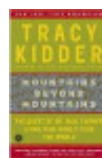
The End of the Road* by Sue Henry
Kindred in Death* by J.D. Robb
Noah's Compass by Anne Tyler
Pirate Latitudes* by Michael Crichton
U is for Undertow* by Sue Grafton
The Year of the Flood by Margaret Atwood

DVDs New in the Media Library

Angels & Demons
The Best of Friends - Seasons 1, 3, 4*
Body Heat*
The Bourne Supremacy*
The Chorus
The Green Mile*
Herb & Dorothy
Julie & Julia
Legally Blonde 2*
My Sister's Keeper
North by Northwest
Saving Private Ryan*
Sideways*
The Sound of Music*
Spider-Man 2*
The Truman Show*

The Library Committee presents
Read/Discuss Books

Mountains Beyond Mountains
 by Tracy Kidder



The true story of Dr. Paul Farmer, who set out to bring the lifesaving tools of modern medicine to those who need them most.

Monday ~ March 15
 3:00 pm in the Card Room

Discussion will be led
 by Dr. James Griffith

Call Ext 252 for a copy of the book
 and to sign up (\$17.00).



Places to Go ... Call Ext. 252 to sign up

Circus Sarasota

Thursday ~ February 18

Bus departs 6:00 pm for 7:00 pm performance

Cost: \$48.00 for VIP Box Seat and transportation
Deadline to sign up is Noon on Monday, February 8



The Baroque World of Fernando Botero

Friday ~ February 19 ~ Bus departs 10:30 am



This is the first retrospective of the Latin American painter/sculptor Fernando Botero's work in North America since 1974. Included are 100 paintings, sculptures and drawings culled from the artist's private collection, from enormous canvases to smaller works. Several huge bronzes are exhibited outdoors on the grounds, and many works have never been exhibited in public.

Cost: \$55.00 includes transportation, admission and lunch (entree, beverage, dessert, tax, tip) at MFA Cafe

2010 La Musica International Chamber Music Festival

Plymouth Harbor Bus Transportation Available

Call Resident Services at Ext. 252 to sign up

Cost is \$7.00 per concert



Concerts at the Sarasota Opera House

April 9, 12, 15, 18, 21



Health and Wellness ...

Health Matters

U.S. Healthcare: The Good, the Bad, and the Ugly *A Cardiologist's Perspective*



presented by
Sam Kalush, MD



Wednesday ~ February 17 ~ 3:00 pm ~ Pilgrim Hall

Complimentary Ear Check & Hearing Aid Clinic (Low Vision Resource Center)

Tuesday, February 2

Dr. Susan Schnack with Sarasota Hearing Center

Tuesday, February 16

Marjorie Sancic, BC-HIS, with Andrew Marlow, MD

Please call Home Care at Ext. 210 for an appointment



Mezzanine Gallery

Mary Lou Johnson

Water: Sustenance and Serenity

February 9 to March 8, 2010

Many of the images, all having to do with water in some way, were taken within a seven mile radius of Plymouth Harbor. Mary Lou Johnson has loved photography most of her life but nine years ago became much more passionate after taking her first photography class. Since then she has taken many classes and ultimately graduated from The New York Institute of Photography. Light and color mingle to play major parts in creating her images of different moods and interests. She enjoys exploring near and far with her camera as you will see. Some images are left untouched and some are enhanced and become the starting point of a new vision.



Opening Reception

Tuesday, February 9

4:30 pm to 7:30 pm

On the Mezzanine

The Program Committee presents ...



Presidents and Their First Ladies *Lyndon and Lady Bird Johnson*

Thursday ~ February 11 ~ 7:45 pm ~ Pilgrim Hall

Back on our stage once again, William and Sue Wills bring another presidential couple to life: Lyndon and Lady Bird Johnson. It was a whirlwind courtship and in their married years she grew into an astute business woman while he became "the master of the Senate." His administration passed more legislation in less time than any since FDR, and he became known for his bigger than life personality.

The Civic Affairs Committee presents ...



The Future of Newspapers

Diane McFarlin

Thursday ~ February 4
7:45 pm in Pilgrim Hall



What does the decline in readership and advertising revenue bode for our own local newspaper, the Sarasota Herald Tribune? Diane McFarlin, publisher of the Sarasota Herald Tribune, will speak about the future of our hometown newspaper and others around the country.

THE
Arts
COUNCIL

Sarasota County Arts Council Update

Jim Shirley, Executive Director

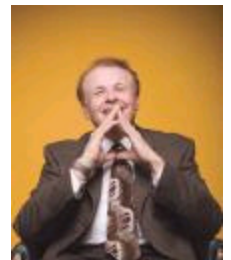
Dr. Larry Thompson, Chairman

Thursday ~ February 25
7:45 pm in Pilgrim Hall



Jim Shirley

As the Arts Council works to raise the profile and awareness of the arts in our community -- particularly among business and government leaders -- it hopes to put greater focus on lobbying for the arts. Jim Shirley, its new executive director, and Dr. Larry Thompson, chairman, will fill us in on new initiatives and the direction it hopes to take.



Larry Thompson



Carla Smith

Chair & President, Board of Trustees

Harry E. Hobson

President/CEO

Garry Jackson

Vice President/CFO

Dorothy Barichak

Administrator of Health Services

Gordon Okawa

Director of Community Relations

Harbor Light Staff

Dinah Stamp

Administrator of Resident Services

Maryanne Shorin

Resident Services Coordinator

Harbor Light

Biography Committee

George Heitler, *chair*

Betty Blair Martha Buenneke
Virginia Cramer Perry Monroe
Isabel Pedersen Peggy Schwarz
Jim Stern Sallie Van Arsdale



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in February

Tuesdays at 2:00 pm & 7:45 pm

February 2 *The Elephant Man*
1980 B&W 123 minutes Rated PG

February 9 *My Reputation*
1946 B&W 94 minutes Not Rated

February 16 *The Man Who Shot Liberty Valance*
1962 B&W 123 minutes Not Rated

February 23 NO MOVIE

Have a movie request?
Call Ext. 252 and let us know

Sundays at 2:00 pm & 7:00 pm

February 7 *The Hurt Locker*
2008 Color 131 minutes Rated R

February 14 *When Harry Met Sally*
1989 Color 96 minutes Rated R

February 21 *The Time Traveler's Wife*
2009 Color 107 minutes Rated PG-13

February 28 *A River Runs Through It*
1992 Color 124 minutes Rated PG