

# Harbor Light

June 2008

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PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

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## Plymouth Harbor's Health Care Services

Health care is one of the most highly regulated industries in the world. Here at Plymouth Harbor we strive to meet the many federal and state requirements governing our skilled nursing facility, the Smith Care Center; assisted living facility, the Callahan Center, and the Plymouth Harbor Home Health Agency.

Every two years the Callahan Center is surveyed by the Agency for Health Care Administration. That survey occurred this year on March 6<sup>th</sup>. The day long inspection resulted in three minor paper compliance issues, eventually resolved by "desk review." Congratulations to Bette Stratton and the entire Home Care/Callahan Center staff for a job well done.

The Smith Care Center receives an unannounced annual survey. The four to five member survey team from the Agency for Health Care Administration can arrive from nine to fifteen months following the last survey. This year they arrived at 7:30 a.m. on April 28, 2008. This was considered one of their mandatory "off hours survey" that must occur on weekends and night time hours. The annual survey is both a state licensure and federal certification survey. This three day comprehensive survey produced no deficiencies. This "perfect survey" is a wonderful validation for the high quality care provided by the talented caring staff of the Smith Care Center every hour of every day. Congratulations to Carol Dodson and the entire Smith Care Center staff for this awesome accomplishment.



There is still the possibility for a Home Health Agency survey before year's end.

Dorothy M. Barichak  
Administrator of Health Services



700 John Ringling Blvd.  
Sarasota, FL 34236-1551  
941-365-2600  
<http://plymouthharbor.org>

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**Harbor Light**

**Biography Committee**

Perry Monroe, *chair*.

Betty Blair  
Martha Bueneke  
Virginia Cramer  
George Heitler  
Joanne Hogan  
Isabel Pedersen  
Peggy Schwarz  
Ed Shapiro  
Jim Stern  
Sallie VanArsdale

## Notes from Chaplain Jerry O'Connor ...

The Early Christianity series ends on Friday, May 30. A special program is scheduled for Friday, June 6. Then there will be a break in Friday morning programs until July 11 when Chapel Talk will resume for the summer months.

### *Preaching and the Black Idiom*

presented by **The Rev. Rosemary Gremban**

**Friday June 6 10:30 am**

Rosemary had the privilege of attending a class on this topic with The Rev. Dr. Gardner Taylor, a Black minister, author and preaching professor. Dr. Taylor's credentials are *grand* in many ways; he gets a celebrity's welcome when he takes pulpits in churches across the nation; he is known as an influential American preacher, noted for his eloquence and deep understanding of Christian faith and theology. Dr. Taylor served as senior pastor of the Concord Baptist Church of Christ in Brooklyn, NY.

In the shadows of the recent controversy over Barak Obama's relationship with the Rev. Dr. Jeremiah Wright, this will be a very interesting session and an opportunity for us to understand more about the role and style of Black preaching. We will meet in MacNeil Chapel and look forward to every seat being taken.

Chaplain Jerry will be away from June 19 - July 1.

## In Memoriam

**Harriet O. Green**

April 30, 2008

**Lillian P. Huisking**

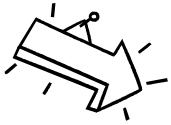
May 13, 2008

**J. Tower Thompson**

May 2, 2008

**Christine M. Letson**

May 20, 2008



## ENERGY CONSERVATION

### ARE YOU LEAVING FOR THE SUMMER?

**There are things that you can do to save energy.**

1. Set the thermostat at 80 degrees while you are gone.
2. Close all blinds, curtains and storm shutters.
3. Pull out the plugs on your TV, VCR, DVD, stereo and computer. Also, do the same with your electric clock, radio, microwave oven (if it is not wired in), and anything else that uses power continuously.
4. There are two energy-saving tricks with the refrigerator. First, if there is an ice maker, turn it off. Second, freeze some bottles of water and leave them in the freezer.
5. Be sure dripping faucets or running toilets are fixed before you leave.

Have a good summer. We will miss you.  
AND FOR THE REST OF US ...

Whether leaving for a day, a week or a month, many of these same suggestions are helpful. In particular, turning up the thermostat, even if only for a few hours, helps. Any room not in use does not have to be quite as cool as the others.

But blessings on whoever invented air conditioning!

- Ad Hoc Energy Conservation Committee -

### Employee of the Month -- May 2008

*Lynn Hawkes of Dining Services*

"Lynn has never missed a day of work. She is a hard worker and is willing to help anyone in need. Lynn is a role model for everyone around her because of her consistent great attitude toward work and life."



# MEZZANINE GALLERY

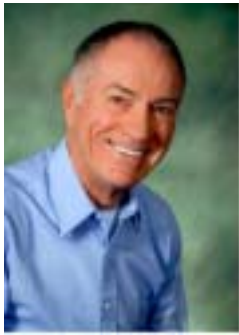
## “Birds of Southwest Florida”

by Lou Newman

June 3 — September 29, 2008

As a teenager Dr. Lou Newman developed a curiosity about photographic techniques which evolved into a major lifelong hobby. Photography was a significant leisure time activity throughout his years as a rancher and veterinarian in Montana, and became more than a hobby when he left practice to become

a veterinary college faculty member and pursue an advanced degree and career in the academic arena. Photography was an integral part of his roles as veterinary pathologist, teacher, clinician, investigator, diagnostician and administrator.



During the 1990s Lou prepared for a photographic “career in retirement” and the change from film to digital imaging. Large animal medicine/surgery and wildlife studies have always been major interests and reinforced the progression to photography of wildlife and birds of the Florida coast, now his passion.

Lou has volunteered as a veterinary pathologist at Mote Marine Laboratory and as a veterinary surgeon at the former Pelican Man Bird Sanctuary. He also shared his digital imaging knowledge with guests on cruise ships during photography lectures and computer/Photoshop classes. He is an active member of the *North American Nature Photography Association* and the Sarasota photography/digital imaging organization, *Dimage*. His work is on permanent display at Sarasota Memorial Hospital and he frequently participates in regional exhibits.



### All Residents are Invited to Attend an Opening Reception

Tuesday ~ June 3, 2008 ~ 5:00 to 6:30 PM

#### Complimentary Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday June 3 9:00 to noon

Tuesday June 17 9:30 to 3:30

Please call Home Care at Ext. 210 for an appointment.



## INTRODUCING

### Vera Kohn

Move-In Date: April 2, 2008

Apt. T-614            Ext. 449

Even as a little girl, Vera Kohn knew exactly what she would be when she grew up — a journalist for the New York Times covering the United



States Supreme Court. While her career didn't turn out just as she dreamed, her early planning and determination were evident even then and have carried her far from her native Germany.

Escaping to New York with her parents when she was 12, Vera spent her teen years in New York City. She majored in journalism at Hunter College and earned a Masters in Political Science at Columbia. She put these to use teaching at Wayne State University. Married, she lived in Detroit for six years.

Then her husband died and she moved back to New York where she started a new career in management development. This included doing research as a staff member of the American Management Association and led to her becoming a free lance management consultant.

This changed when she remarried, this time to a psychologist. He was involved in a study following children as they went from kindergarten through fourth grade. Vera helped him write and publish a book about his research. She enjoyed it so much that soon she became a ghost writer for other psychologists who were trying to get their work into print.

Vera lived in New York City to the hilt. She loved opera and went frequently to the Metropolitan. She was a member of the Metropolitan Opera Guild, the League of Women Voters and the National Council of Jewish Women. She also taught English as a second language and enjoyed traveling, spending winters in Sarasota as a snowbird.

When her second husband died, leaving her once again a widow with no children, Vera decided to move to Sarasota where she is a member of the Literacy Council, teaches piano, and continues to attend the opera. In her spare time she studies French, reads, knits and embroiders, plays Scrabble and listens to music.

Though she has been at Plymouth Harbor only a short time, she already feels at home here and is looking forward to making friends, perhaps starting a music committee, a small musical group or a music appreciation class. We can see that it won't be long until Vera is a valued member of the Plymouth Harbor family.        - **Betty Blair**

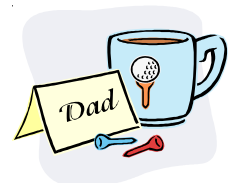
## Flag Day

June 14



## Father's Day

June 15





## New in the Library (\* indicates a gift)

### FICTION - Regular Print

Blue Screen\* by Robert B. Parker  
 Cat's Eyewitness\* by Rita Mae Brown  
 The Front by Patricia Cornwell  
 The Girl of His Dreams by Donna Leon  
 Go With Me\* by Castle Freeman Jr.  
 The Hunters\* by W.E.B. Griffin  
 Invisible Prey\* by John Sandford  
 The Miracle at Speedy Motors  
     by Alexander McCall Smith  
 Phantom Prey by John Sandford  
 The Steel Wave by Jeff Shaara  
 Stone Cold Dead\* by Stephen Lewis  
 The Third Angel by Alice Hoffman

### FICTION - Large Print

Innocent in Death\* by J. D. Robb  
 Payback\* by Jasmine Cresswell  
 Strangers in Death\* by J. D. Robb  
 Sunday at Tiffany's\* by James Patterson  
 Twisted Creek\* by Jodi Thomas  
 The Whole Truth by David Baldacci

### NONFICTION - Regular Print

The Age of Reagan by Sean Wilentz  
 The Age of Turbulence\* by Alan Greenspan  
 Audition by Barbara Walters  
 Blood & Whiskey\* by Peter Krass  
 Dreams and Shadows\* by Robin Wright  
 The Prince of Frogtown\* by Rick Bragg  
 A Terrible Glory\* by James Donovan  
 A Voyage Long and Strange by Tony Horwitz

### DVDs

27 Dresses  
 Arthur  
 Auntie Mame  
 Ben-Hur  
 Beowulf  
 Butch Cassidy and the Sundance Kid  
 Charlie Wilson's War  
 Dan In Real Life  
 The Diving Bell and the Butterfly  
 Enchanted  
 Executive Suite\*  
 Golden Boy\*  
 The Holcroft Covenant\*  
 Into the Wild  
 Juno  
 The Kite Runner  
 Lars and the Real Girl  
 Love Is A Many-Splendored Thing\*  
 Maria Stuarda\*  
 Savages  
 Sweeney Todd  
 There Will Be Blood  
 Things We Lost in the Fire



### Videos

The Fabulous Dorseys\*  
 The Heat of the Day\*  
 Left Behind\*  
 The Man Who Never Was\*

# Places to Go ... Call Ext. 252 to sign up

## AFTERNOON STROLL

Ringling Museum's Searing Wing  
 Monday, June 16  
 Departs 2:00 pm

Phantasmagoria:  
 Spectors  
 of Absence



Ringling Retro:  
 Modern &  
 Contemporary Art

Cost: \$7.00 transportation  
 Monday is Free Day at the Museum

## DAY TRIP

### Starlite Princess Paddle Boat

Lunch and a leisurely narrated sightseeing  
 cruise through the intercoastal waterway near  
 St. Petersburg and Boca Ciega Bay



Friday, July 25  
 Departs 10:00 am

Cost: \$55.00 includes transportation, lunch  
 cruise with choice of six freshly prepared  
 entrees, tax & tip. Cash bar

Air conditioned interior & open air decks

## DINNER OUTING

### TROPICAL THAI

Downtown Sarasota

Tuesday, June 17



Menu available in Resident Services

Cost: \$7.00 transportation  
 Dutch Treat Dinner

## *New Residents*

**Jay Scott Pike**

**Margaret A. "Margi" Pike**

Apt. T-2012 Ext. 583

MOVE IN: May 16, 2008

**Shirley G. Diller**

Apt. T-2214 Ext. 390

MOVE IN: May 20, 2008

**W. Pearson Cannon**

Apt. T-1808 Ext. 553

MOVE IN: May 28, 2008

## *In-House Move*

**James & Barbara Machan**

Apt. T-512 Ext. 437

effective May 14, 2008

# 2008 Annual Employee Recognition Day

Plymouth Harbor's Employee Celebration Day was held on May 1<sup>st</sup>. The staff enjoyed a delicious picnic menu luncheon in Mayflower Dining Room. The meal was served by resident volunteers appropriately garbed in server's tuxedo uniforms!



The meal was served by resident volunteers appropriately garbed in server's tuxedo uniforms!

LEFT Beverly Wright



RIGHT Jeanne Seiberling, Jean MacArthur (Housekeeping) & Darla Bennett (Housekeeping)

BELOW LEFT Jeanne Seiberling, Norma Compton, George Heitler, Mary Allyn, Bill Seiberling & Florence Heitler      BELOW RIGHT Joan Runge, Andy Wright, Catherine Reichelderfer & Wilbur Legg



Members of the Management Council, clad in aprons, kept busy replenishing beverages and clearing tables. Each employee received a sling-style backpack featuring Plymouth Harbor's new logo.



LEFT Harry Hobson (CEO) serving Linda Knapp (Resident Services)

RIGHT Carolina Davis (Human Resources) displaying backpack



# 2008 Annual Employee Recognition Day

Door prizes were awarded throughout the luncheon with emcee Jim Myers announcing the winners.



TOP LEFT Jim Myers (Director of Environmental Services) and Megan Lingo (Dining Services)  
TOP RIGHT Ashley Edwards (Dining Services)  
BOTTOM LEFT Jannelly Collado (Housekeeping)  
BOTTOM RIGHT Patty Ann Lemery (Dining Services)



Later in the afternoon, a Recognition Program was held in Pilgrim Hall. Harry Hobson opened the program, followed by greetings from Bill Seiberling and Roy Dean, Board of Trustees President & Chairman. Employees were honored for their length of service: 93 individuals with a combined total of 1,364 years. Staff and residents enjoyed a power point montage of employee photographs entitled 'Beautiful Faces'.

Employees of the Month were recognized and the program concluded with the announcement of Sandy Etayo as the Employee of the Year. The final piece for the day was a reception in the Dining Lounge where staff and residents mingled and celebrated being a part of this very special place.



LEFT Tena Wilson (Director of Human Resources) honoring Sandy Etayo (Accounting) as Employee of the Year

RIGHT Employees of the Month: Liz Acs, Audrey Brown, Sandy Etayo, John Meloche, Kurt Gravsén, Sam Zehr



## PROGRAMS in June ...



### THE SONGWRITERS:

#### KANDER & EBB ~ ALAN JAY LERNER

This DVD shares the music and stories from the great show business team of John Kander & Fred Ebb, and Alan Jay Lerner. Kander & Ebb are best known for their work on CHICAGO and CABARET. Lerner is perhaps best known for his work on MY FAIR LADY and GIGI (DVD 103 minutes).

Thursday ~ June 5 ~ 7:45 pm ~ Pilgrim Hall

### LIFE OF BIRDS: THE DEMANDS OF THE EGG

Birds go to extraordinary lengths to protect their eggs, to keep them warm and safe from predators. To meet these challenges, they have developed the arts of pottery, carpentry, weaving, camouflage and deception (DVD 60 minutes).



Thursday ~ June 19 ~ 7:45 pm ~ Pilgrim Hall

### TWO AMERICAN ART MUSEUMS

Founded when Jefferson was president and the Revolution was still a part of living memory, the Pennsylvania Academy of Fine Arts is the nation's first art museum and art school (DVD 30 minutes). Twenty million earthly treasures are housed in the Field Museum in Chicago, and we are treated to a video exploration of this museum's encyclopedic collection of the epic story of the Earth and its people (DVD 28 minutes).

Thursday ~ June 26 ~ 7:45 pm ~ Pilgrim Hall

SARASOTA MUSIC FESTIVAL

#### Student Concert

Wednesday ~ June 11 ~ 7:45 pm ~ Pilgrim Hall