



Harbor Light

April 2009

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551



**Trustees and Residents
are cordially invited to attend
Plymouth Harbor's
Annual Trustee-Resident Dinner**

Monday ~ April 27, 2009



**5 o'clock
Cocktail Reception**

**Lobby Terrace
and Dining Lounge**

**6 o'clock
Dinner**

**Mayflower
Dining Room**

**Please complete your reservation slip
and return to the Resident Services mailbox
at the Front Desk by Friday, April 10.**



Reflections from Chaplain Jerry O'Connor ...

As many of you know, I have a fascination with art — watercolor painting being my primary focus in recent years. I also subscribe to several art magazines that keep the “itch” in my soul’s desire to create alive. In the latest issue of *American Artist*, Stephen Doherty, editor, writes about what paintings need. He says, “No matter how much planning goes into the process of starting a painting, there is a point when artists have to put aside their preconceived notions and respond to what is actually happening on the canvas. Sometimes the changes taking place are encouraging, and other times they are not leading to a realization of the artist’s original intentions. When a new direction is called for, artists often say the painting has spoken to them and asserted its own priorities.” I read this paragraph and thought, “It describes more than a painting process, it’s what life does to us.”

Palm Sunday, Passover, Good Friday and Easter are deeply rooted in our faith traditions, yet their deeper meanings haven’t always played out as we might intend — they assert their own priorities in our lives — preconceived notions have to be

set aside for new priorities. Each of us journeys through life on different pathways, yet the end is the same for all of us and it is our faith that keeps moving us forward. Few among us could have imagined what our lives would be like in our 70s, 80s, 90s, even 100s, when we were children. Like the creation of a painting, other priorities intervened and the end result is vastly different than we might have expected. For those who celebrate Passover, what would it have been like if the Exodus had not been successful? Christians believe in a risen Christ, but what would our faith be like without the empty tomb? Life is not a *paint by numbers* experience. New directions and accepting them, using them to our greatest advantage, changing and going with the flow is essential for our daily living. In these first 12 days of April, whatever your tradition, give thanks for those who have gone before us and for their witness to believing there is something new — down the road, around the corner, that will provide just what we need and add just the right amount of balance to the painting that is our life story.

April Special Services & Events

Weekly Chapel -- Wednesdays at 10:30 a.m. in MacNeil Chapel

Holy Thursday Mass -- Thursday, April 9 at 10:30 a.m. in MacNeil Chapel

Passover/Seder Dinner -- Thursday, April 9 at 6:00 p.m. in the Card Room

Good Friday Service with Communion -- Friday, April 10 at 10:00 a.m. in MacNeil Chapel

Easter Service -- Sunday, April 12 at 10:30 a.m. in MacNeil Chapel

In Memoriam

Winifred H. Hodgson

March 22, 2009

Beatrice Warren

March 23, 2009





Energy Conservation Committee Considers Ecological Issues

Your Ad Hoc Energy Conservation Committee is also ecology minded and recycling is important ecologically. At Plymouth Harbor we can now recycle flattened dry food cartons (i.e.: cracker and cereal cartons, as long as the inner bag is removed). We can put empty glass and plastic bottles that contained detergents, bleach, fruit juices and vitamins in the recycling boxes -- **please rinse out bottles.**

What we cannot recycle are the following: waxed cartons, Styrofoam or plastic food containers (i.e.: meat, butter, fresh or frozen vegetable containers), plastic bags or clothes hangers.

Another ecology measure — while out walking or strolling on our campus, consider picking up paper or plastic litter you pass by. To this end, we advise you of the location of refuse containers. One is at the Plymouth Harbor boat dock, another is in the gazebo on the island, a third is inside the west Smith Care Center entrance, and a fourth, an ample waste paper basket is inside the North Garden entrance. Thank you in advance for your efforts at helping to keep our campus litter free.

- Ad Hoc Energy Conservation Committee -

Employee of the Month March 2009

Pete Gough of Security

"Pete is always willing to go the extra mile. He covers any shift in Security or at the Front Desk without a problem. Pete's constant even temper, his tremendous knowledge, his positive attitude, and his good leadership characteristics make him a role model employee. He is always a gentleman and he is a pleasure to work with."



Mezzanine Art Gallery

April 14 to May 12, 2009

Through the Eye of a Needle *by Jeanne Baum*

Artist Reception

Tuesday April 14 4:30 to 6:00 pm

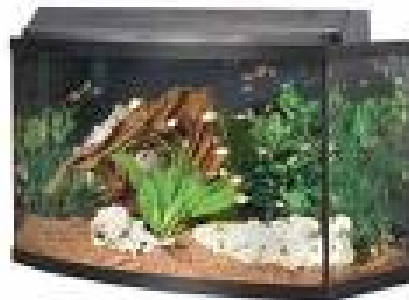
Residents Association Annual Meeting



Monday, April 6
3:00 pm
Pilgrim Hall

The Longboat Key Publix bus will depart a half hour early (at 1:00) in order to return in time for the Residents Association Annual Meeting.

*Coming
Soon*



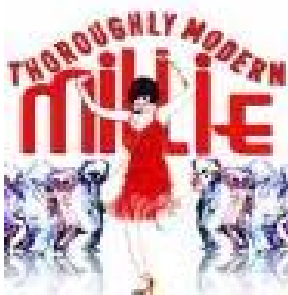


Places to Go ... Call Ext. 252 to sign up



Ride the Bus with Betsy Join Betsy Bagby for a tour on the SCAT bus. Ride downtown and back. You'll get a schedule and info on routes, fares and transfers. **Meet Betsy in the Plymouth Harbor Lobby at 9:15 am on Thursday, April 9.** Riding the bus is free on April 9, as it is SCAT's 30th anniversary. Call Ext. 252 to sign up.

MONDAY, APRIL 20 -- RINGLING COLLEGE OF ART & DESIGN ANNUAL JURIED STUDENT EXHIBITION at Selby Gallery. Bus departs 2:00 pm for a look at Ringling's best student art work. Cost: \$7.00.



WEDNESDAY, APRIL 22 -- THOROUGHLY MODERN MILLIE AT BOOKER HIGH SCHOOL VISUAL & PERFORMING ARTS
This Tony award winning musical tells the tale of Millie Dillmount, a small-town girl who comes to New York to marry for money instead of love -- a thoroughly modern aim in 1922 -- when women were just entering the workforce. Excellent seats! Bus departs 7:00 pm. Cost: \$17.00 includes ticket and transportation.

Investment Group

Fridays at 9:00 am in the Card Room

April 17
Bill Young
Wachovia Trust and Investments

April 24
Richard Cost, CPA
"The Bailout"





New in the Library (* indicates a gift)

FICTION - Regular Print

The Art of Racing in the Rain* by Garth Stein
The Cradle by Patrick Somerville
Handle with Care by Jodi Picoult
Heart and Soul by Maeve Binchy
Holly* by Jude Deveraux
Paths of Glory by Jeffrey Archer
True Colors by Kristin Hannah
True Detectives by Jonathan Kellerman
Versailles* by Kathryn Davis

FICTION - Large Print

The Lost City of Z by David Grann
Montana Creeds: Logan* by Linda Lael Miller
Run for Your Life* by James Patterson
 & Michael Ledwidge
Running Hot* by Jayne Ann Krentz

NONFICTION - Regular Print

Creative Capitalism* by Michael Kinsley
House of Cards by William D. Cohan
The House of Wittgenstein by Alexander Waugh
The New Solar System* edited by J. Kelly Beatty
Out of Captivity by Marc Gonsalves
Page One* edited by New York Times Company

DVDs

Australia
Before the Devil Knows You're Dead*
Body of Lies **The Bridge on the River Kwai**
The Constant Gardener* **Crisis**
Finian's Rainbow **Nights in Rodanthe**
Rent **Run Silent, Run Deep***
The Secret Life of Bees **Sleeper**
A Throw of Dice **Vicky Cristina Barcelona**

Why the United States Should Support a Reorganization of the International Monetary Fund

Plymouth Harbor resident Cynthia Lichtenstein will speak to an open meeting of the Sarasota-Manatee United Nations Association at Plymouth Harbor on Thursday, April 16. All Plymouth Harbor residents are welcome to attend.

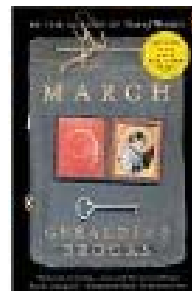
Thursday, April 16

3:30 Refreshments in Dining Lounge
4:00 Program in Pilgrim Hall

BOOK DISCUSSION
2006 Pulitzer Prize Winner

MARCH

by Geraldine Brooks



Friday
April 24
2:30 pm
Card Room

Call Ext. 252 to sign up and for a copy of the book (\$12.00).

INTRODUCING

Joan P. Sheil

Bruce B. Crawford

Move-In Date: January 30, 2009

Apt. T-1101 Ext. 326

When I went to Apt. 1101 to interview Joan Sheil and Bruce Crawford, imagine my surprise when I discovered that not two but three inhabitants live there!

Now that I have your attention, I learned that they moved into their cheerful place on January 30th. They were very complimentary about the warmth and friendliness of the people at Plymouth Harbor. They like it here!



My goal was to become better acquainted with them, not only for myself but also for you, the reader. They were both born in the eastern part of the United States. Joan has two children and Bruce has four.

They lived at the Meadows and were paired in a golf tournament which they won! Now they are starting a new life at Plymouth Harbor with the challenge of combining the contents of two houses. Bruce was fortunate enough to sell his house in six days.

Golf is important to them and together they win tournaments. In the past Joan has been club champion in seven places. She sold real estate

in the Washington D.C. area and taught fifth grade. Now she is a volunteer at Alta Vista School in Sarasota. She is a writer and has written monthly newsletters for years.

Before he retired, Bruce was a vice-president of State Mutual Life Assurance Company. He is obviously very innovative because he developed a prototype copied by other insurance companies. The company for which he worked was responsible for the first non-smoker policy in the U.S.

He told me that he is past president of the Dartmouth Club and was president of the Ivy League Club. He is proud to be a member of the Sahib Temple and the Mayflower Society.

Are you curious about the third inhabitant of 1101? Her name is "Miss Shiflet" and she sits in a rocking chair in the den. She is a lady who is beautifully dressed in a blue silk dress and wears a hat. She holds a mandolin and has unusual hands. Unfortunately, her shoes are too big and she has yellow legs. Miss Shiflet never talks back because she is a life-sized doll! Needless to say, I was shocked to see her because she looks so real. Joan insisted on bringing her to Plymouth Harbor and I can see why! I feel lucky to have seen her because her apartment mates, Joan and Bruce, will be leaving soon to go to Lake Winnepesaukee in New Hampshire for four months.

I hope that you can meet this delightful couple before they head north. And who knows, maybe Miss Shiflet will come out of 1101! If not, she will be there to protect the lovely apartment.



- Martha Bueneke

The Health Committee Presents ...



MEDICAL CARE AT PLYMOUTH HARBOR

presented by Marc Weinberg, MD, Medical Director
and Dorothy Barichak, Administrator of Health Services
Wednesday ~ April 15 ~ 3:00 pm ~ Pilgrim Hall

<p>Complimentary Ear Check & Hearing Aid Clinic (Low Vision Resource Center)  Tuesday, April 7 Tuesday, April 21 Please call Home Care at Ext. 210 for an appointment.</p>	<p>Complimentary Vision Screening (Low Vision Resource Center) Tuesday, April 28  1:30-5:00 pm Please call Home Care at Ext. 210 for an appointment.</p>
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PAIN AFTER STROKE presented by Anne Pollett, MD



Wednesday ~ April 22 ~ 3:00 pm ~ Pilgrim Hall

The Civic Affairs Committee presents ...



From **C** to Shining **C**: **Contortionist to Commissioner** Mayor Lou Ann Palmer



Wednesday ~ April 1 ~ 7:45 pm ~ Pilgrim Hall

The Program Committee Presents ...

DVD: Beethoven's Missa Solemnis

Good Friday ~ April 10 ~ 3:00 pm ~ Pilgrim Hall

This magnificent performance was filmed in the scenic 500-year-old gothic Amandus Church in Germany. Missa Solemnis is considered a sacred symphony with soloists and chorus. This mass is thought of as the culmination of Beethoven's work. (76 minutes)



DVD: The Gorilla King

Thursday ~ April 16 ~ 7:45 pm ~ Pilgrim Hall

From the mountains of Rwanda comes an extraordinary story of Titus, a 400-pound silverback gorilla who has ruled for over half his life. World-renowned primatologist Dian Fossey has chronicled his life since the day he was born, and followed him through his early trials: his father slaughtered by poachers, his infant sister killed in a coup attempt, his mother fleeing, leaving him orphaned and abandoned. He's led a remarkable life. Is Titus' great reign at an end? (54 minutes)



The Hot Shots

Thursday ~ April 23 ~ 4:00 pm ~ Dining Lounge

Our very own Hot Shots -- Bill and Jeanne Seiberling on banjo with vocals and Jim Myers on the keyboard -- will liven up our Dining Lounge once again with their special style of song and laughter. Enjoy all the songs you know and love!!



Vladimir Svoysky, Concert Pianist

Thursday ~ April 30 ~ 3:00 pm ~ Dining Lounge

Robert and Clara: The Schumann Concert

He was a brilliant composer; she was his inspiration and a renowned concert pianist captivating audiences across Europe. Together they made beautiful music wherever they went. Robert and Clara Schumann combined their talent and love for each other into a remarkable relationship of music and joy. Pianist Vladimir Svoysky's passion, virtuosity and charisma have made him a favorite with our Plymouth Harbor audience.





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Harbor Light

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Virginia Cramer George Heitler
Joanne Hogan Isabel Pedersen
Peggy Schwarz Ed Shapiro
Jim Stern Sallie Van Arsdale



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in April

2:00 pm Sundays 7:30 pm

- April 5** *Changeling*
 2008 Color 142 minutes Rated R
- April 12** *Flash of Genius*
 2008 Color 120 minutes Rated PG-13
- April 19** *Milk*
 2008 Color 128 minutes Rated R
- April 26** *Rachel Getting Married*
 2008 Color 113 minutes Rated R

Do you have a MOVIE request?
 Please Call Ext. 252 to let us know

2:00 pm Tuesdays 7:45 pm

- April 7** *Mayerling*
 1968 Color 140 minutes Rated PG-13
- April 14** *Brief Encounter*
 1945 B&W 86 minutes Not Rated
- April 21** *The Bicycle Thief*
 1948 B&W 92 minutes Not Rated
- April 28** *The Red Balloon*
 1956 Color 34 minutes Rated G