

Plymouth Harbor Calendar of Events October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Aquacises	2 9:00 Advanced Exercise 10:00 Body Moves 10:30 Chapel Talk	3
4 3:00 Jennifer Jill Concert 7:30 MOVIE Sugar	5 Flu Shots!! 9:00 Shuffleboard 9:00 Aquacises 7:30 Bridge	6 9:00 Advanced Exercise 10:00 Body Moves 1:30 Open Studio 2:00 MOVIE 7:45 <i>Picnic</i> 4:30 -- 6:00 Artist Reception	7 10:30 Chapel 2:00 Scrabble 4:00 Movement Magic	8 9:00 Aquacises 10:30 Catholic Mass 3:00 Executive Council 7:45 Arnie Ross Famous Composers of the 20th Century	9 9:00 Advanced Exercise 10:00 Body Moves 10:30 Chapel Talk 3:00 What to Eat to Beat Macular Degeneration	10 9:00 Tai Chi
11 2:00 MOVIE 7:30 Coco Chanel	12 9:00 Shuffleboard 9:00 Aquacises 7:30 Bridge	13 9:00 Advanced Exercise 10:00 Body Moves 10:00 Art from the Heart 1:30 Open Studio 2:00 MOVIE 7:45 Wimbledon	14 9:00 Parkinson's Group 10:30 Chapel 2:00 Scrabble 4:00 Movement Magic	15 9:00 Aquacises 7:45 Helen Fagin	16 9:00 Advanced Exercise 10:00 Body Moves 10:30 Chapel Talk	17 9:00 Tai Chi 9:30 Bd of Directors
18 2:00 MOVIE 7:30 Indecent Proposal	19 9:00 Shuffleboard 9:00 Aquacises 5:00 Dinner Outing Mi Pueblo 7:30 Bridge	20 9:00 Advanced Exercise 10:00 Body Moves 10:00 Art from the Heart 1:30 Open Studio 2:00 MOVIE 7:45 Yentl	21 10:30 Chapel 2:00 Scrabble 3:00 Influenza Update 4:00 Movement Magic	22 9:00 Aquacises 4:00 The Hot Shots	23 9:00 BUS TRIP International Mall 9:00 Advanced Exercise 10:00 Body Moves 10:30 Chapel Talk	24 9:00 Tai Chi 7:15 BUS SRQ Orch
25 1:45 BUS SRQ Orch 2:00 MOVIE 7:30 Gaslight	26 9:00 Shuffleboard 9:00 Aquacises 10:00 Credit Card Fraud 7:30 Bridge	27 9:00 Advanced Exercise 10:00 Body Moves 10:00 Art from the Heart 1:30 Open Studio 2:00 MOVIE 7:45 The Class	28 10:30 Chapel 2:00 Scrabble 4:00 Movement Magic 7:15 BUS Asolo Mertz	29 9:00 Aquacises 2:30 P SRQ History 3:00 Residents Meeting	30 9:00 Advanced Exercise 9:30 P Musical Theater 10:00 Body Moves 10:30 Chapel Talk 2:00 P New World Visions	31 Halloween 9:00 Tai Chi 9:30 Colony Meetings Halloween Buffet and Costume Party