

Harbor Light

March 2009

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

Celebrate St. Patrick's Day in the Mayflower Dining Room

Tuesday March 17



~ **Classic Irish Cuisine** ~
Shepherd's Pie
Fish & Chips
Corned Beef & Cabbage
and much more

Casual Dress



Call Ext. 258 to make your reservation



Reflections from Chaplain Jerry O'Connor ...

Lent began with Ash Wednesday, February 25; it is a 40 day period (excluding Sundays) established for reflection and meditation on the life of Jesus. It ends with Easter — the Christian celebration of the Resurrection. In our reflections, we should hear, again, the words of the prophet Joel in 2:1-2, 12-17: He speaks of troubling times: gloom and doom, but “Yet even now, says the Lord, return to me with all your heart ... for your God, ... is gracious and merciful, slow to anger.” In these troubling times we need to take a *hard* look at our lives, individually, as a nation and as a people of a complex world. We are all in this together, young and old, rich and poor. Lent focuses on our need to *change* our ways and discover the joy of doing what is just and right for all human beings. To assist you in this we offer:

Our Lenten Chapel program:

Centering Prayer -- An opportunity for those who want to sharpen their meditational skills and expand their spiritual life, every Tuesday during Lent. The Rev. Rosemary Gremban will be our convener; meetings will be in her apartment [or the 19th floor colony room] at 1:30 p.m. each Tuesday. Questions can be answered by calling Rosemary at Ext. 564.

Good Friday Service -- Friday, April 10, at 10:00 a.m. in MacNeil Chapel

Easter Sunday Service -- April 12, at 10:30 a.m. in MacNeil Chapel

Smith Care Center Worship -- in March, will be at 1:30 p.m. on the 2nd and 4th Sundays in the SCC living room – led by Chaplain Jerry

This year, the Jewish calendar schedules the beginning of Passover on Wednesday, April 8. We will celebrate Passover on Thursday, April 9, with a complete Seder and dinner. Reservations must be in no later than April 1. Call Ext. 252 to make your reservation. The Seder and dinner are open to all residents. This event commemorates the Israelites departure from Egypt under Moses' leadership.

Chapel Talk, Session 1, ends on Friday, March 27. We will resume on April 24, continuing our study of the Book of Genesis with a review of Genesis 24, *A Bride for Isaac*. The lectures have opened minds and challenged us in ways we would never have imagined. Join us on April 24; if you missed the first 12 lectures it is not a problem, each one stands *alone* in its own way.

In Memoriam



Richard E. Marcus
January 30, 2009

Marguerite “Peg” Morey
February 24, 2009





Energy Conservation and the Multiplier Effect

We all want to save energy. Every newspaper tells us that our blue planet needs to have us reduce our “carbon footprint.” And we have to start where we are — but how much difference can any one of us make? If I put four compact fluorescent bulbs in my lamps, what difference can it make? I am using 75% less electricity for lighting. So what? But there are 290 of us living at Plymouth Harbor. If you do the arithmetic, this would be 290 times a 75% reduction. That is a real savings.

Consider turning the heat down one degree or the air conditioning up a degree. We might find it comfortable enough. Multiply that savings by 290 residents.

And then there are all the ways we could save water, even so minor a savings as brushing your teeth using ½ cup of water instead of four cups. That is twice a day times 290 people times 365 days a year. Never mind the gallons that can be saved by flushing the toilet less or consolidating your laundry or dishwasher loads.

For all of us, the challenge is to think about what we are doing when we use energy or water or gasoline. How many new ways can we find to save even small amounts? Then multiply those savings by 290, as if everyone were doing the same. We will have done our best to help our atmosphere — and to help Plymouth Harbor’s energy bills.

- Ad Hoc Energy Conservation Committee -

Employee of the Month February 2009

Shane Seaver of Dining Services



“Shane exhibits a professional demeanor at all times. He is focused and executes food preparation with pride and dedication during his shift. He always projects a positive, calm attitude and can work any station or area in both kitchens. His workstation is clean and organized at all times. Shane is also very friendly with all staff and has a real ‘can do’ outlook. He doesn’t mind helping others even if it means washing dishes. Shane is a real asset to Plymouth Harbor.”

Mezzanine Art Gallery

SHOWING

March 10 to April 14, 2009

*The Joy of Painting: A Retrospective
by Fran Knight*

Artist Reception

Tuesday March 10 5:00 to 6:30 pm



ART TALK

PAINTING AMERICA

Monday ~ March 30 ~ 3:00 pm
Pilgrim Hall

New Residents

Bruce B. Crawford & Joan P. Sheil
Apt. T-1101 ... Ext. 326
January 30, 2009

Joseph & Lyn Deglman
Apt. T-1801 ... Ext. 546
February 27, 2009

In-House Move

William "Bucky" Buchanan
Apt. CC-210 ... Ext. 291
Effective February 9, 2009

Daylight Savings Time
begins
Sunday, March 8



Set your clocks ahead one
hour before going to bed
Saturday night



Places to Go ... Call Ext. 252 to sign up

FRIDAY, MARCH 13 -- FINE ARTS SOCIETY OF SARASOTA 2009 CREATORS AND COLLECTORS TOUR Departs 10:00 am. Plymouth Harbor is the Platinum Sponsor for this event. Visit studios, see works in progress, talk with artists -- plus visit the exhibit at the Crossley Gallery at Ringling College. Cost: \$42.00 includes transportation, ticket and lunch at Troyer's Dutch Heritage Restaurant. Return around 3:00 pm.

FRIDAY, MARCH 20 -- TOUR OF PORT MANATEE Departs 9:00 am. Learn about Manatee County's largest economic engine and the important commodities that pass in and out of Port Manatee. Deadline to sign up is March 13. For security reasons at the port, you must bring a photo id. Cost: \$7.00 includes transportation and tour. Dutch treat lunch at the Crab Trap.



THURSDAY, MARCH 26 -- TOUR OF THE LIGHTHOUSE OF MANASOTA. Departs 2:00 pm. You'll have an opportunity to visit the Lighthouse store, which stocks aids for the visually impaired, and see classes in action. No charge for this trip.



FRIDAY, MARCH 27 -- BUS TRIP TO ST. PETERSBURG MUSEUM OF FINE ARTS FOR THE ALBRECHT DURER: ART IN TRANSITION EXHIBIT. Departs 10:15 am. Cost: \$55.00 includes transportation, admission, docent tour and lunch at MFA Cafe.



Investment Group
Fridays at 9:00 am in the Card Room

March 13
Curtis Lyman of U.S. Fiduciary

March 20
Rebecca Bollotti of Smith Barney





New in the Library (* indicates a gift)

FICTION - Regular Print

Barrier Island* by John D. MacDonald
 Death and Honor* by W.E.B. Griffin
 Land of Marvels by Barry Unsworth
 Lark & Termite by Jayne Anne Phillips
 Mounting Fears by Stuart Woods
 Never Tell A Lie* by Hallie Ephron
 The Secret Scripture by Sebastian Barry
 The Silent Man by Alex Berenson
 Year of the Hyenas* by Brad Geagley

FICTION - Large Print

Agincourt by Bernard Cornwell
 Arctic Drift* by Clive Cussler
 The Associate* by John Grisham
 Plum Spooky* by Janet Evanovich
 Star Bright* by Catherine Anderson
 Very Valentine by Adriana Trigiani
 The World According to Bertie
 by Alexander McCall Smith

NONFICTION - Regular Print

Bob Schieffer's America* by Bob Schieffer
 The Breakthrough* by Gwen Ifill
 Musicophilia* by Oliver Sacks
 Webster's New World Spanish Dictionary
 The World Without Us* by Alan Weisman

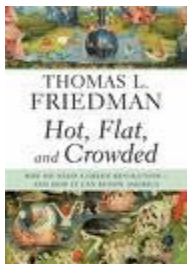
DVDs

Appaloosa
 The Boxer
 Brick Lane
 The Earrings of Madame de ...
 Easy Living
 The Franklin Institute: Wonderland of Science
 Frost/Nixon: The Original Watergate Interviews
 Frozen River
 Hippo Beach
 Pennsylvania Academy of the Fine Arts:
 Art Gets a Start in America
 Tea with Mussolini
 Turandot



The Library Committee presents
 A Book Review by Robert Sessions

Thomas Friedman's Hot, Flat, and Crowded

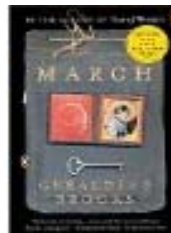


Thursday
 March 19
 7:45 pm
 Pilgrim Hall

BOOK DISCUSSION
 2006 Pulitzer Prize Winner

MARCH

by Geraldine Brooks



Friday
 April 24
 2:30 pm
 Card Room

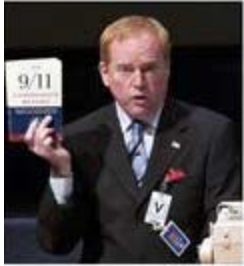
Call Ext. 252 to sign up and for
 a copy of the book (\$12.00).

SILL Lectures

The Thursday Global Issues Series

(Simulcast in Pilgrim Hall Thursdays at 10:30 am)

LECTURE 9



NATIONAL SECURITY REFORM: IS IT WORKING?

MARCH 5 **SPEAKER: MICHAEL HURLEY**

Following the 9/11 attacks, the US implemented dramatic changes to reform our national security structure. Michael Hurley, a leader on the 9/11 Commission, is uniquely experienced to analyze and critique the state of that reform. He will answer the question: Is the new structure equal to the tasks?

LECTURE 10



AFGHANISTAN RECONSTRUCTION

MARCH 12 **SPEAKER: STEPHEN DACHI**

Stephen Dachi affirms: US and NATO efforts to reconstruct and stabilize Afghanistan during the past two years have brought some success in obtaining cooperation of local authorities, and training the Afghan army has improved security.

LECTURE 11



THE RUSSIAN TYCOON STATE'S NEW ASSERTIVENESS: NEW COLD WAR OR NEW OPPORTUNITY FOR BETTER RELATIONS?

MARCH 19 **SPEAKER: DR. ROBERT BARYLSKI**

Dr. Robert Barylski, USF associate professor of government and international affairs and noted expert on Russian domestic and foreign policy, will explain Russia's foreign policy offensive and discuss options for US and European policy.

LECTURE 12



LATIN AMERICA: NATIONALISM AND POPULISM IN 21ST CENTURY DIPLOMATIC RELATIONS

MARCH 26 **SPEAKER: AMBASSADOR THOMAS DODD**

Ambassador Thomas Dodd, professor, Center for Latin America Studies, Georgetown University, discusses the emergence of New Regimes, their goals and bases for strident anti-Americanism. Thoughts offered on how to deal with regimes of this type along with comparative observations regarding their Latin America counterparts.

For Your HEALTH & WELLNESS ...

Low Vision



Practical Tips for Living with Low Vision

by Sally Meyers, Rehabilitation Instructor

The Lighthouse of Manasota

Friday ~ March 6 ~ 3:00 pm ~ MacNeil Chapel

HEALTH MATTERS

The Impact of Technology and Health Care Reform on Blood

Products and Services in the Obama Era

presented by Mark Magenheim, M.D.

Wednesday ~ March 18 ~ 3:00 pm ~ Pilgrim Hall

Complimentary Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday, March 3 AND Tuesday, March 17

Please call Home Care at Ext. 210 for an appointment.



The Civic Affairs Committee presents ...

CITY COMMISSION CANDIDATES FORUM

Tuesday ~ March 3 ~ 7:45 pm ~ Pilgrim Hall

Candidates for the two at-large seats have been invited to give an overview of their positions on issues facing the city of Sarasota. The March 10 ballot will also include a Charter Amendment which would expand the City Commission from five members to seven, adding an elected mayor and an additional at large commissioner.



City of Sarasota Election Day

Tuesday March 10 7:00 am to 7:00 pm

The Program Committee Presents ...

Lift Every Voice Children's Choir of Newtown

Thursday ~ March 5 ~ 7:45 pm ~ Pilgrim Hall

The choir, for Sarasota and Manatee county children ages six through 12, is part of an arts-based after-school program that uses music, dance and theater to give children a constructive way to spend their free time. The choir has quickly advanced since its founding, and was invited to record a song with composer A. Paul Johnson in St. Petersburg this summer.



ROCKFORD COLLEGE VOCAL COLLECTIVE

Tuesday ~ March 10 ~ 7:45 pm ~ Pilgrim Hall

This select choral ensemble touring from Rockford College in Illinois performs a wide variety of choral literature, from Renaissance polyphony to jazz and popular music. The ensemble serves as an ambassador for the college, performing at college functions and community events. Their tour of Florida includes a stop in Sarasota.



Primary and Crisis

Thursday ~ March 26 ~ 7:45 pm ~ Pilgrim Hall

From the Robert Drew Collection comes the landmark film "Primary," which takes us on the road to the 1960 Kennedy White House. The cinema verite style film grants us unprecedented access into the world of a young politician and his glamorous wife. "Crisis: Behind a Presidential Commitment" is the only candidly-shot film of a president making decisions during a crisis -- when Alabama Governor Wallace vowed he would personally bar the door to the all-white University of Alabama to prevent two black students from enrolling. The Kennedy brothers confer and make critical last minute decisions, and you'll see it all unfold. Also on the DVD, "Faces of November" captures the impact of the death of President Kennedy, as reflected in the faces of Americans who came to Washington to honor their slain leader. 2 DVDs - 53 minutes each



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Biography Committee

Perry Monroe, *chair*

Betty Blair Martha Buenneke
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Joanne Hogan Isabel Pedersen
Peggy Schwarz Ed Shapiro
Jim Stern Sallie Van Arsdale



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in March

2:00 pm Sundays 7:30 pm

- March 1** *The Secret Life of Bees*
2008 Color 110 minutes Rated PG-13
- March 8** *Nights in Rodanthe*
2008 Color 97 minutes Rated PG-13
- March 15** *Vicky Cristina Barcelona*
2008 Color 96 minutes Rated PG-13
- March 22** *Australia*
2008 Color 165 minutes Rated PG-13
- March 29** *Rent* (recorded live on Broadway)
2008 Color 152 minutes Not Rated

2:00 pm Tuesdays 7:45 pm

- March 3** *A Throw of Dice* (2:00 pm only)
1929 B&W 74 minutes Not Rated
- March 10** *The Bridge on the River Kwai* (2:00 pm only)
1957 Color 161 minutes Rated PG
- March 17** *Finian's Rainbow*
1968 Color 141 minutes Rated G
- March 24** *Sleeper*
1973 Color 89 minutes Rated PG
- March 31** *How the West Was Won*
1962 Color 162 minutes Rated G