

Harbor Light

May 2008

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

Plymouth Harbor Voted Best Retirement Community in Sarasota



Readers of the ***Sarasota Magazine*** have voted Plymouth Harbor on Sarasota Bay as the Best Retirement Community in Sarasota for 2008. Results were published in the May 2008 issue of the ***Sarasota Magazine***, one of Sarasota's premier publications.

This marks the 5th time that Plymouth Harbor has been nominated in the Best Retirement Community category.

Readers of the Sarasota Magazine, according to their staff, have been surveyed through this popular poll since 1991, which currently lists over 224 categories of what they consider the "best of Sarasota."

"We would especially like to thank our residents for helping to make Plymouth Harbor Sarasota's community of choice," said Gordon Okawa, Director of Community Relations. "While this public recognition is long overdue, it should give staff, residents and board members alike a vote of confidence that the people of Sarasota have come to realize what we've known all along!"

Here's what they say:

You may have to get on a waiting list to get into Plymouth Harbor, which offers beautiful bay views, a world of activities and the company of sophisticated retirees, but those who are happily ensconced there say it was well worth the wait.

Reflections from Chaplain Jerry O'Connor ...

In Genesis 11:1-9 we are told there was a time when the world had one language and the same words, but as the lives of people changed and they moved about they came to a plain in the land of Shinar and settled there. They found resources to build a city and went about building a tower with its top in the heavens, in order to make a name for themselves. As the Lord on high observed this, the Lord said, "Look, they are one people, and they have all one language; and this is only the beginning of what they will do. Nothing they propose to do will now be impossible for them. Come, let us go down, and confuse their language there, so that they will not understand one another's speech." The city became known as Babel, because the Lord confused the language of all the earth and the people were scattered far and wide.

We stand tall as a building — maybe not as tall as the tower of Babel was intended, but those who live at Plymouth Harbor are a people once scattered, coming from communities reflecting great diversity, each one speaking, at times, in "confused language" rooted in the social, ethnic, religious and political influences of our past experience. But out of our diversity we have a unity that binds us together and will serve to make all things possible for Plymouth Harbor in the future. We already have our *tower*. It stands tall in the larger community. It stands tall in the countless family members whose loved ones chose to spend their last years in this community. From the outside looking in, many are convinced our tower does have "its top in the heavens."

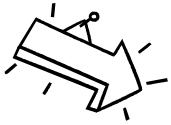
As chaplain, I celebrate our diversity. We represent the nations of the world; we have a wealth of life experiences and the combined wisdom of ages past guiding us into a future for generations yet to come. I celebrate, too, that in the month of May many of our residents will scatter far and wide to northern retreats, summer travel and shared time with family and friends, only to return in the fall to their Plymouth Harbor *Heaven*. I pray safe travel for those who will be scattering and I give thanks for those of you who will remain in community throughout the summer months.

The tower of Babel was intended to identify the people who wanted to be as close to heaven as they could get. Plymouth Harbor's tower is tall, but were it taller, it would never reach heaven, for heaven is right here within and those who live here know it well.

UPCOMING CHAPEL ACTIVITIES

Early Christianity: the Experience of the Divine (lectures 14-18) by Professor Luke Timothy Johnson, Emory University (on DVD), followed by discussion, continues in MacNeil Chapel at 10:30 am on Fridays, ending on May 30.

Summer Chapel Talk begins on June 6. The Rev. Rosemary Gremban will share insights into *Preaching in the Black Idiom*. Rosemary will reflect on her experience with The Rev. Dr. Gardner Taylor, a black preacher and teacher of preaching.



ENERGY CONSERVATION

From your Plymouth Harbor apartment it may seem there is water everywhere. But we know there isn't. We need to conserve our precious H₂O. Plymouth Harbor water bills indicate a per person usage of 130 gallons of water a day. The Sarasota County average is 90.

Read below a few suggestions. You have seen some of them before, but reminders can be useful.

Skip bottled water. Fill bottles for the road from the tap. One statistic we read: 18.2 tons of carbon dioxide are pumped into the air for every million bottles of water manufactured and shipped to consumers.

Turn off water while brushing your teeth or washing your face. Rinse when finished.

Less water is required for most showers than for a tub bath.

If you have a large tank toilet, try placing a half gallon bottle filled with water in the tank. This reduces the amount of water pumped in to refill the tank.

Run your dishwashers and washing machines with full loads.

Cut down on Plymouth Harbor laundry volume by asking your housekeeper to leave any clean unused towels that week in your bathrooms to use instead of fresh ones.

Report leaky faucets or running toilets to the Maintenance Department promptly.

- Ad Hoc Energy Conservation Committee -

Employee of the Month -- April 2008

Kurt Gravsén Dining Services



"Chef Gravsén has set the culinary standards of Plymouth Harbor to an unprecedented high. His professionalism is attributed to his pride and understanding of how food works. His culinary team looks to Chef Kurt as a leader as well as a mentor to do the right thing. Chef Kurt sometimes comes in on his days off to ensure that the kitchen is working in sync. Our culinary program would not be where it is today without Chef Kurt."

The 2008 Annual Resident -- Trustee Dinner

By all accounts the April 28, 2008, Annual Resident — Trustee Dinner was a success. Over 220 residents, trustees, staff and guests enjoyed an evening of fellowship and fine dining coupled with an opportunity to become further acquainted with some of our Plymouth Harbor Trustees.



**Roy Dean, Bobby Mitchell
& Harry Hobson**

In summary, Plymouth Harbor currently has thirteen Trustees, including three ex officio residents who include the President, Vice President and Immediate Past President of the Residents Association; one representative from the First Congregational United Church of Christ of Sarasota; and nine other Trustees who represent various disciplines that are instrumental in assisting Plymouth Harbor to address its current mission and long-term vision. Judge Dean also shared with the audience that we grieve the loss of Mr. John Cox who unexpectedly passed away in January of this year.

Judge Dean asked for a moment of silence in honor of the late Mr. Cox who was completing his fifth year as a Trustee. He was a dedicated member of the Board who gave many hours to

Plymouth Harbor primarily focused on helping us address our master site planning efforts along with our buildings and infrastructural challenges and opportunities.

Judge Dean then served as our Master of Ceremonies asking each of the Trustees to share something about themselves. He “broke the ice” by sharing that he is an attorney with Judd, Ulrich, Scarlett, Summonte & Dean and a former Circuit Judge of the 12th Judicial Circuit. He also introduced his wife, Jan, a former City Council member, who was born and raised in Sleepy Eye, MN. They have four grown children.

He then pointed out that this past year we welcomed three new Trustees: Mrs. Lee Byron, Bill Johnston, and Bobby Mitchell (their full biographies can be found on our website).

These three Trustees bring a harmonious blending of experience and talents to the Board.

- ◆ Mrs. Lee Byron, who is a Smith College graduate, is active throughout the Sarasota community and specializes in real estate. It



Lee Byron

is also interesting to note that Lee is working on a second Masters in Pastoral Ministry from the Rice School of the Diocese of Venice. Lee and her late husband, Tom, have two children and two grandchildren



Bill Johnston

- ◆ Bill Johnston, who is a graduate of Washington & Lee University, is the past president and COO of the NYSE. He has a special passion for Plymouth Harbor as his mother, father, two aunts and an uncle were former residents. Bill and his wife, Elizabeth, have two children and two grandchildren. They split their time between Bradenton and New Jersey.
- ◆ Bobby Mitchell, who is a loyal Gator and graduate of University of Florida with a BS Degree in Building Construction, is the owner of Rowe-Mitchell Construction Company. Bobby is active on several other boards including the YMCA and Gulf Coast Builders Exchange. He and his wife, Brenda, reside in Sarasota and have two children.

The other non-resident trustee present was Dr.

Fred Moffat, who is an active member of the Residents Health Committee and chairs the Trustee Health Committee. He and his wife, Molly, have four children and six grandsons.

Judge Dean concluded his remarks by expressing appreciation to Bill Seiberling, Mary Allyn and Norma Compton for the time they spend as resident trustees representing the residents of Plymouth Harbor admirably and effectively.

The 2008 Annual Resident — Trustee Dinner was brought to a close with remarks by Bill Seiberling who called the evening a success. He thanked the Dining Services staff for their hard work preparing and serving a wonderful dinner, and the Trustees for the many hours they spend with Plymouth Harbor focused on assuring our long-term success.



Bill Seiberling & Roy Dean

This was an excellent opportunity for all of us to get together one more time before many residents head “up north” for a few months. To them, I wish a safe and healthy summer. To those who are staying home, I look forward to spending the summer with you here at Plymouth Harbor, which *Sarasota Magazine* announced this week is the “Best of the Best” retirement community in Sarasota.

INTRODUCING

Mr. Robert O. Barkley, Jr.

Mrs. Marilyn Barkley

Move-In Date: February 25, 2008

Apt. T-1706 Ext. 536

Marilyn lived in Indiana and graduated from Coe College in Iowa. Bob lived in Pittsburgh and graduated from Allegheny College in Meadville, PA. It was theatre that brought them together in the 50s. Both were in Indiana where Marilyn wanted to join a theatre group in Elkhart. The director asked Bob, already a leading man in the theatre group, to interview her. That interview led to their marriage.

Acting became a big part of their non-working lives. But music probably has influenced them most. Both Marilyn and Bob have great singing voices and Bob's father was a composer and a musician who could play every instrument.

Marilyn has appeared as Yenta in "Fiddler on the Roof," as Elvira in "Blithe Spirit" and as the captain's daughter in "Pinafore." Among many other leading roles, Bob has appeared in "Knickerbocker Holiday" and as Mister Roberts in the play of the same name.

Bob started his business career with U.S. Steel in Pittsburgh. He then moved on to Armstrong Cork, and later went into business for himself, ending up as a consultant in northern Indiana creating retirement plans for executives.

Marilyn started as a kindergarten teacher in Chicago, and ended up designing the interiors of mobile homes manufactured by her father.

Marriage put an end to Bob's term as president of the Bachelors' Club in South Bend. But, predictably, the marriage lasted longer than the Bachelors' Club — Marilyn and Bob celebrated their 50th wedding anniversary last year.

The Barkleys have two daughters. Lisa is in Indianapolis and the mother of 12-year-old Emma, a green belt in karate. Julie, a painter who spent three years as a "starving artist" in Paris, is back in the U.S. selling imported German cars to customers around the world.

In her spare time Marilyn weaves fabrics on a loom and baskets. An avid shell collector, her collection contains shells from everywhere in the world she has visited. Three shells were named for her. One is very rare, the only one of its kind ever found in North America.

Since they have lived here on Longboat Key for 18 years, Bob is a trustee of Ringling College of Art and Design. In addition to English, Bob speaks Spanish, French and Italian. Marilyn also is fluent in French and Italian.

They have installed a big movie-like screen in their apartment on which they show DVDs from their collection of operas, ballets and classical music on an occasional "opera night."

Bob is an accomplished swimmer, and the Barkleys are boaters, too. Until recently they had a Valiant 49 which they kept docked at Nassau in the Bahamas. Unfortunately, someone broke in, started a fire and sank the boat. Bob is thinking of replacing it with a small day-sailer which he will keep right here at Plymouth Harbor.

- Betty Blair



INTRODUCING

Mr. Joseph "J.J." Ranna

Move-In Date: February 15, 2008

Apt. T-1403 Ext. 354

J.J., as he prefers to be called, moved into his lovely apartment on February 15, 2008. He was born in New Orleans and still maintains a home there. He has another favorite place in Little Cayman, B.W.I. So with two other homes, he does not plan to be living at Plymouth harbor full time, at least for the present.

J.J. is a graduate of Tulane University (1947) and is a mechanical engineer. After 43 years of marriage, he was widowed in 1997. He has a son and a daughter who have given him two granddaughters and one grandson.

An officer in the U.S Navy, J.J. served in the Pacific Theatre – Philippines, Iwo Jima, and Okinawa. For 20 years, he used his engineering skills in sales and service of heavy equipment. As executive vice-president of a large real estate development firm, he built some major office buildings in New Orleans, Chicago, Miami and Columbus, Ohio. He is a member of the American Society of Mechanical Engineers and the Louisiana Engineering Society.

J.J. loves travel and duck hunting. He keeps a boat at each of his two homes and is an enthusiastic fisherman. He used to have a place in Islamorada on the way to Key West where he enjoyed bone fishing.

Among his other skills and talents, J.J. makes good use of his computer. That's how he discovered Plymouth Harbor and its proximity to water, boating and fishing.

Being a connoisseur of good food, for which New Orleans is famous, J.J. has high praise for the Plymouth Harbor dining room and Chef Noah's menus.

J.J. doesn't scare easily. Until this last hurricane in New Orleans, he never evacuated. But this time, he responded to the pleas of a lady friend and his daughter before the big blow came. Fortunately J.J.'s home sustained no damage but his son Keith's home was completely destroyed.

If you're planning a trip to New Orleans, you might be wise to consult with J.J. in advance. He knows all the best places to dine and sights to visit.
- George Heitler



Welcome Our New Residents

Vera Kohn

Apt. T-614 Ext. 449

MOVE IN: April 2, 2008

Therese "Tree" de Lisser

Apt. N-214 Ext. 229

MOVE IN: May 1, 2008

INTRODUCING

Mr. Donald T. "Don" Wallace
Mrs. Florence J. "Peggy" Wallace

Move-In Date: February 27, 2008
 Apt. T-1205 Ext. 343

When you ask Peggy and Don Wallace about the important parts of their lives, they both say: the theater, music, helping others, and raising three sons.



Don's long career in television began in the early days of black and white screens and developed into directing, producing and writing for various long-

running soap operas, principally *The Edge of Night* (CBS, 1956-68) and *One Life to Live* (ABC, 1968-1989), which he put on the air with his partner, Agnes Nixon.

"My part of the writing" adds Peggy with a satisfied grin, "was being Don's sounding board when he came down from his upstairs office to

try out an idea. Although, she says, "Don and I actually worked together in all things. I became his typist, his researcher and often his memory."

Music has been another vital part of their lives. Both hold Bachelor of Music degrees and have directed and/or sung in church choirs during most of their married life.



Together they founded Learning for Life, a one-on-one tutoring program run by the First Congregational Church (UCC) for students of Alta Vista School.

Three sons — Bruce, a professional musician here in Sarasota; Tom, a partner with a major New York accounting firm; and Gordon, who with his wife runs an interactive music program for children — are an important part of the Wallace's lives, together with seven grandchildren and two great-grandchildren.

This delightful couple says, "We had the best of all worlds."
 -Virginia Cramer

A dull summer? Not on your life!

(Call Ext. 252 to sign up)



Red Barn Flea Market ~ Friday, May 9



Sarasota Music Festival Concerts: June 6 & 7, June 13 & 14, June 20 & 21

The Good Body by Eve Ensler ~ June 28

Menopause the Musical ~ July 9



Banyan Theatre Company

A Moon for the Misbegotten ~ July 2

True West ~ July 23

The Clean House ~ August 13





New in the Library (* indicates a gift)

FICTION - Regular Print

Buckingham Palace Gardens by Anne Perry
 Change of Heart by Jodi Picoult
 The Ghost War by Alex Berenson
 The Invention of Everything Else
 by Samantha Hunt
 Tug of War* by Barbara Cleverly

FICTION - Large Print

Below the Surface* by Karen Harper
 The First Patient* by Michael Palmer
 Hollywood Crows by Joseph Wambaugh

NONFICTION - Regular Print

The Bin Ladens by Steve Coll
 The New York Public Library
 Desk Reference*
 The Zookeeper's Wife* by Diane Ackerman

DVDs

Angels in the Dust
 Atonement
 The Counterfeit Traitor*
 Daddy Long Legs*
 Dances with Wolves
 Death at a Funeral
 Gone Baby Gone
 Goya's Ghosts
 In the Valley of Elah
 Intermezzo
 King of California
 Michael Clayton
 Mr. Deeds Goes to Town
 Mr. Magorium's Wonder Emporium
 The Museum of Modern Art: In Our Time
 The Music Man
 No Country for Old Men

No Reservations
 Persuasion*
 The Pink Panther*
 Primary Colors
 Romance and Cigarettes
 Seven Brides for Seven Brothers
 The Shawshank Redemption*
 Till the Clouds Roll By*



Reminder to Residents from the Library Committee



Please remember to sign and leave the book card in the box when you take out a library book.

Please return New Books within two weeks; all other books, within three weeks.

For Your HEALTH & WELLNESS ...

Low Vision Program

The Importance of Humor in Every Day Life

Presented by

Chaplain Jerry O'Connor



Friday

May 2

3:00 pm

MacNeil Chapel

Health Matters

Gastrointestinal Potpourri Common GI Ailments of the Elderly

Presented by K. R. Byju, M.D.

Gastroenterologist



Wednesday

May 21

3:00 pm

Pilgrim Hall

Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday May 20

Please call Home Care at Ext. 210 for an appointment.



Beginning in June, an additional Hearing Aid & Ear Check Clinic date will be added: the first Tuesday of each month from 9 to Noon

Mayflower Dining Room

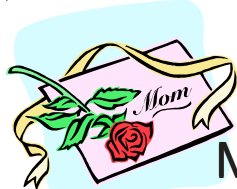
May Events



**Cinco de Mayo
Fiesta Buffet
May 5**



**Memorial Day Dinner
May 26**



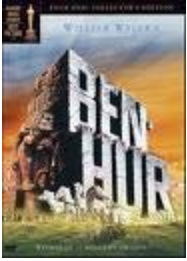
**Mother's Day Brunch
May 11**



**Pizza Lunch Buffet
May 28**



PROGRAMS in May ...



MOVIE: BEN HUR

Eleven Academy Awards went to this epic film starring the late Charlton Heston in his role as Judah Ben Hur, a wealthy merchant living in the time of Christ. It's long, so it will be shown in two parts.

Part 1: Tuesday, May 6 2:00 pm & 7:45 pm

Part 2: Thursday, May 8 2:00 pm & 7:45 pm



BODY LANGUAGE: THE ART OF MIME

Sometimes our mouth says one thing and our body language says another! Kenney DeCamp, body linguist, presents an artistic experience with the focus on body language.

Thursday ~ May 15 ~ 7:45 pm ~ Pilgrim Hall

BOOKER VPA GUITAR ENSEMBLE

Another stellar performance from Booker High School's Visual & Performing Arts Program comes to our stage this evening with ten guitars and a varied program from modern to Villa Lobos.



Thursday ~ May 22 ~ 7:45 pm ~ Pilgrim Hall

DVD: THE SONGWRITERS

KANDER & EBB ~ ALAN JAY LERNER

This DVD combines the musical theater of and stories from the great show business team of John Kander & Fred Ebb, and Alan Jay Lerner. Best known for their work on CHICAGO and CABARET, Kander & Ebb play their favorites and recount tales from throughout their careers. Perhaps best known for his work on MY FAIR LADY and GIGI, Lerner performs some of his hits and discusses the art of writing.

Thursday ~ May 29 ~ 7:45 pm

Pilgrim Hall



~ Sponsored by the Program Committee ~



MOVIES

Showing in May

2:00 pm Sundays 7:30 pm

- May 4** *Things We Lost in the Fire*
 2007 Color 118 minutes **Rated R**
- May 11** *Dan in Real Life*
 2007 Color 98 minutes **Rated PG-13**
- May 18** *Into the Wild*
 2007 Color 148 minutes **Rated R**
- May 25** *The Kite Runner*
 2007 Color 127 minutes **Rated PG-13**

Do you have a MOVIE request?
 Please Call Ext. 252 to let us know

2:00 pm Tuesdays 7:45 pm

- May 6** *Ben Hur (Part 1)*
 1959 Color 141 minutes **Rated G**
 Part 2 (80 minutes) will be shown
 Thursday, May 8 at 2:00 pm & 7:45 pm
- May 13** *Butch Cassidy and the Sundance Kid*
 1969 Color 110 minutes **Rated PG**
- May 20** *Arthur*
 1981 Color 97 minutes **Rated PG**
- May 27** *Meet Me in St. Louis*
 1944 Color 113 minutes **Not Rated**



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