

Harbor Light

December 2008

PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551



New Year's Eve Gala

Wednesday December 31

*Complimentary Cocktails
5:30 -- 6:30 pm*

One Seating Dinner at 6:30 pm



*Music by the Abe Guard Orchestra
for your listening and dancing pleasure*

*Reservation slips will be distributed in early December.
Please make your reservation early!*



*The cost for this evening includes:
Dinner, complimentary cocktails & entertainment*

*\$65.00 per resident
\$80.00 per guest*



Reflections from Chaplain Jerry O'Connor ...

“Tis the season...” Carols fill the air, holiday lights brighten the night, poinsettias of many colors and evergreen trees laden with traditional ornaments or special theme decorations become the focus of our homes and businesses. For Christians it is the time to celebrate the birth of the Christ child. For Jews the season of joy is expressed in the celebration of Chanukah in an eight day celebration of songs, games, candlelight, gifts and delicious foods celebrating the restoration of the temple in Jerusalem in 165 B.C.E. and the miracle of the light, one drop of oil was all that was left for the menorah, but it burned for eight days. Plymouth Harbor welcomes the season with all of the above; there will be decorations, carols, parties and good things to eat — ALL ARE INVITED TO SHARE IN EACH EVENT.

December Chapel Programs include:

Advent services each Wednesday morning, leading to our Christmas Celebration on Tuesday, December 23, with a Holiday Tea in the Dining Lounge at 3:00 p.m. followed by the traditional Christmas Service at 4:00 p.m. in Pilgrim Hall. We will close the year with a special Communion Service on December 31.

There will be three Roman Catholic Mass events in December, all in MacNeil Chapel:

Monday, Dec. 8 – 10:30 a.m. – a Holy Day of Obligation for the Immaculate Conception

Thursday, Dec. 11 – 10:30 a.m. – monthly Mass

Thursday, Dec. 25 – 10:30 a.m. – Christmas Mass

Chanukah will be celebrated on the first day of Chanukah, Monday, December 22, at 4:00 p.m. in the Card Room. Story, songs, latkes and games will all be part of the fun.

Chapel Talk, Friday, December 5 – 10:30 a.m. in MacNeil Chapel -- This is a special opportunity to learn about peace efforts in the Middle East. Andrea Blanch, PhD, president and director of the *Center for Religious Tolerance*, a non-profit organization promoting the ideals of peace and religious tolerance will be joining us. Andrea is also a founding member of the *Abrahamic Reunion*, a group of Jewish, Christian, Muslim and Druze religious and lay leaders in the Holy Land who work for peace.

In Memoriam

Elizabeth J. “Libby” Frost

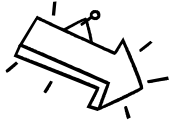
October 31, 2008

Wilbur Legg

November 5, 2008

Carolyn “Gail” Mead

November 25, 2008



ENERGY CONSERVATION

More about conserving energy: You may have read an item about towels in the "What's Going On: November 9-15." The Energy Conservation Committee wishes to explain this item further.

The committee has checked with Housekeeping Services to see if the following procedure would be helpful in reducing needless towel laundering. Housekeeping has agreed that it could be.

Therefore, beginning December 1, on housekeeping days our housekeepers will pick up for laundering only those towels and washcloths left on the bathroom floor. They will replace these, and only these, with clean towels and washcloths. This will eliminate unintentional laundry pick-ups of clean towels and the replacement of picked up clean towels with more of the same. "Does this happen?" you may ask. Well, yes, it does.

All we need to remember is to drop towels and washcloths needing washing to the bathroom floor on your housecleaning day. If this saves washing machine energy and unnecessary wear on our towel supply, it will be a worthwhile effort. Let's try it.



- Ad Hoc Energy Conservation Committee -



Employee of the Month November 2008

JoAnne Sirus of Dining Services

"I can't say enough about what a help JoAnne is to the Mayflower Dining Room! She never hesitates to accommodate the residents. JoAnne helps the wait staff get their drinks or food and she never goes home before she helps clean up. She jumps right in to take charge whenever it is necessary. You never see her without a smile. Jo Anne is a great asset to all of us and I think she deserves recognition for all she does."

INTRODUCING

Gordon R. Jones

Frances C. Jones

Move-In Date: August 25, 2008

Apt. T-2312 Ext. 501

Gordon and Francie Jones dated in high school and were married 35 years later. An extra-long courtship? No, not exactly.

They met at the yacht club dock in Wilmette, IL, where their parents kept their boats. There they and their friends hung out after school and developed a lifelong love of boating.

After high school, they went their separate ways, Gordon to Washington State University, Francie to Wells College and Northwestern. Their parents remained good friends.

After graduation, Gordon began his lengthy career in law enforcement as a store detective at



Marshall Field. He also worked for Jr. Achievement, publisher Harper & Row, Allegan County Sheriff's Department, the U.S. Chamber of Commerce, and Ranger Security Systems.

Francie, a stay-at-home mom volunteer, was a member of the North Suburban Special Board and was elected to the Northfield Park Commission.

Each married someone else and each had three children, each two girls and one boy. Francie's

are Susie, Richard and Barbie, living in Chicago and Minneapolis. Gordon's are Dorothy, Susan and Michael, all in Richland, Michigan.

Boating, first sail, then power, had been a big part of their lives since age seven. Gordon started the marine division of the county sheriff's office in Michigan. He also raced Star class and Pearson sailboats, and was Commodore of the Macatawa Bay Yacht Club in Holland, Michigan.

When both were divorced, their parents, who had remained close friends, notified both of them, Francie in Northfield, Gordon in Evanston.



When Gordon's dad died, Francie sent him a note of sympathy, adding "If you're ever in Northfield, stop in for a drink." Remembering the cute girl he had dated in high school, Gordon did just that. And in 1981, they were married.

When retirement time came, they moved to Sarasota (where Francie's parents lived on Bird Key, then Plymouth Harbor) and became active members of the Bird Key Yacht Club. Francie served as social chairman, then secretary of the Board of Governors. Gordon also became a governor, and ended up as commodore in 1989.

Francie taught sailing for beginners at Bird Key Yacht Club and raced with the Luffing Lassies ladies sailing group. You also might see her going by in a kayak now and then. Be sure to wave as she's your neighbor in 2312.

- Betty Blair

The Work of Hal Darbee

ART TALK

Monday ~ December 8 ~ 3:00 pm ~ Pilgrim Hall

Jeff Darbee, nephew of the late Plymouth Harbor resident Hal Darbee, will speak on "The Life and Times of Hal Darbee" with illustrations of his career as an artist, architect and set designer.



Mezzanine Art Gallery
SHOWING

December 9, 2008 -- January 5, 2009

The Work of Hal Darbee

Artist's Reception

Tuesday ~ December 9

4:30 to 6:00 pm

On the Mezzanine



Calling All Plymouth Harbor Artists ...

You are cordially invited to submit your artwork for participation in a curated show entitled "Wise Eyes" at the Art Center Sarasota in January 2009. The show will be sponsored by Plymouth Harbor and will be hung under the umbrella of a larger show, "Neighbors Not Strangers -- Connections." This will occupy several large and small exhibition spaces in Art Center Sarasota.

The exhibition will run from January 15 to February 28, 2009. If you are interested in participating in this exhibition, please contact Fran Knight at Ext. 175. She will be glad to give you all the details for entering the show. The deadline for entries is January 9.

The opening reception will take place on January 15 from 5:00 to 7:00 pm. Transportation will be available to residents of Plymouth Harbor who would like to attend. This should be a very exciting show about our own talented Plymouth Harbor artists. Please join us.



IT'S A WRAP CONGRATULATIONS ON A JOB WELL DONE

As a resident stated to me this week, “Mr. Hobson, Plymouth Harbor’s first impression has dramatically been improved ...” I couldn’t agree more.

On that note, I would like to take this opportunity to officially thank members of the Décor Committee, the staff, the interior decorators/architects, the construction team and most importantly you, our residents of Plymouth Harbor. You so patiently walked through mazes of scaffolding, sawhorses and “light bulbs on a string,” and continually listened to sounds ranging from jackhammers and drills to squealing fire alarms. Thank you!

At the risk of overlooking people, I feel I must highlight some of those who made this project a success.



THE DÉCOR COMMITTEE:

I will start with members of a very talented and dedicated Décor Committee: Fran Knight, chair, Nancy Cook, Nancy Gross, JoAnn Iaria, Gail Mead, Mike Wallace and Administrative Liaison Garry Jackson. We commenced this project in May 2007 and moved forward methodically and patiently with a single focus: *To create a resident- and guest-friendly lobby that is pleasing to the eye, while not crossing the line into glitziness.* By all accounts, this has been accomplished.

STAFF:

There is a long list of employees who worked in the midst of the construction like Pat Reyes, our daytime receptionist, who can best be described as “Grace Under Fire” for her mild mannerism, professionalism, and consistent smile that oftentimes kept the rest of us calm. We are also thankful for the leadership of Bruce, Janice, Karen, Patty and Tom, our other fine receptionists. The Security Staff seemed always to be present to lend a helping hand as well.

There are too many people to mention by name who were so important to us “behind the scenes” from Housekeeping and Maintenance to Marketing and Resident Services.

INTERIOR DECORATOR/ARCHITECTS:

Anne Folsom Smith, Ty Thacker and the other members of Anne's team, along with TRO Architects took us from the drawing board to reality. They challenged our thinking, enhanced our creativity and kept us open-minded throughout the process. The consensus is that we made the right decision with regard to this team.

**CONSTRUCTION MANAGER:**

Alan Strudas, Plymouth Harbor's principal engineer, worked very diligently coordinating all of the moving parts of this project as the "owner's representative." Without Alan's leadership and experience we would not have been able to keep this project on such a tight timeline.

In addition, while we are appreciative for the hard work performed by the many sub-contractors, I am going to focus on one key professional as it relates to construction management and oversight. We are most pleased with the leadership, dedication, knowledge and overall professionalism of Mr. Wayne Chadwell of W. G. Mills Construction who was at the center of the entire construction project.

If it appeared as though he was always here, that is because oftentimes he **was** here on campus. Wayne decided to bring an air mattress into the construction trailer and spent many days, evenings and nights on our campus making sure the project would get completed *on time, within budget and with minimal disruption to our residents*. Wayne Chadwell is one of the heroes of this project.



In conclusion, I wish to once again thank all of you, the residents of Plymouth Harbor, for your patience and support in bringing this project to a successful conclusion.

I hope you will be proud to share *our new first impression* with your family and friends.

Respectfully,
Harry E. Hobson
President/CEO



New in the Library (* indicates a gift)

FICTION - Regular Print

365 Ways to Save the Earth
by Philippe Bourseiller
Dark Summer* by Iris Johansen
The Fifth Floor* by Michael Harvey
Forests of the Night* by James W. Hall
A Good Woman* by Danielle Steel
Liberty by Garrison Keillor
One Fifth Avenue by Candace Bushnell
Rough Weather by Robert B. Parker
Stranger in Paradise* by Robert B. Parker
Time Is a River* by Mary Alice Monroe
The Unpossessed City* by Jon Fasman
A Wallflower Christmas by Lisa Kleypas

FICTION - Large Print

Call Me Ted by Ted Turner
A Christmas Star* by Thomas Kinkade
Divine Justice by David Baldacci
Godchildren by Nicholas Coleridge
A Good Woman* by Danielle Steel
Off Season* by Anne Rivers Siddons
Rough Weather* by Robert B. Parker
Testimony by Anita Shreve

NONFICTION - Regular Print

American Lion: Andrew Jackson
by Jon Meacham
Bellow* by James Atlas
Planet Earth by Alastair Fothergill

DVDs

Baby Mama
The Cherry Orchard*
The Edge of Heaven
Iron Man
The Leopard
Mongol
Seven Years in Tibet
The Sting
Trans-Siberian
Truman: An American Experience
Tuya's Marriage
The Visitor
While You Were Sleeping*
Young @ Heart



Holiday Sing Along

Thursday December 18 3:00 pm

in the
Dining Lounge



Places to Go ... Call Ext. 252 to sign up



Holiday Bus Tour of Lights

Two dates available:

Tuesday, December 9

Thursday, December 18

Departing at 7:30 pm

No charge for this holiday trip!



Victorian Christmas Stroll

Experience the joy of an old-fashioned holiday at the Henry B. Plant Museum in Tampa

Friday, December 12

Departing at 10:00 am

Cost: \$55 includes transportation, ticket & lunch at Jackson's Bistro



Holiday Luncheon

Saturday

December 20

11:30 am to 1:00 pm

Seasonal Music

by Harpist Caren Traynor



Christmas Dinner

Thursday

December 25

11:30 am to 2:00 pm



PLEASE NOTE
Mayflower Dining Room
WILL BE CLOSED FOR DINNER
December 20 & December 25

For Your HEALTH & WELLNESS ...

Health Matters

What's New in Alzheimer's?

presented by Alan B. Grindal, MD

Wednesday December 17
3:00 pm Pilgrim Hall



Complimentary Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday December 2 9:00 to noon

Tuesday December 16 9:30 to 3:30

Please call Home Care at Ext. 210 for an appointment.



Medicare Part D Open Enrollment Period November 15 -- December 31, 2008

Q When and how often can a switch be made in a Medicare drug plan?

A Generally, if you join a Medicare Prescription Drug Plan, you can only change plans under certain circumstances. You can choose to switch your current plan during the open enrollment period from November 15 through December 31 of every year. Enrollment is generally for the calendar year. In certain instances, such as a move into a nursing home, a plan can also be switched.

Do you want to compare options for your Medicare Part D coverage for 2009?

If you would like assistance with comparing your options, please call Resident Services at Ext. 241 for an appointment between December 3 and December 16.

The Program Committee Presents ...

Gloria Musicae

Thursday ~ December 4 ~ 3:00 pm
in the
Dining Lounge

Don't miss this feast for the ears! Gloria Musicae, Sarasota's 30-year old chamber choral group, is composed of classically trained, compensated singers who perform a broad spectrum of choral music. Gloria Musicae brings us songs of the season to start off your holidays.

DVD: Choreography by George Balanchine

Thursday ~ December 11 ~ 7:45 pm
in
Pilgrim Hall

Master choreographer George Balanchine changed the face of dance during his lifetime. This DVD presents some of his incredible work from *Chaconne*, *Prodigal Son*, *Bello Della Regina*, *The Steadfast Tin Soldier*, and a *Tschaikovsky pas de deux*.



Riverview High School Chorus Songs of the Season

Wednesday ~ December 17 ~ 7:30 pm ~ Pilgrim Hall

The Riverview High School Chorus returns to Plymouth Harbor to light up our stage with a joyous program of holiday music.



Roy Dean

Chair & President, Board of Trustees

Harry E. Hobson

President/CEO

Garry Jackson

Vice President/CFO

Dorothy Barichak

Administrator of Health Services

Gordon Okawa

Director of Community Relations

Harbor Light Staff

Dinah Stamp

Administrator of Resident Services

Maryanne Shorin

Resident Services Coordinator

Harbor Light

Biography Committee

Perry Monroe, *chair*

Betty Blair Martha Buenneke
Virginia Cramer George Heitler
Joanne Hogan Isabel Pedersen
Peggy Schwarz Ed Shapiro
Jim Stern Sallie Van Arsdale



700 John Ringling Blvd.
Sarasota, FL 34236-1551
941-365-2600
<http://plymouthharbor.org>



MOVIES

Showing in December

2:00 pm Tuesdays 7:45 pm

Dec. 2	<i>My Fair Lady</i>		
1964	Color	173 minutes	Rated G
Dec. 9	<i>A Christmas Carol</i>		
1951	Color	86 minutes	Not Rated
Dec. 16	<i>Holiday Inn</i>		
1942	Color	101 minutes	Not Rated
Dec. 23	<i>Amahl and the Night Visitors</i> (7:45 only)		
1955	B&W	46 minutes	Not Rated
Dec. 30	<i>A Throw of Dice</i>		
1929	B&W	74 minutes	Not Rated

Do you have a MOVIE request?
Please Call Ext. 252 to let us know

2:00 pm Sundays 7:30 pm

Dec. 7	<i>WALL-E</i>		
2008	Color	98 minutes	Rated G
Dec. 14	<i>Kit Kittredge: An American Girl</i>		
2008	Color	100 minutes	Rated G
Dec. 21	<i>Man on Wire</i>		
2008	Color	94 minutes	Rated PG-13
Dec. 28	<i>Mamma Mia!</i>		
2008	Color	109 minutes	Rated PG-13