

Harbor Light

February 2008

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

Hold the Elevator

Those residents who were privileged to see Howard Buermann's first comedy spoof of Plymouth Harbor remember it as the funniest and wackiest of the entire series.

Now ... the Plymouth Harbor Players will present the original version, in its entirety.

And in case you think the latest "crisis" at Plymouth Harbor is new and different, think again.

Hold the Elevator was written 18 years ago and we are still "rumor mongering."

Three performances with an all-star cast (some of whom you may recognize):

Thursday	February 28	8:00 pm
Friday	February 29	2:00 pm
Friday	February 29	8:00 pm



Traditionally, a sell out --- make your reservations early!
Call Resident Services at Ext. 252

Reflections from Chaplain Jerry O'Connor ...

The Dash was used as the basis for my meditation at our 2008 Celebration of Life service on January 9. Many asked for copies, thus I share it with you in this format. It surely expresses what all of us hope our Dash might include in our life journey, and it is a reminder that while we are still here we might want to “rearrange” some things. Enjoy.

***The Dash* by Linda Ellis**

I read of a man who stood to speak
at the funeral of a friend.

He referred to the dates on her tombstone
from the beginning ... to the end.

He noted that first came the date of her birth
and spoke of the following date with tears,
but he said what mattered most of all
was the dash between those years.

For that dash represents all the time
that she spent alive on earth
and now only those who loved her
know what that little line is worth.

For it matters not, how much we own,
the cars ... the house ... the cash.
What matters is how we live and love
and how we spend our dash.

So think about this long and hard;
are there things you'd like to change?

For you never know how much time is left
that can still be rearranged.

If we could just slow down enough
to consider what's true and real
and always try to understand
the way other people feel.

And be less quick to anger
and show appreciation more
and love the people in our lives
like we've never loved before.

If we treat each other with respect
and more often wear a smile ...
remembering that this special dash
might only last a little while.

So when your eulogy is being read
with your life's actions to rehash,
would you be proud of the things they say
about how you spent your dash?

In Memoriam

Henry Darbee
January 17, 2008

Alice W. Jones
January 31, 2008



ENERGY CONSERVATION

Conservation Suggestions to Consider

- ◆ Lower your apartment temperature one degree during the cool season.
- ◆ Run dishwashers and washing machines with full loads.
- ◆ Use the garbage disposal sparingly; this saves water and electricity.
- ◆ Turn off your TV when you are not watching it.
- ◆ Find a reading spot near a window where you can use natural light instead of electric light for reading.

Post facto: If the Colonies, at their meetings, indicate a sufficient desire for a sale of compact fluorescent bulbs at Plymouth Harbor, the ad hoc energy group members will busy themselves with arrangements.

Trenchant quote from a Plymouth Harbor resident: "I always turn lights off when leaving a room. I wish my husband would."

Employee of the Month December 2007

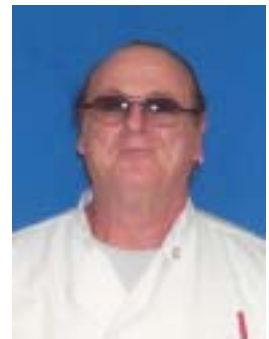
Sandy Etayo
Accounting Services



"Sandy was such an inspiration and great leader while our supervisor was being replaced. She always is willing to help us with anything. She is not only a wonderful asset to the Accounting Department but also a wonderful human being who is cheerful and always has a smile on her face."

Employee of the Month January 2008

John Meloche
Dining Services



"John makes everyone feel at home and loosens up the atmosphere.

He also comes up with many great recipes and some great stories to go along with them.

Hurray for John Meloche!"

INTRODUCING

Richard Baum

Jeanne Baum

Move-In Date: July 12, 2007

Apt. N-307 Ext. 190

They met at Indiana University in Bloomington. She was majoring in fine arts. They got married in their junior year, then spent the next year and a half living in a trailer, surrounded by community bath houses and laundries. You know when that was -- WW II and the 1940s.

They graduated together, then Dick took a job with Socony-Vacuum Oil Company (Mobil) at



26 Broadway in New York. After a transfer to Chicago, he found his dream job in 1964 with Chicago Title and Trust — “a beautiful place to work.” He organized the company’s national team,

rose to senior vice president of human resources ... and stayed for 24 years.

They lived in Northbrook, IL, where the children grew up. Their elder son, William, now lives with his family in Charlotte, NC. The second son, Charles, is a twin to their daughter, Sharon. Charles and his family are in Northbrook, and Sharon and her family are in Overland Park, KS. All three are parents, each with a son and daughter of their own.

Once the children were grown, Jeanne and Dick moved to Lake Forest, IL. In 1976 they bought

property on Longboat, retiring there 10 years later. Jeanne, still taken with her chosen profession of fine arts, joined the Sarasota chapter of Embroiderers Guild of America, Inc., becoming vice president and then president. She joined the First Presbyterian Church and now is their wedding coordinator, a volunteer job demanding time, skill and diplomacy. She describes herself as an artist and homemaker. Much of Jeanne’s work adds character, color and quiet charm to their North Garden home.



Dick has been busy since the first day they arrived on Longboat Key: president of the Kiwanis Club ... treasurer, then president, of Sea Place Association ... finance committee chair and treasurer of the First Presbyterian Church and, for five years, president of the Federation of Longboat Key Condominiums.

Shared interests are many: family and family reunions ... church activities ... cruising, 30 cruises so far, plus innumerable land trips, theater, time with friends ... and walking the beach.

Those 30 cruises will become 31 this spring when Jeanne and Dick sail from Ft. Lauderdale on a 32-day trip that takes them to Fortaleza, Brazil, then across the Atlantic to Senegal and on to Morocco and the eastern Mediterranean, including the Greek Isles, ending in Venice. They’ll walk the beach wherever they find it.

- Pat Kennedy

INTRODUCING

Zachary "Zack" Abuza

Ada Mae "Maizie" Abuza

Move-In Date: December 20, 2007

Apt. N-204

Ext. 171

It was clear that Maizie Abuza had settled in at Plymouth Harbor when she was seen in her signature hat. This patchwork hat has long been used to spot Maizie in a crowd at Chautauqua,



NY, where she and Zack have been spending their summers since 1968.

The Abuzas' post-college, child-rearing years, 21 of them, were spent in Dayton, OH. Zack ran a family foundry there from 1946 until 1967. As concern about business pollution began to develop, he decided to start a foundry in Cleveland, one which was less polluting. Retirement followed in five years when he sold the Cleveland business.

They celebrated by buying a motor home and becoming footloose. Two trips to the West Coast, Nova Scotia and Newfoundland, western Canada, Mexico and a trip down one side of Florida and up the other followed. The Florida exploration was designed to find a perfect Florida place to retire. They and their children had been vacationing in Sarasota for many years but their year's search convinced them of what we all know – Sarasota is the best! After a few years at the Westchester, Zack and his brother built themselves a nine-family condo on the northern tip of Longboat Key. Lots of tennis,

some sailing and an interest in art has kept them busy.

In Dayton, Zack served on the boards of his temple and, with Maizie, that of the Dayton Art Institute. Maizie also volunteered as a tax preparer for the AARP and at the Red Cross. She spent years as a volunteer docent at the Art Institute, followed by a stint in Cleveland as a paid docent.



The Abuzas met while Maizie was at Wellesley College and Zack was studying chemical engineering and business administration at Massachusetts Institute of Technology. It was "kind of a blind date" but they were married in fairly prompt order and have now celebrated more than 65 years together. The war years were spent in Boston where Zack served as a captain in U.S. Army Ordnance.

As an additional bit of good fortune, their three children and four grandchildren all live in one place, Northampton, MA. Their doctor daughter works at Smith College and their two sons are developing moderate-income housing. "And I can't believe those two can work together. They scrapped so often as children," says their mother.

On a sadder note, Maizie's patchwork hat is developing holes, but it still will help her friends at Plymouth Harbor to spot her.

- Isabel Pedersen

Plymouth Harbor Bird Rookery

Have you ever wondered how many birds reside in Plymouth Harbor's Bird Rookery? An actual count was made by Plymouth Harbor residents Lou Newman and Mary Allyn. The count was taken as a part of the Audubon Society's Annual Christmas Bird Count which was done in Sarasota County on January 5, 2008. Every attempt was made to ensure that no birds were counted more than once. As you can see, we have an exceptional number of birds residing in our rookery.



**Yellow-crowned
Night Heron**



Brown Pelican

Pelicans

American White Pelican 6
Brown Pelican 137

Cormorants / Anhinga

Double-crested Cormorant 267 / 47 Nests
Anhinga 2

Bitterns / Herons / Waders

Great Blue Heron 17 / 7 Nests
Great Egret 97
Snowy Egret 56
Little Blue Heron 12
Tricolored Heron 13
Reddish Egret 1
Green Heron 2
Black-crowned Night Heron 11
Yellow-crowned Night Heron 4
White Ibis 61

Raptors

Osprey 1

Gulls / Kittiwakes

Laughing Gull 2
Herring Gull 12

Kingfishers

Belted Kingfisher 1

Woodpeckers

Red-bellied Woodpecker 2

Jays / Crows

Fish Crows 14



Great Blue Heron

Total Count

718 birds / 20 different species



New in the Library (* indicates a gift)

FICTION - Regular Print

The Age of Shiva by Manil Suri
 Beverly Hills Dead by Stuart Woods
 Book of the Dead* by Patricia Cornwell
 The Bourne Betrayal* by Eric Van Lustbader
 Brother, I'm Dying by Edwidge Danticat
 Dark of the Moon* by John Sandford
 Diary of a Bad Year by J. M. Coetzee
 The Heir* by Barbara Taylor Bradford
 Istanbul* by Orhan Pamuk
 Pandora's Daughter* by Iris Johansen
 People of the Book by Geraldine Brooks
 The Senator's Wife by Sue Miller
 Talk to the Hand* by Lynne Truss
 Third Degree* by Greg Iles

FICTION - Large Print

Double Cross* by James Patterson
 Murder on K Street* by Margaret Truman
 The Race* by Richard North Patterson
 Rhett Butler's People* by Donald McCaig
 The Secret Between Us by Barbara Delinsky
 Suspect* by Jasmine Cresswell
 T is for Trespass* by Sue Grafton

NONFICTION - Regular Print

Alice* by Stacy A. Cordery
 American Creation by Joseph J. Ellis
 Condoleezza Rice: An American Life
 by Elisabeth Bumiller
 Marco Polo by Laurence Bergreen
 The War of the World* by Niall Ferguson

DVDs

All About Eve
 The Bourne Ultimatum
 In the Land of Women
 Irish Legends
 The Kingdom
 La Vie en Rose
 Libeled Lady
 License to Wed
 My Best Friend
 No End in Sight
 Once
 The Philadelphia Story
 Rescue Dawn
 Scottish Legends
 Shoot 'Em Up
 Waitress



In-House Move

Esther Rosen
 Apt. N 211 Ext. 178
 effective January 3

VIDEOS

The Tamarind Seed

For Your HEALTH & WELLNESS ...

HEALTH MATTERS

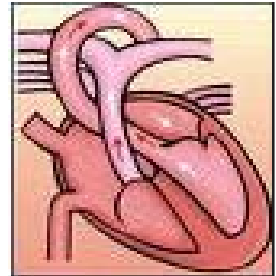
Coronary Heart Disease

What is it? ~ What causes it? ~ How is it treated?

Presented by Samuel Kalush, MD

Cardiologist and Cardiac Surgeon

Wednesday February 20 3:00 pm Pilgrim Hall



Cancer Support Group

Are you interested in a Cancer Support Group? This group will be open to residents with active disease and those in remission or cured, as well as spouses or other caregivers. Group members will discuss issues related to treatments, side effects and other problems in a confidential manner, and will meet regularly at intervals to be decided.

Thursday February 14 3:00 pm MacNeil Chapel

Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday February 19

Please call Home Care at Ext. 210 for an appointment.



DAY TRIPS - Call Ext 252 to sign up



Bodies Revealed

fascinating + real

Friday ~ February 8

Departs 10:00 am

Cost: \$27.00

includes ticket & transportation
(member discount available)



Ringling Museum

Grandma Moses Exhibit
and Jacob Lawrence prints



Monday ~ February 25

Departs 2:00 pm

Cost: \$7.00 for transportation
It's free day at the museum!

PROGRAMS in February ...

~ Sponsored by the Program Committee ~



DVD: "Prince Igor"

Valery Gergiev directs the Kirov Opera and Ballet in this magnificent production which tells of the struggle between the Russians and the Polovtsian nomads, of Prince Igor's capture and escape from his noble opponent, Khan Konchak, and of the love between Igor's son and Konchak's daughter.

Thursday February 7 Pilgrim Hall

Shown in 2 parts:

2:00 pm (91 minutes) & 7:45 pm (103 minutes)



Presidents & Their First Ladies:

Franklin & Eleanor Roosevelt

We tend to remember them as Mr. President and the First Lady, but this program focuses on the two young people who met and fell in love and the years of triumphs and tragedies which shaped their personalities and their relationship.



Wednesday February 13 7:45 pm Pilgrim Hall

~ Sponsored by the Civic Affairs Committee ~



The Hermitage Artist Retreat Sarasota's Newest Cultural Treasure by Bruce Rodgers, Executive Director

Bruce Rodgers, playwright, former associate artistic director of Asolo Repertory, and the founding executive director of the Hermitage, will tell how Sarasota saved five historic buildings and 8.5 acres of beachfront to create a nationally known place for writers, painters, composers, playwrights, poets and other primary "creatives" to work and interact with our community.

Thursday February 21 7:45 pm Pilgrim Hall



MOVIES

Showing in February

2:00 pm Sundays 7:30 pm

Feb. 3	<i>Gracie</i>			
2007	Color	97 minutes	Rated PG-13	
Feb. 10	<i>I Am David</i>			
2003	Color	90 minutes	Rated PG	
Feb. 17	<i>Once</i>			
2007	Color	86 minutes	Rated R	
Feb. 24	<i>The Celestine Prophecy</i>			
2006	Color	100 minutes	Rated PG	

Do you have a MOVIE request?
 Please Call Ext. 252 to let us know

2:00 pm Tuesdays 7:45 pm

Feb. 5	<i>Groundhog Day</i>			
1993	Color	101 minutes	Rated PG	
Feb. 12	<i>Jewels</i>			
2000	Color	152 minutes	Not Rated	
Feb. 19	<i>The Godfather</i>			
1972	Color	175 minutes	Rated R	
Feb. 26	<i>Harvey</i>			
1950	B&W	104 minutes	Not Rated	



700 John Ringling Blvd.
 Sarasota, FL 34236-1551
 941-365-2600
<http://plymouthharbor.org>

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