

# Harbor Light

April 2008

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PLYMOUTH HARBOR INC. (not-for-profit) 700 John Ringling Boulevard Sarasota, FL 34236-1551

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Saturday, April 12  
4:00 pm  
Plymouth Harbor's  
Front Lawn

Jazz Ambassadors is the U. S. Army's 19-member premier touring jazz orchestra. Their diverse repertoire includes big band swing, bebop, Latin, contemporary jazz, standards, popular tunes, Dixieland, vocals and patriotic selections. Custom compositions and arrangements highlight the group's creative talent and gifted soloists. Each concert recognizes the men and women who served their country in the armed forces.

Formed in 1969, the band has appeared in all 50 states, Canada, Mexico, Japan, India, and throughout Europe, receiving great acclaim both at home and abroad. The band has also been featured in unique joint concerts with major orchestras, including the Detroit and Baltimore symphonies.

Don't miss this opportunity to hear one of the finest big bands in the world today, right here on our Front Lawn at Plymouth Harbor!



## Reflections from Chaplain Jerry O'Connor ...

Plymouth Harbor's Chapel Program seeks to meet the spiritual needs of our diverse residents by offering opportunities to worship and celebrate together, encouraging increased understanding of our traditions. Our sense of community has been enhanced by recognizing that all of us, in one way or another, seek to know God in our lives or acknowledge a spiritual force in our lives. Our Christian residents have just experienced Lent and Easter; we have relived Jesus Passion, death on the cross and his Resurrection — it has been a time of remembering our sinfulness and our DELIVERANCE from bondage to sin. In April our Jewish residents will remember and celebrate the oldest Jewish holiday, Pesah, or Passover. It goes back to the beginning of the Jewish people. It was over three thousand years ago, at midnight, under the first full moon of spring that the Israelites escaped/ DELIVERED from Egyptian slavery. The celebration includes eating special foods linked to the bitterness of slavery and the sweetness of freedom. (Consider the special foods Christians eat during Lent and at Easter, as well as special traditions.)

The Passover Seder is shared in Jewish homes with a recital of stories and songs telling how the Jews became a free people. Children are central to the Seder. We don't have children living among us, but the tradition of the Passover Seder will be experienced as we gather for dinner on Sunday, April 20, at 6:00 p.m. in the Card Room. We are privileged to have Rabbi Allan Schwartzman as our guest leader. The event is open to ALL residents. An invitation will be appearing in your mailbox within the week. Reservations are required no later than Wednesday, April 9.

Our Jewish residents will have the joy of re-living the story of their origins and Christians of all denominations will discover their Jewish roots. We have more in common than we realize, as we have come to know through our Friday morning classes. Luke Timothy Johnson, professor of New Testament and Christian Origins at Candler School of Theology, Emory University, Atlanta, GA, has been helping us to understand how threads of all faith traditions make up the warp and woof of our Judaeo/Christian faith tapestry.

Our classes on *Early Christianity: The Experience of the Divine Part 1* will end on Friday, April 4; *Part 2* will begin on Friday, April 25, for six weeks ending on May 30.

The Chapel Committee invites all new residents who have moved in since January 2007 to a "Get Acquainted" session in MacNeil Chapel on Friday, April 18, at 10:30 a.m. Refreshments will be served. We look forward to meeting you and sharing the many activities offered by the Chapel Program.

### In Memoriam

**Edwin K. Jones**

March 3, 2008

**Helen C. Hochfelder**

March 23, 2008



## ENERGY CONSERVATION

### APRIL IS THE BEST MONTH

April is a lovely month in Florida. And it is an easy time for residents to help cut Plymouth Harbor's use of electricity. When the weather is mild, it may be possible for some residents to use neither heat nor air conditioning in their apartments. What is possible may depend on which direction your apartment faces.

For those with north and east exposures, using windows, doors and blinds to modulate the outside temperature may be enough to keep you comfortable.

Western and southern window exposures may pose a bigger challenge. The sun, whether in April or August, can be really hot. Try to see if you can use less air conditioning once the sun moves past your windows. Try opening windows at night or early morning depending on

where the sun is. We do not ask you to live in a sauna. However, those balmy breezes the tourists come to our paradise to enjoy might feel pleasant inside your apartment — at least in APRIL. Just be sure to close your windows after you have cooled your apartment.

There are many ways to change our profligate habits, but few provide as big a savings with as little effort. Consider how much Saudi oil could be saved if our northern and eastern apartments went for six weeks without needing heating or cooling.

Oh, yes. If you will be out of your apartment for several hours or not using one room for most of the day, you may not need to cool it down to 73 degrees. Your furniture won't care.

- Ad Hoc Conservation Committee -

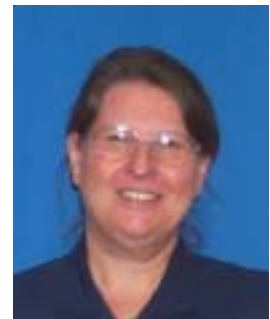
## Employee of the Month

March 2008

**Audrey Brown**

Maintenance Services

"Audrey is a real treasure. She manages to coordinate Maintenance, Remodels, Engineering, outside contractors, and a thousand other things. I don't know what we'd do without her."



**INTRODUCING**

**Mrs. Elizabeth T. "Betty" Templeton**

Move-In Date: February 15, 2007

Apt. T-707 Ext. 458

When I walked into Betty Templeton's apartment, I felt that she had lived there for a long time. That was not the case. She appears to be completely at home with everything in its place while, in fact, she had only lived in 707 for a little over two weeks at the time of my visit. The apartment is tastefully furnished with many wonderful pictures of birds mixed with an oriental touch here and there.



Betty is a warm and charming woman who has lived in the Sarasota area for 41 years. She has been widowed for nearly 30 years. She was married to James Stuart Templeton in 1948. They had a daughter, Elizabeth, and a son who died in 1979.

On a much happier note, Betty told me that her daughter is a new grandmother of twin girls and the proud great-grandmother showed me photos of the two new babies.

In 1966, after 18 years of living in Lake Forest, IL, Betty and her husband moved to a house on Bird Key. Betty stayed there until 1987 and then moved to a condo at Bay Plaza across the bay from Plymouth Harbor.

An avid golfer, Betty won golf championships at the Longboat Key Club and Sara Bay. As a volunteer, she ran golf tournaments for charitable organizations including the Southeastern Guide Dogs, Inc. and the Cancer Society.

She is an excellent bridge player and plays several times a week at Sara Bay. I suggested that she become involved with a bridge group here and I am sure that she will be in great demand.

- Marty Buenneke

***In-House Moves***

**Merle Dimino**  
Apt. CC-203 Ext. 292  
effective March 3

**Henry & Patricia Gieseler**  
Apt. T-1612 Ext. 533  
effective March 21

**New Residents  
Cocktail Reception**

Tuesday April 15  
5:00 to 6:00 pm

Mezzanine



*Come meet our  
new residents*

## **INTRODUCING**

**Dr. G. Paul Groen**

**Mrs. Maxine "Macky" Groen**

Move-In Date: February 22, 2008

Apt. T-2006      Ext. 577

If you have ever wondered about Africa you will want to meet Macky and Paul Groen. In 1964 Paul, the new doctor, arrived at Mkar Christian Hospital in northern Nigeria. What are the odds that the director of the nursing school would be a beautiful blond American whose grandparents had emigrated from the Netherlands as had his. By 1965 they had married and, in due course, had two sons. The work, Macky says, was very hard, the demands on their time heavy and the need enormous. When they did decide to leave, it was because their older son would have to go away to boarding school to start first grade.

These two acquired a staggering amount of education in preparation for their mission trips. Paul graduated from Wheaton College near Chicago, where he was born, then to Baylor University College of Medicine and a residency in Detroit. Macky with a B.S. from Calvin College in Grand Rapids, MI, and an R.N. from Presbyterian Hospital in Chicago, added an M.A. at Teachers College, Columbia, and would have earned a Doctorate from Northern Illinois University — if only she had finished her dissertation.



Upon reentry, Paul further trained in orthopedic surgery at Henry Ford Hospital in Detroit. From 1976 to 1992 he maintained a private practice in Wheaton and taught at Loyola Medical School in Chicago. Never forgetting Africa, he started Doctors on Call for Service (DOCS). DOCS

arranges for specialists to travel, at their own expense, to teach African doctors about their fields of expertise. For two weeks, the visitors teach at the University of Goma in southeast Zaire (the old Congo) as part of a residency program in rural family medicine. The Groens would accompany them and introduce the doctors to Africa, never forgetting the game parks. Paul is still going back to Africa about twice a year, but hopes to cut back some since he now sees his major job as fundraising.



Paul, in Wheaton, started a new-at-the-time sports medicine clinic combining physical therapy, a running track and medical offices all in one location. Additionally, he seems to have a real estate itch. Two houses which they owned in Southampton were kept as rental properties before being sold a few years ago and now they are building a cottage for their summers there.

This would seem enough to keep a normal pair busy, but always they have been active in the Presbyterian churches wherever they live, Paul usually as an elder. They sing in the choir at First Presbyterian Church, still like to travel and share the usual Plymouth Harbor love of reading.

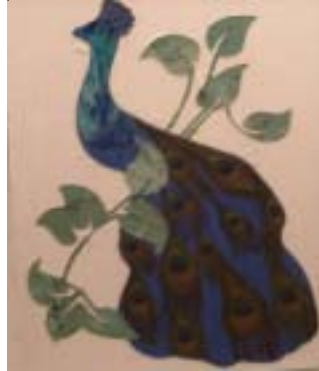
Their sons' lives are as interesting as theirs. The youngest with his wife and two children lives in Riverside, CT, where he is a trader in the financial futures markets. Paul III is an opera singer, a bass, who has been working primarily in Europe. He, too, has a wife and two children.

The Groens moved here after 11 years on Longboat Key. They are happy to talk about Africa, but don't ask them to speak Tiv, the language of the tribe among whom they worked. That is the one thing they never mastered.

- Isabel Pedersen

Mezzanine Gallery  
Mixed Media Collages by Norma Compton  
April 8 to June 3, 2008

Norma's interest in textiles began after she received an M.S. degree in textiles and clothing and taught textile science at the University of Maryland. Drawing on her A.B. and Ph.D. training in psychology, she later conducted and published research on the psychological aspects of textile color, texture and design preferences.



Norma moved to Plymouth Harbor in 2000 and is immediate past president of the Residents Association and secretary to the Board of Trustees.

Her colorful collages are constructed from fabrics, paper, Austrian crystals and other materials. Themes run the gamut from Oriental, to nature, to geometrical designs.

Norma retired as a Purdue University dean in 1990 and moved to Longboat Key, where she began creating collages upon entering Dita Rowen's classes at the Longboat Key Education Center. Her collages have since been shown in numerous local and state juried shows.

Norma is a member of the National League of American Pen Women in both its Artist and Letters categories. Her biography has been in Who's Who in America for the past 35 years.

### Opening Reception

**Tuesday ~ April 8 ~ 5:00 to 6:30 p.m.**  
**All Residents are Invited**

Residents and Trustees  
are cordially invited to attend  
Plymouth Harbor's Annual Resident-Trustee Dinner  
Monday, April 28, 2008

**5 o'clock Reception**  
**Lobby Terrace & Dining Lounge**

**6 o'clock Dinner**  
**Mayflower Dining Room**

Reservations are due no later than Friday, April 11.



## New in the Library (\* indicates a gift)

### FICTION - Regular Print

Always Say Goodbye\* by Stuart M. Kaminsky  
 The Appeal\* by John Grisham  
 Beginner's Greek by James Collins  
 The Blue Star by Tony Earley  
 The Chicago Way\* by Michael Harvey  
 The Commoner\* by John Burnham Schwartz  
 The Dying Crapshooter's Blues\*  
     by David Fulmer  
 A False Mirror\* by Charles Todd  
 The General\* by Patrick A. Davis  
 A Heart for Any Fate\* by Suzanne Lyon  
 The Heir\* by Johanna Lindsey  
 The Last Summer\* by Ann Brashares  
 The Purrfect Murder\* by Rita Mae Brown  
 Song Yet Sung by James McBride  
 Stone Cold\* by David Baldacci  
 Sword Song\* by Bernard Cornwell  
 The Virgin's Lover\* by Philippa Gregory  
 Water Like A Stone\* by Deborah Crombie

### FICTION - Large Print

7th Heaven\* by James Patterson & Maxine Paetro  
 The Appeal\* by John Grisham  
 Blood Brothers\* by Nora Roberts  
 Honor Thyself\* by Danielle Steel  
 Sizzle and Burn\* by Jayne Ann Krentz  
 Stalked\* by Brian Freeman  
 The Venetian Betrayal by Steve Berry

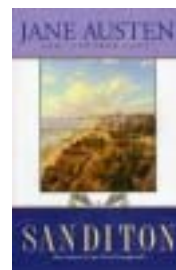
### DVDs

3:10 to Yuma	Elizabeth: The Golden Age
A Hard Day's Night	The Heartbreak Kid
Becoming Jane	Verdi's Messa da Requiem
Casablanca	

### NONFICTION - Regular Print

America Alone\* by Mark Steyn  
 American Gunfight\* by Stephen Hunter  
     and John Bainbridge, Jr.  
 Andrew Jackson\* by H.W. Brands  
 Bill Mauldin: A Life Up Front by Todd DePastino  
 Born Standing Up by Steve Martin  
 Imperial Life in the Emerald City\*  
     by Rajiv Chandrasekaran  
 Leading Ladies by Kay Bailey Hutchison  
 The Lost World of James Smithson  
     by Heather Ewing  
 Manhunt\* by James L. Swanson  
 Myself & the Other Fellow\* by Claire Harman  
 Osama\* by Jonathan Randal  
 State of Denial\* by Bob Woodward

## BOOK DISCUSSION



Thursday  
 April 10  
 2:30 pm  
 Card Room

***Sanditon: Jane Austen's  
 Last Novel Completed***  
 by  
 Jane Austen & Another Lady

# For Your HEALTH & WELLNESS ...

## Low Hearing Program



### What Did You Say??

Hearing Tests and

What To Do With The Results

Presented by Susan Schnack, Au.D.  
Board Certified Doctor of Audiology

Tuesday ~ April 8 ~ 3:00 pm

MacNeil Chapel

## Health Matters

### Hospice & Palliative Care

Presented by Anne Pollett, MD  
Medical Director of Tidewell Hospice

Wednesday

April 9

3:00 pm

Pilgrim Hall



### Hearing Aid & Ear Check Clinic

(Low Vision Resource Center)

Tuesday April 15

Please call Home Care at Ext. 210 for an appointment.



### SHOPPING DAY!

## Unique Boutique

Designer handbags, accessories,  
watches, jewelry

## & Fashions Direct

Racks and racks of fine ladies fashions  
for your shopping pleasure



Monday ~ April 21

12:00 to 3:00 Card Room

### BUS OUTING

## Art Center Manatee

American Watercolor Society  
Traveling Exhibition

Friday ~ April 4

Departs 10:15 am

Cost: \$23 includes transportation, lunch,  
beverage, tax & gratuity  
at Miller's Dutch Kitchen

## Residents Association Annual Meeting

Monday April 7, 2008 3:00 pm Pilgrim Hall





# PROGRAMS in April ...

## VLADIMIR SVOYSKY, CONCERT PIANIST

### *THE ROMANTIC DR. HAYDN*

The romantic mood of this all-Haydn program is enhanced by the delightful story of Haydn's last love, a woman he met while touring London as the most famous composer of his time.

Wednesday ~ April 2 ~ 3:00 pm ~ Dining Lounge



## THE LIFE OF BIRDS: FINDING PARTNERS

The courtship rites of birds are among the most beautiful and complex in the animal kingdom. Male birds attract their mates with brilliant, often bizarre, displays, and even gifts of food and nesting materials.

DVD approximately 60 minutes



Thursday ~ April 10 ~ 7:45 pm ~ Pilgrim Hall



## THE HOT SHOTS

Join your neighbors for a rousing sing along with the Hot Shots, and watch for a few surprises to brighten up the program.

Thursday ~ April 17 ~ 4:00 pm ~ Dining Lounge



## ARNIE ROSS: THE STUNNING LIBERACE SHOW!

Arnie Ross returns to Plymouth Harbor with a show full of glitz and glamour as he gives us a look at that incomparable consummate performer, Liberace. He brings a behind-the-scenes look at Liberace, based on his travels with him in his early years of entertainment.



Thursday ~ April 24 ~ 7:45 pm ~ Pilgrim Hall

~ Sponsored by the Program Committee ~



# MOVIES

## Showing in April

**2:00 pm Tuesdays 7:45 pm**

- April 1**     *The Purple Rose of Cairo*  
1985     C/B&W     82 minutes     Rated PG
- April 8**     *Intermezzo: A Love Story*  
1939     B&W     70 minutes     Not Rated
- April 15**     *Dances with Wolves*  
1990     Color     180 minutes     Rated PG-13
- April 22**     *Mr. Deeds Goes to Town*  
1936     B&W     115 minutes     Not Rated
- April 29**     *Auntie Mame*  
1958     Color     143 minutes     Not Rated

Do you have a MOVIE request?  
 Please Call Ext. 252 to let us know

**2:00 pm Sundays 7:30 pm**

- April 6**     *Michael Clayton*  
2007     Color     120 minutes     Rated R
- April 13**     *In the Valley of Elah*  
2007     Color     121 minutes     Rated R
- April 20**     *No Reservations*  
2007     Color     104 minutes     Rated PG
- April 27**     *Atonement*  
2007     Color     130 minutes     Rated R



700 John Ringling Blvd.  
 Sarasota, FL 34236-1551  
 941-365-2600  
<http://plymouthharbor.org>

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