

Harbor Light

May 2009

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

Focus on Employees

The Great American Cleanup



Plymouth Harbor staff and their families volunteered a portion of their Saturday morning, April 18, to clean the walkways between Bird Key and Longboat Key in celebration of the Great American Cleanup Day and keeping Sarasota Beautiful.

Employee Celebration Day

Thursday May 28

Employee Celebration Day will take on a new twist this year as Plymouth Harbor's Employee Special Events Committee has been planning a budget-conscious day of events.

Employee Appreciation Program
10:30 am in Pilgrim Hall

All residents are invited to join us in Pilgrim Hall at 10:30 am to show your appreciation and support to all the dedicated Plymouth Harbor employees.

The Mayflower Dining Room will be closed for lunch on May 28th so that employees may enjoy a potluck luncheon.

Reflections from Chaplain Jerry O'Connor ...

Jesus said..., “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” (John 4:13-14)

I wonder how many of you who read this are like me, when it comes to being thirsty. I’ve never observed the eight glasses of water per day rule and I’ve never been as thirsty as those who have to walk for miles to get water, but I must admit, every water fountain I pass is a temptation (often stopping to drink, even if I’m not thirsty). In truth, we all thirst from time to time, but not always for water. As many know, I had the privilege of being away for three days in April to attend lectures by Marcus Borg, Professor Emeritus, Oregon State University and John Dominic Crossan, Professor Emeritus, DePaul University, at my Seminary in St. Louis. Stephen Patterson, Professor of New Testament at Eden Seminary says of these men:

“Sometime in the future people will refer to the revolution that occurred in biblical studies at the turn of the century, and they’ll be talking about Crossan and Borg.”

I was thirsty and they gave me drink! Yes, I have been thirsting for some new and exciting insights in theology, biblical interpretation and deeper meanings in life. Most of us know the story of Jesus and the woman at the well: how he, a Jew, asked a Samaritan woman to give him a drink of water — unheard of in those days, that a Jew would ask a Samaritan for anything; yet here Jesus was demonstrating his need for physical water and it mattered not who provided it, human need for water is a universal need, as is the need for spiritual water — the kind that quenches the universal need for all that gives life meaning.

The lack of rain has caused a drought and the land cries out. So too in our lives, we need to find the deep wells, but often need help or someone else’s bucket to draw water for us in our troubled times; Plymouth Harbor is a well, whose waters run deep and fulfills your physical thirst, but it does more: the well of support, love, assistance, affirmation, dignity and worth is deep. Everywhere you turn there are Samaritans ready and willing to assist in quenching your thirst — celebrate and give thanks to God for the blessings you receive in this place and be ready to be a Samaritan to those who might ask you for a drink along their way. I don’t live here, but as your chaplain I find my thirst for that which goes beyond the physical is also quenched and my faith is enriched and strengthened as we find ways to serve each other. Whatever your faith persuasion, I pray that in this post-Easter season, the living water of which Jesus spoke will renew your energy and strengthen your faith.

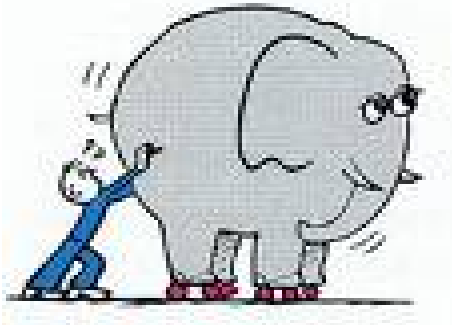
In Memoriam



Elberta L. “Rusty” Truog
April 18, 2009

Adolph M. Shapiro
April 28, 2009





Pushing on an Elephant

Sometimes attempting to cut Plymouth Harbor's water and energy use feels like trying to move an elephant.

Take the question of towels. Very few of us are following the simple system to prevent washing the clean towels from our apartments. Just put the dirty towels on the floor or in the bathtub so your housekeeper will know which to take to the laundry. Think about what the results would be if all of us tried this – and tried to use fewer towels when we can.

1. Less water
2. Less electricity to dry the towels
3. Less of Barbara's time to wash the towels
4. Less of Beulah's time to fold them
5. Plymouth Harbor would not have to buy new towels so often.

There is no way to know how many of us have replaced our old-fashioned light bulbs with compact fluorescent bulbs (CFLs). But, if you have not, please try a few. CFLs now come in more compact shapes, with cool or warm light, and as three-way bulbs. They are less expensive than they were. When you look around our glamorous new Lobby, all the lights you see are CFLs. Every burned out bulb at Plymouth Harbor is replaced by a CFL. We can do it as well!

The problem of disposing of broken CFLs is easy -- just call Maintenance for clean up. And when your CFLs burn out, five or ten years from now, ask your housekeeper to take them to the Maintenance Office.

This is the same system we use for batteries, especially hearing aid and lithium batteries, but your housekeeper is willing to take away all kinds of batteries. Keeping batteries out of the landfill is a good idea.

If we all push on that elephant, maybe we can move it an inch or two!

P.S. If you are leaving for the summer, or even for a month, please pull the plugs on all those things that blink at you: chargers for cell and other phones, TVs, stereos, DVD and tape players, computers and modems, electric clocks and some microwaves. Florida Power & Light is making enough money without any more help from us.

INTRODUCING

Joseph A. & Lyn V. Deglman

Move-In Date: February 27, 2009

Apt. T-1801 Ext. 546

Have the chimes gone out of your life? Joe is a Clock Doctor who makes house calls. He is a member of the National Watchmakers & Clock Collectors Association. He opened his own clock shop for retail and repair in 1972. He is retired but still has a clock repair shop where he works part time.

Joe was born in Milwaukee, WI, where he graduated from Marquette University. He served for seven years in the U.S. Army Signal Corps and attained the rank of captain. Joe was a retail buyer for Sears and a Federated Department Store buyer for many years.



Joe is excited about his new rose garden at Plymouth Harbor yet finds time to volunteer at Mote Marine Lab, read extensively, and cook.

Lyn, his charming wife, was born in New York City, NY, where she was educated as a teacher, administrator, and school psychologist.

The majority of her career was as a psychologist doing psycho-educational assessment. She belonged to Broward Association of School Psychologists, Florida Association of School Psychologists, and National Association of School Psychologists, as well as being a member of Delta Kappa Gamma.

Lyn graduated from Marquette University, Cardinal Stretch College in Milwaukee, WI, with an M.A. degree with highest honors, and Nova Southeastern University in Davie, FL, as an educational specialist.

Lyn enjoys reading, movies, hiking, biking, politics, and especially their grandchildren.



Lyn and Joe lived on Longboat Key for seven years. They are the proud parents of daughter, Lisa McGinn, who also lives on Longboat Key with her husband, Brian, and their two children.

Did I mention they have a gorgeous apartment with a fireplace? We know they will be cozy and happy here at Plymouth Harbor.

- Peggy Schwarz

New Residents

Jill P. Wilson

Apt. T-601 ... Ext. 440

April 1, 2009

Barbara Argenti

Apt. T-1403 ... Ext. 354

April 10, 2009

Winifred S. "Winnie" Downes

Carl P. Denney, Jr.

Apt. T-1808 ... Ext. 553

April 16, 2009



New Residents Cocktail Reception

Wednesday, May 6

5:00 - 6:00 pm

On the Mezzanine

Come Welcome Our New Plymouth Harbor Residents

PLEASE JOIN HARRY HOBSON FOR A SPRING FIRESIDE CHAT WITH TIM DUTTON, EXECUTIVE DIRECTOR OF SCOPE Monday ~ May 18 ~ 3:00 pm ~ Pilgrim Hall

Sarasota County Openly Plans for Excellence (aka: SCOPE) is working to create a national institute called *The Sarasota Institute for the Ages* (SIA), which will focus on addressing how the community responds to the aging population and the demographic shift.

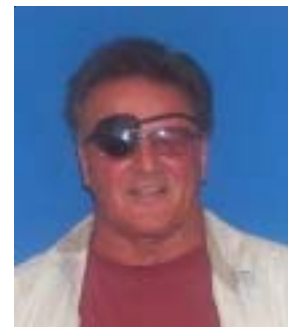
Sarasota has been referred to as the national epicenter for aging adults in the United States. It seems reasonable that Sarasota should become the home for this very important institute.

Please come and join our CEO Harry Hobson, as he sits down with Tim Dutton, Executive Director of SCOPE, in a one-on-one interview to explore the possibilities.

Employee of the Month April 2009

Mike Makay of Security

"Mike is always in a good mood, has a great attitude, and always has a smile on his face. He can pick your spirits up when you are feeling down. He is always ready to do his job and is never late for his shift. Mike is very helpful and will give you a hand with anything, anytime."





Places to Go ... Call Ext. 252 to sign up

NATIONAL WATERCOLOR SOCIETY TRAVELING EXHIBITION
ARTCENTER MANATEE
FRIDAY, MAY 15 - BUS DEPARTS 10:15 AM
COST: \$27.00 INCLUDES SHOW, BUS, ALL-INCLUSIVE LUNCH
AT MILLER'S DUTCH KITCHEN



TOUR OF ALL FAITHS FOOD BANK

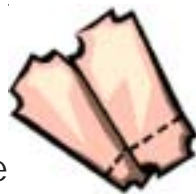
Take a tour of All Faiths Food Bank and learn how it serves our community.
 Friday, May 22, departing at 10:30 am
 Cost: \$7.00 plus Dutch Treat
 Lunch at Madfish Grill



Dinner Outing
Ophelia's on the Bay

Try the Bayside Dining Special:
 free salad & dessert with entree
 Wednesday ~ May 27 ~ Bus departs 5:00 pm
 Cost: \$7.00 plus Dutch Treat Dinner

Subscription Renewals



Representatives from the Asolo and the Ballet will be available in our Card Room on Monday, May 4, from 3:00 to 4:00 pm to help you with subscription renewals as well as new subscriptions. Please bring your credit card or checkbook if you would like to order tickets.

Investment Group

Friday
 May 1
 9:00 am
 Card Room



Charles Elzer from Merrill Lynch

This will conclude the Spring 2009 meetings.



New in the Library (* indicates a gift)

FICTION - Regular Print

About Face by Donna Leon
The Charlemagne Pursuit by Steve Berry
Corsair by Clive Cussler
The Last Dickens by Matthew Pearl
Loitering with Intent by Stuart Woods
Long Lost by Harlan Coben
A Man in Full by Tom Wolfe
Mistress Shakespeare by Karen Harper
A Reliable Wife by Robert Goolrick
Tea Time for the Traditionally Built
 by Alexander McCall Smith

NONFICTION - Regular Print

China, Inc. by Ted C. Fishman
Edward Hopper* by Gail Levin
Journey of a Thousand Miles* by Lang Lang
A Lion Called Christian
 by Anthony Bourke & John Rendall
The Gardner Heist* by Ulrich Boser
Mrs. Astor Regrets* by Meryl Gordon
No One Sees God by Michael Novak

FICTION - Large Print

Dark Summer* by Iris Johansen
Eclipse* by Richard North Patterson
Fault Line by Barry Eisler
Montana Creeds: Dylan* by Linda Lael Miller
One Day at a Time* by Danielle Steel
Promises in Death* by J.D. Robb
Seeing Red* by Susan Crandall

DVDs

And God Created Woman* **Black Beauty***
Cadillac Records **The Castles of Scotland**
Changeling **A Farewell to Arms***
Flash of Genius **Friends & Crocodiles***
The Gorilla King **How the West Was Won**
I've Loved You So Long **La Vie en Rose***
Marx Bros. The Big Store
Marx Bros. Go West
Mayerling **Milk** **Presumed Innocent***
Primary **The Revolution**
Tell No One **Topaz*** **Torn Curtain***

Aquarium Update



Evan Barniskis, off-site aquarium supervisor for Mote Marine, began planning for our new aquarium early last fall. He chose inhabitants with diverse color, shape and behavior who also can coexist peacefully. It will be two to three months before all inhabitants -- including those colorful fish everyone is awaiting -- take residence. Each must go through a quarantine period before being added to the aquarium. Thus far we have a Panda Puffer, a Snowflake Moray Eel, a Red Squirrelfish and a Sailfin Tang. Ten inhabitants will eventually be in residence. It takes time for these sea creatures to adapt to their new environment, so don't be surprised if initially each hides in the background until feeling comfortable in their new home.



Health and Wellness ...



LOW VISION AIDS

John Palmer of The Magnifying Center

Friday ~ May 1

3:00 pm in MacNeil Chapel



LEGAL ISSUES INVOLVED WITH AGING, GERIATRIC CARE AND END-OF-LIFE

presented by Babette B. Bach, Esq., C.E.L.A.

Wednesday ~ May 20 ~ 3:00 pm ~ Pilgrim Hall

Complimentary Ear Check & Hearing Aid Clinic

(Low Vision Resource Center)

Tuesday, May 5
Tuesday, May 19



Please call Home Care at Ext. 210 for an appointment.

Complimentary Vision Screening

(Low Vision Resource Center)

Tuesday, May 26
1:30-5:00 pm



PLAY READING Solid Gold Cadillac

Wednesday ~ May 13 ~ 2 pm
Pilgrim Hall

Everybody - anybody! - can take part in the reading of this oldie but goody comedy. So come one, come all.

Questions? Call Ext. 276

Mezzanine Art Gallery

Paul Jtineant

Computer Generated Art
May 12 to June 9

Artist Reception

Tuesday ~ May 12
4:30 to 6:00 pm

The Program Committee Presents ...

DVD: Jacob Lawrence: The Glory of Expression

DVD: School's Out: Self-taught Artists

Thursday ~ May 7 ~ 7:45 pm ~ Pilgrim Hall

JACOB LAWRENCE: This documentary covers the life and work of one of America's great painters, the first African American to be represented by a NY gallery. He painted narratives about the struggles of the African American people and gives attention to the emotional aspects of art. (28 minutes)



SCHOOL'S OUT: The work of these three artists (Grandma Moses, Bill Traylor, and William Hawkins) is straight from the heart, with no formal training or established techniques. (28 minutes)

DVD: The Field Museum: Earthly Treasures

DVD: National Museum of Women in the Arts

Thursday ~ May 14 ~ 7:45 pm ~ Pilgrim Hall

First, enjoy a video exploration of **The Field Museum** in Chicago's ever growing encyclopedic collections from which is constructed the truly unparalleled epic story of the Earth and its people (30 minutes). Then on to the **National Museum of Women in the Arts**, the home of the world's most important collection of artwork by women, from Dutch baroque to abstract expressionism and beyond (30 minutes).

Fuzion Dance Artists

Thursday ~ May 21 ~ 7:45 pm ~ Pilgrim Hall

Fuzion Dance Artists has been hailed as Sarasota's first contemporary dance company and, as its name implies, brings together dancers of many different dance genres and melds them into art that expresses the desires and struggles of the human spirit.





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Harbor Light

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Virginia Cramer George Heitler
Joanne Hogan Isabel Pedersen
Peggy Schwarz Ed Shapiro
Jim Stern Sallie Van Arsdale



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in May

2:00 pm Sundays 7:30 pm

- May 3 *Slumdog Millionaire*
2008 Color 121 minutes Rated R
- May 10 *Marley & Me*
2008 Color 115 minutes Rated PG
- May 17 *Bride and Prejudice*
2005 Color 112 minutes Rated PG-13
- May 24 *Happy Go Lucky*
2008 Color 119 minutes Rated R
- May 31 *Alfred Hitchcock's Marnie*
1964 Color 130 minutes Rated PG

Do you have a MOVIE request?
 Please Call Ext. 252 to let us know

2:00 pm Tuesdays 7:45 pm

- May 5 *The Postman*
1994 Color 108 minutes Rated PG
- May 12 *Seven Pounds*
2008 Color 123 minutes PG-13
- May 19 *Our Man in Havana*
1959 B&W 111 minutes Not Rated
- May 26 *From Russia with Love*
1963 Color 111 minutes Rated PG