

Harbor Light

March 2008

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

Reflections from Chaplain Jerry O'Connor

The name March comes from ancient Rome, when March was the first month of the year and called *Martius* after Mars, the Roman god of war. In Rome, where the climate is Mediterranean, March is the first month of spring, a logical point for the beginning of the year as well as the start of the military campaign season. Many cultures and religions celebrate the beginning of the new year in March. In the Christian tradition, March is always a part of the Lenten season, a time of reflection and prayer focused on the death and resurrection of Jesus. In a trivial sense it is also the month that is said to “come in like a lion, out like a lamb.” It is the month, in the northern hemisphere, in which the last of the winter storms occur and it sets the stage for the birth of new life with the coming of Spring. The parallels with the deeper meanings of Lent and the new life that comes with Easter are interesting.

While Lent is a time of reflection and prayer, those prayers might well focus on the *wars* we fight within us, the battles between what we would call *good* and *evil* within us and the victory of God’s love for us revealed in the death and resurrection of the One we call Savior/Messiah (in the Christian faith tradition). If March was the beginning of the military season for ancient Romans, it is an apt parallel to those inner battles we fight as we wait upon God’s grace revealed in Jesus. Battles, military or spiritual, can be fought with the power of the lion, but in the end it is the *Lamb of God* who gives meaning and purpose to our lives — new life springs forth in all who are spiritually reborn. It requires *change*, change in perception of who we are, change in our attitudes and our behavior. Christians are often known as *Easter people*.

Our Lenten journey continues with Palm Sunday and Holy Week, including:

Wednesday Chapel Service	March 19	10:30 a.m.
Good Friday Service	March 21	10:00 a.m.
Easter Sunday Mass	March 23	10:30 a.m.
Easter Sunday Service	March 23	3:00 p.m.

All services will be held in MacNeil Chapel.

FAQ: Parking

When guests are visiting someone at Plymouth Harbor, do they have to come in to the Front Desk and get a parking permit to leave on their dash and then go park their car?

No. Security Officers will make every effort to approach visitors as they arrive, give them a parking permit, and direct them to the proper parking location. One-time visitors will be asked to leave the permit at the Front Desk upon departure. Frequent visitors will be encouraged to keep the permit for future visits.

How can people identify where visitor parking is located? Is the only indication on the curb?

Each visitor space is identified on the front side of the curb.

Can residents park in visitor parking for short periods in between trips out during the day (e.g.: go out for a morning appointment, return to Plymouth Harbor for lunch, then go out shopping in the afternoon)?

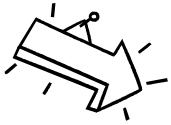
To ensure that visitor spaces are available for visitor use, we ask that residents utilize their assigned space. As always, shuttle service is available for your convenience.

Are contractors permitted to use the North Garden parking area?

Contractor parking is restricted to the spaces along the north side of the property (parallel to John Ringling Boulevard) and the east side of the property (between Plymouth Harbor and the Sarasota Yacht Club).

What is the designated length of time that a resident can leave a car parked in a "Handicapped Parking" space?

No more than eight hours in the two spaces located just east of the front door, and no more than four hours in the space next to the space reserved for Marketing & Sales. As stated in the Resident Handbook (2-7), "In compliance with the Americans with Disabilities Act (ADA), handicapped parking spaces are provided at appropriate locations on the Plymouth Harbor campus. These spaces are available for any vehicle bearing an official handicapped parking tag and are not to be used by any resident as an on-going parking location."



ENERGY CONSERVATION

There is good news on the energy saving front. We applaud the following efforts.

- More residents are using compact fluorescent light bulbs in their apartment lamps.
- Some with larger tanks on their bathroom toilets are placing ½ gallon bottles filled with water in the tanks. This reduces the amount of water pumped in to refill the tank.
- One state-of-the-art two-flush toilet has been installed in a Plymouth Harbor apartment. Our Maintenance staff is interested in how effectively it operates.
- When apartments are refitted for new residents, new, more efficient fixtures are installed.
- It has been noted that Publix Green Wise toilet tissue is easier on plumbing.
- Gordon Okawa, director of community relations, has discovered the *Handbook on Conservation for Retirement Communities* (grayisgreen.org) which can be a guide for communities like ours.

Employee of the Month February 2008



Sam Zehr
Dining Services

"Sam not only takes a great deal of pride in the foods he prepares but also exhibits true professionalism during the most heated times. Sam is a fine cook and a real asset to Plymouth Harbor."

In Memoriam

Minna S. Wurzburg
February 9, 2008

Barbara Loftus
February 10, 2008

Robert D. Hevey
February 22, 2008

INTRODUCING

Beverly Paskow

Move-In Date: July 11, 2007

Apt. T-501 Ext. 426

We have all heard the saying that the best laid plans often go agley. For years, while living in their condo on Longboat



Key, Herbert and Beverly Paskow had planned to eventually move to Plymouth Harbor and live happily ever after. Unfortunately, health issues somewhat altered their plans. But both are

now settled in at Plymouth Harbor, Herb being one of the first community residents admitted to our Smith Care Center last June and Beverly residing in one of our Tower apartments. She appreciates that she can easily visit Herb throughout the each day.

Born in Elizabeth, NJ, Herb was graduated from the University of Pennsylvania and Columbia Dental School. Beverly, born in Philadelphia, PA, also graduated from the University of Pennsylvania as a dental hygienist, studied art and art history and later became an art consultant. They married and lived in Elizabeth, NJ, and Westfield, NJ, while Herb had a dental practice in Crawford, NJ.

Beverly enjoys playing golf and bridge, walking and swimming, and movies and the theater. While living on Longboat Key she served as a volunteer librarian at Temple Beth Israel. A potter, she hopes to turn out samples of her lovely work in our art studio.

The Paskows have two sons, Steven, an optician with Cosco of Vallejo, CA, and Richard of Palm Harbor, FL, who is now retired.

We extend a warm welcome to this interesting couple.

- Peg Schwarz

Plymouth Harbor Volunteers

TRANSPORTATION ESCORTS



Would you like to have someone accompany you on Plymouth Harbor transportation when you have a medical appointment? If so, when you call the Transportation Line (Ext. 399) to set up your transportation, ask for a volunteer to accompany you.

RED CAB SERVICE

Do you travel with a walker or find the distance from your apartment to the Library, the Fund Shop, the Mezzanine Art Gallery, Davidson's Gift Shop or elsewhere on campus to be a very long walk?



Call Jean Lions (Ext . 370) or Lydia Hecht (Ext. 554) to set up Red Cab Service. We'll arrange a pick up in our Red Wheelchair to take you anywhere on campus you want to go.

MEZZANINE GALLERY

A Photographic Exhibition

by Dimage

March 4 to April 8, 2008

Dimage, Inc. is a local organization of over 800 photographers devoted to learning more about digital photography and digital imaging technology. At monthly meetings, members and guests have the opportunity to share information on a variety of topics such as new cameras, classes and informational websites, and to troubleshoot challenges with equipment and software. Tutorials on Adobe Photoshop and Photoshop Elements provide members with instruction that enhances the ability to improve digital images. Members are encouraged to experiment with new techniques by participating in monthly assignments and field trips to nearby attractions of photographic interest. Also, members are encouraged to participate in competitions on the local and global level.

Every so often, Dimage members have the opportunity to share artwork and photographic images with the community. The Plymouth Harbor Mezzanine Gallery will showcase 36 framed images from this talented group of photographers during the month of March. These images will be available for viewing and purchase.

Opening Reception

Tuesday ~ March 4

5:00 to 6:30 pm

All Residents Are Invited

WELCOME New Residents

Beth Y. Gleick

Apt. T-1507 Ext. 371

MOVE IN: February 4

Joseph "JJ" Ranna

Apt. T-1403 Ext. 354

MOVE IN: February 15

Betty Templeton

Apt. T-707 Ext. 458

MOVE IN: February 15

G. Paul Groen

Maxine "Macky" Groen

Apt. T-2006 Ext. 577

MOVE IN: February 22

Robert O. "Bob" Barkley, Jr.

Marilyn Barkley

Apt. T-1706 Ext. 536

MOVE IN: February 25

**Donald T. "Don" Wallace
Florence J. "Peggy" Wallace**

Apt. T-1205 Ext. 343

MOVE IN: February 27



New in the Library (* indicates a gift)

FICTION - Regular Print

Dakota by Martha Grimes
 The Devil in the White City by Erik Larson
 Down River* by John Hart
 The Ghost War by Alex Berenson
 A Golden Age by Tahmima Anam
 Interred with Their Bones*
 by Jennifer Lee Carrell
 The Monsters of Templeton by Lauren Groff
 An Ordinary Spy by Joseph Weisberg
 The Reserve by Russell Banks
 The Serpent's Tale by Ariana Franklin
 The Wedding Officer* by Anthony Capella

FICTION - Large Print

Missing* by Jasmine Cresswell
 When Darkness Falls* by James Grippando

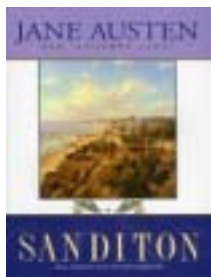
NONFICTION - Regular Print

City in Time: New York*
 by William Hayes & Gilbert King
 The Geography of Bliss by Eric Weiner
 Here If You Need Me* by Kate Braestrup
 The Letters of Noel Coward* edited by Barry Day
 Losing and Finding* by Rawley Silver
 A View from Sarasota by Waldo Proffitt
 Why Mars & Venus Collide by John Gray, Ph. D.

DVDs

2 Days in Paris	Antwone Fisher*
The Celestine Prophecy*	The Game Plan
Gracie	The Golden Door
Harvey	I Am David
Jean Renoir Collector's Edition	
Jewels	Once
Prince Igor	Rendition
Sydney White	

BOOK DISCUSSION



Sanditon: Jane Austen's Last Novel Completed

by
 Jane Austen & Another Lady

Thursday ~ April 10 ~ 2:30 pm ~ Card Room

Call Ext. 252 to sign up and order your copy of the book.

For Your HEALTH & WELLNESS ...



LOW VISION PROGRAM

Memory, Aging & Vision Loss

Presented by Kathleen Houseweart

Clinic Coordinator, SMH Memory Disorder Clinic

Friday ~ March 7 ~ 3:00 pm ~ MacNeil Chapel



Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday March 18

Please call Home Care at Ext. 210 for an appointment.



HEALTH MATTERS

Topics in Cancer - 2008

Presented by Phyllis A. Stephenson, MD, Oncologist

Wednesday ~ March 19 ~ 3:00 pm ~ Pilgrim Hall

BUS OUTING

A behind-the-scenes tour of Goodwill

followed by a Dutch treat lunch

Friday, March 14, departing at 10:00 am

Cost: Bring something to donate when we get there!

(Call Ext. 252 to sign up)



PROGRAMS in March ...

~ Sponsored by the Program Committee ~

Center Stage

Riverview High School's Chamber Choir

Tuesday ~ March 4 ~ 7:15 pm ~ Pilgrim Hall

Center Stage will treat us to an a capella concert including Renaissance, contemporary, pop, jazz, madrigal and folk music selections. Center Stage is one of five choirs in the choral program at Riverview High School. Students from this choral program have performed in eight European tours and at Carnegie Hall (NYC). The choirs participate in district and state competitions each year. They also perform locally throughout the school year. (Please note earlier than usual time!)



Drake School of Irish Dance Performers

Thursday ~ March 13 ~ 7:45 pm ~ Pilgrim Hall



Just in time for St. Patrick's Day come the Drake Irish Dancers -- performing once again on our stage and in the aisles of Pilgrim Hall. The intricate steps you will see were invented by the dancing masters prevalent in Ireland who traveled village to village in the 18th and 19th centuries. Don't miss this high-energy performance that'll have you tapping your toes!

The Lost World of James Smithson

Meet the Author: Heather Ewing

Tuesday ~ March 18 ~ 7:45 pm ~ Pilgrim Hall

In 1836 the United States received a strange gift -- a half million dollar bequest from English scientist James Smithson, a man who had never set foot in the United States. From his bequest grew the Smithsonian, the largest museum and research complex in the world. Now we have the opportunity to meet Heather Ewing, the historian who flew to England, sorted through Smithson's bank statements, read his friends' letters, his fellow scientists' diaries, his mother's voluminous lawsuits, and managed to piece together a portrait of an altogether exceptional, eccentric and visionary man in *The Lost World of James Smithson*.



DVD PROGRAMS

Verdi's Messa da Requiem

Friday ~ March 21 ~ 3:00 pm ~ Pilgrim Hall

In this performance of Giuseppe Verdi's *Messa da Requiem*, the Berliner Philharmoniker plays under the direction of Claudio Abbado. The glorious voices of Angela Gheorghiu, Daniela Barcellona, Roberto Alagna and Julian Konstantinov are heard. (89 minutes)

The Museum of Modern Art: In Our Time

Thursday ~ March 27 ~ 7:45 pm ~ Pilgrim Hall



From an initial gift of eight prints and one drawing, MoMA's collection has grown to include 150,000 paintings, sculptures, drawings, prints, photographs, architectural models and drawings, and design objects. MoMA also owns some 22,000 films, videos, and media works, as well as film stills, scripts, posters and historical documents. Come along for a tour! (60 minutes)



Mayflower Dining Room

March Events



St. Patrick's Day
DINNER

Monday March 17

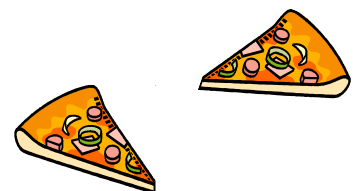
Enjoy a traditional
Irish menu

Easter Brunch

Sunday March 23



PIZZA Lunch Buffet



**Wednesday
March 26**



MOVIES

Showing in March

2:00 pm Sundays 7:30 pm

- March 2** *The Heartbreak Kid*
 2007 Color 114 minutes **Rated R**
- March 9** *3:10 to Yuma*
 2007 Color 122 minutes **Rated R**
- March 16** *Elizabeth: The Golden Age*
 2007 Color 115 minutes **Rated PG-13**
- March 23** *Becoming Jane*
 2007 Color 120 minutes **Rated PG**
- March 30** *Gone Baby Gone*
 2007 Color 114 minutes **Rated R**

Do you have a MOVIE request?
 Please Call Ext. 252 to let us know

2:00 pm Tuesdays 7:45 pm

- March 4** (2:00 only) *The Godfather: Part II*
 1974 Color 200 minutes **Rated R**
- March 11** *Casablanca*
 1942 B&W 102 minutes **Not Rated**
- March 18** (2:00 only) *The Godfather: Part III*
 1990 Color 170 minutes **Rated R**
- March 25** *A Hard Day's Night*
 1964 B&W 87 minutes **Rated G**



700 John Ringling Blvd.
 Sarasota, FL 34236-1551
 941-365-2600
<http://plymouthharbor.org>

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